

Dementia: Primary Care Guidance Sheet

Living Well

Social Prescribing,
Age UK: www.ageuk.org.uk/gloucestershire Tel: 01452 422660

Concerns about Memory

Information, advice and Education sessions
MM 2gether: for people worried about their memory:
Contact: 0800694 8800 managingmemory@nhs.net
Alzheimer's Society contact: 01452 525222

Diagnosis & Support

GP supported to diagnose non-complex dementia
Community Dementia Nurse (Practice allocated) or
Talk with CDN or Contact: 0800 694 8800. CDN-Inbox@nhs.net
For specialist support in complex diagnosis
Memory Assessment Service: 0800 694 8800 2gnft.MAS@nhs.net

Use Gloucestershire's G-Care for information to aid diagnosis and guidance re support and medication:

'G'-Care: <http://g-care.glos.nhs.uk/pathway/21/resource/3>

When Dementia is Diagnosed

Provide: 'This is me' document' - Download from Alzheimer's Society website: www.alzheimers.org.uk/countingthecost
Refer to Dementia Advisor. Tel: 01452 525222
Offer 'Advance Care Planning' document
Refer to MM2gether group information sessions (for carers of people with dementia & people with dementia) Tel: 0800 6948800
Offer information about Join Dementia Research: (JDR)
www.joindementiaresearch.nihr.ac.uk/

Maintaining Well-Being & Living Well

Signpost to Community Based Support: eg Memory Cafes
Dementia Advisers (Alzheimer's Society): 01452 525222
Carers Gloucestershire: 01452 386283

Managing Acute & Complex Conditions

Link with:
CDN's: Brief Intervention work:
Tel: 0800 694 8800 2gnft.CDN-Inbox@nhs.net
Consider CDN (if acute but non urgent with low risks).
Mental Health Liaison Team (if in hospital)
2gether One Stop Team, Later Life: 08000 151 499 Referrals to:
FPCAdmin@glos.nhs.uk
Care Home Support Team (if in care home): 08000 151 499

End of Life & Bereavement Support

Link with Gloucestershire's: **Dementia Link Workers**
in all health and social care organisations
Consider use of Best Interest Tool (document) for advanced dementia

Rockwood Frailty Scale

1
Very Fit

2
Well

3
Managing Well

4
Vulnerable

5
Mildly Frail

6
Moderately Frail

7
Severely Frail

8
Very Severely Frail

9
Terminally Ill

'I'm worried about my memory'

'I was diagnosed in a timely way'

'I understand so I make good decisions and have opportunities for future planning'

'I'll get the treatment & support that are best for my dementia, my life'

'I am treated with respect and dignity'

'Those around me are well supported'

'I am confident my end of life wishes will be respected. I can expect a good death'