



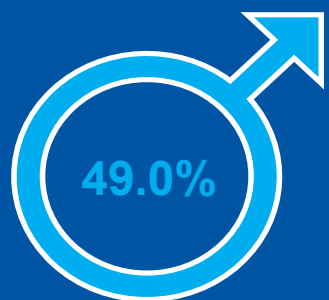
Mid-2025 90,157



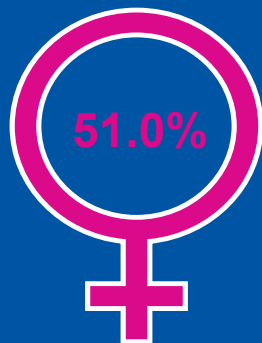
**+0.3% + 309 people**

Between mid-2024 and mid-2025  
(Mid-2024 89,848)

### Sex split



Male



Female

### Median age

**48.5**  
years

### Broad age groups



**0-15**  
15.7%



**16-64**  
58.2%



**65+**  
26.0%

### Components of change



**-0.3%**

Births - deaths



**+0.3%**

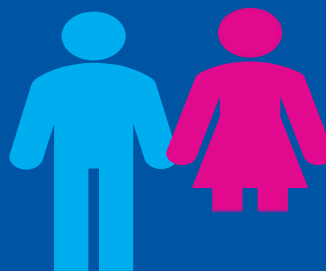
Internal  
migration



**+0.2%**

International  
migration

### Population density



**171** people per square  
kilometre

### District lens mid-2025:

|                        |   |       |
|------------------------|---|-------|
| Gloucester: 138,565    | ↑ | 0.5%  |
| Stroud: 126,418        | ↑ | 0.7%  |
| Cheltenham: 121,452    | ↔ | 0.0%  |
| Tewkesbury: 103,753    | ↑ | 2.0%  |
| Cotswold: 91,563       | ↓ | -0.2% |
| Forest of Dean: 90,157 | ↑ | 0.3%  |