

The **Dementia Training** & Education Strategy for Gloucestershire

Guide for Dementia Training in Care Homes in Gloucestershire

This guide is for homes in Gloucestershire where there is considered a need for dementia knowledge and training. It outlines what is available in terms of face to face training and other dementia training opportunities.

Most training is available free of charge, apart from the Dementia Leadership Award for which there is a £200.00 charge.

The Gloucestershire dementia and training pathway provides information for homes to undertake training. For further information please go to:

www.gloucestershire.gov.uk/extra/dementiatraining

where there are 2 documents;

- [The Dementia Training Pathway](#)
- [Description boxes for progression routes](#)

Directions for booking staff onto Dementia Day One and Day Two training is available here, and information about the other dementia training opportunities in Gloucestershire.

We would advise considering the following:

- Identifying who in your senior team it would be appropriate to apply for the Dementia Leadership Award. *See Dementia Leadership Application Form in the download section on the main page.*
- Identifying within your staff group which staff (up to three maximum) it would be appropriate to apply to apply for the Dementia Link Worker Award. *See the relevant documents including the Dementia Link Worker application form in the download section on the main page.*
- Booking the person who will be applying for the leadership award and the people who will be applying for the DLW award to attend for Dementia Day One and Day Two.
- Identify other staff to attend for Dementia Day One and Day Two in a staggered way over a period of time.

In the interim period, whilst staff are waiting to attend face to face training, the following describes 3 ways to upskill staff with some of the key messages that are important when supporting people with dementia.

1. Reading:
Read chapter 15 '**indignity upon indignity**' from the book 'And Still The Music Plays' by Graham Stokes

This book is produced by Hawker Publications and costs approximately £10.00

2. Youtube
Watch the following youtube videos of Teepa Snow.

- Helping A Distressed Person With Dementia time: 5 mins 11 seconds
- Calming and Comforting a person Living with Dementia: 4 mins 28 seconds

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- 10 ways to de-escalate a crisis with Teepa Snow: 4 mins 57 seconds

Information about Teepa Snow:

Teepa Snow, from America is considered by many to be one of the world's leading dementia care advocates and educators. Teepa's approach is reflective of her education, work experience, available medical research, and first hand caregiving interactions. Working as a Registered Occupational Therapist for over 30 years has led her to develop Positive Approach™ to Care techniques and training models that are now used by families and professionals working or living with dementia or other brain changes throughout the world.

3. E.learning:

Complete the following e.learning modules on SCIE:

<http://www.scie.org.uk/dementia/e-learning/>

- What it is and what it isn't
- The emotional impact of dementia
- Positive communication

Published in 2009, these modules are free with estimated online study time of 20 minutes for each module. There are 7 modules in total available and the above three are the most suitable for people working in care homes.

OR for a broader Dementia E.learning module from Kwango (if in Gloucestershire)

How to access FREE KWANGO E-learning:

- Log on at www.kwango.com
- Enter username and password
- Select course and press the 'Launch Course' button

For logon details please email trainingenquiries@gloucestershire.gov.uk

Other free E.learning in key subject areas available from Kwango:

1. Safeguarding Adults Under the Care Act	9. Stroke Pathway
2. Safeguarding Leadership	10. Better Health/Better Lives (Learning Disability)
3. Safeguarding Children	11. person centred Thinking
4. Dementia	12. Understanding Autism
5. Direct Payments	13. Deprivation of Liberty Safeguards
6. Mental Capacity Act	14. Domestic Abuse
7. Personal Assistant Introduction	15. Continence
8. Self-Directed Support	16. Food Safety, Infection Control, Nutrition and Hydration

These E.learning courses are suitable for all staff (including housekeeping staff/gardeners)