Dementia: Primary Care Guidance Sheet

Living Well
Social Prescribing,
Age UK: [www.ageuk.org.uk/gloucestershire](http://www.ageuk.org.uk/gloucestershire) Tel: 01452 422660

Concerns about Memory
Information, advice and Education sessions
MM 2gether: for people worried about their memory:
Contact: 0800 694 8800 [managingmemory@nhs.net](mailto:managingmemory@nhs.net)
Alzheimer’s Society contact: 01452 525222

Diagnosis & Support
GP supported to diagnose non-complex dementia
Community Dementia Nurse (Practice allocated) or
Talk with CDN or Contact: 0800 694 8800. [CDN-Inbox@nhs.net](mailto:CDN-Inbox@nhs.net)
For specialist support in complex diagnosis
Memory Assessment Service: 0800 694 8800 [2gnft.MAS@nhs.net](mailto:2gnft.MAS@nhs.net)

Use Gloucestershire’s G-Care for information to aid diagnosis and guidance re support and medication:
‘G’-Care: [http://g-care.glos.nhs.uk/pathway/21/resource/3](http://g-care.glos.nhs.uk/pathway/21/resource/3)

When Dementia is Diagnosed
Provide: ‘This is me’ document - Download from Alzheimer’s Society website: [www.alzheimers.org.uk/countingthecost](http://www.alzheimers.org.uk/countingthecost)
Refer to Dementia Advisor. Tel: 01452 525222
Offer ‘Advance Care Planning’ document
Refer to MM2gether group information sessions (for carers of people with dementia & people with dementia) Tel: 0800 694 8800
Offer information about Join Dementia Research: (JDR)
[www.joindementiaresearch.nihr.ac.uk/](http://www.joindementiaresearch.nihr.ac.uk/)

Maintaining Well-Being & Living Well
Signpost to Community Based Support: eg Memory Cafes
Dementia Advisers (Alzheimer’s Society): 01452 525222
Carers Gloucestershire: 01452 386283

Managing Acute & Complex Conditions
Link with:
CDN’s: Brief Intervention work:
Tel: 0800 694 8800 [2gnft.CDN-Inbox@nhs.net](mailto:2gnft.CDN-Inbox@nhs.net)
Consider CDN (if acute but non urgent with low risks).
Mental Health Liaison Team (if in hospital)
2gether One Stop Team, Later Life: 08000 151 499 Referrals to: [FPCAdmin@glos.nhs.uk](mailto:FPCAdmin@glos.nhs.uk)
Care Home Support Team (if in care home): 08000 151 499

End of Life & Bereavement Support
Link with Gloucestershire’s: Dementia Link Workers
in all health and social care organisations
Consider use of Best Interest Tool (document) for advanced dementia

Rockwood Frailty Scale

- **1** Very Fit
- **2** Well
- **3** Managing Well
- **4** Vulnerable
- **5** Mildly Frail
- **6** Moderately Frail
- **7** Severely Frail
- **8** Very Severely Frail
- **9** Terminally Ill

'I’m worried about my memory'
'I was diagnosed in a timely way'
'I understand so I make good decisions and have opportunities for future planning'
'I’ll get the treatment & support that are best for my dementia, my life'
'I am treated with respect and dignity'
'Those around me are well supported'
'I am confident my end of life wishes will be respected. I can expect a good death'