

## Gloucestershire Hospital Education Service Song-writing Enrichment Project Spring 2017



*Inspiring and empowering through music*

**GHES pupils are working with other pupils and staff to create a song which will be released as a single. This is a unique and exciting opportunity!**

We are very fortunate to have received funding to run a song-writing enrichment project for GHES pupils. The objective of the project is for the GHES young people to create their own song around the theme of **Resilience and Positive Mental Health**. We are hoping to create a song to challenge the stigma that there is around mental health difficulties and encourage people to talk about it more and accept that we all struggle sometimes; but that there is hope and help. GHES pupils will be helping shape these thoughts in to something that will appeal to other young people and the general public who will listen to the song. Our ultimate aim is to release this song as a single. Exciting? We think so! A letter has been sent out to all pupils inviting them to participate.

### Song-writing project sessions

Thu, 9 Feb 2017 - 10:00 - 12:00 GHES Cheltenham classroom – working on lyrics and ideas  
Thu, 23 Feb 2017 - 10:00 - 12:00 GHES Cheltenham classroom – working on creating the song  
Thu, 2 March 2017 - 10:00 - 12:00 GHES Cheltenham Classroom – working on creating the song  
Thu, 9 March 2017 - 10:00 - 12:00 GHES Cheltenham classroom – working on ideas for the video  
Tue, 14 March 2017 - 9:30 - 11:30 - Studio 340 (recording the song)  
Tue, 21 March 2017 - 9:30 - 11:30 - Studio 340 (recording the song)  
Tue, 28 March 2017 - 9:30 - 11:30 - Studio 340 (recording the song)  
Tue, 4 April - 9:30 - 11:30 - Studio 340 (recording the song)

During the course of the project pupils may be writing and developing lyrics, composing melodies, making choices about music, singing, rapping, designing CD covers, working individually, with partners and as a team to create something that is unique to them and to Gloucestershire Hospital Education Service. They will be working alongside professional musicians from the Song Writing Charity [www.songwritingcharity.org](http://www.songwritingcharity.org) and also The Music Works [www.themusicworks.org.uk](http://www.themusicworks.org.uk) who already run weekly sessions for GHES, in the Gloucester Royal Hospital Schoolroom and in the Cheltenham Outpatients Classroom. GHES staff will also be supporting the project and present at every session.

Our funding also covers opportunities for some pupils to be involved in a range of 1:1 music making sessions in the homes if they are not able to make the workshops at our Cheltenham Classroom due to medical reasons. The impact of the whole project will be evaluated and we hope to see an improvement in pupil wellbeing as a result.

Annalise Price-Thomas (Head of Gloucestershire Hospital Education Service)  
& Emma Stevenson (GHES Senior Support Worker)