

The Care Home Support Team Meaningful Activity CPD Glos MAW Network 1 year Celebration Event 8th November 2017. The Pavilion, Cheltenham

The first year celebration for the **Gloucestershire Meaningful Activity and Wellbeing Network** took place on 8th November 2017 at: The Pavilion in Cheltenham, in partnership with the Care Home Support Team end of year Meaningful Activity and Wellbeing CPD event.

Feedback from the event was very positive with people stating how they left the event feeling inspired having met with other like-minded people swapped ideas and made further connections.

Sharing and **Inspiring** being the two most popular words used on the days evaluation forms.

Certificates were awarded to people who attended all Glos MAW Network meetings in 2017 that acknowledged members commitment to the wellbeing of the people they support.



Bev Harvey very kindly stepped up to the podium and spoke on behalf of Angela Willis commissioner of the Glos MAW Network and then for Jan Patrick CQC inspector for Gloucestershire who was unable to make it at the last minute, Bev led a very lively session on how using CQC's KLOEs, care staff should be able to aim towards outstanding in care and activity provision and make their activity and care records more person centred.



Helen Bown from **Barnwood Trust** gave a very enlightening talk about how the people supported in adult health and social care can make use of the small sparks grant. Some people at the event had already secured funding for the people they support and gave heart-warming accounts on ways in which Barnwood Trust have helped. www.barnwoodtrust.org



Simon from **GFitness** gave an entertaining, animated and interactive talk and demonstration around activity; where the group were encouraged to move around, throw balls and generally become engaged and interested in the reasons why physical activity is so beneficial for the people we support at all levels of physical and cognitive abilities. www.gfitness.co.uk



Sam Mullaney gave a fabulous insight to how the knit and natter group at the **Brandon Trust** got started, with some great photos of the Knitvity at Gloucester Cathedral where we met Angelina Angel and Derek the Donkey.





Gloucestershire Meaningful Activity & Wellbeing Network



Congratulations to all the lovely network members who were awarded committed membership certificates



Also a big thankyou to our area reps for all their hard work and dedication that go into the area network meetings



A selection of pictures of the charities, organisations and individuals who gave their time to demonstrate their activity services to us. Others included: Chance to Chat, Sassie Gifts, Therapy Dogs Nationwide and Sandfields.

The afternoon was rounded off with a Tea Dance with **Ruby Lamont** singing a selection of her nostalgic songs and explaining her role as a singer specifically for people in care homes. [You can follow Ruby on Facebook.](#)

Activity themed items were donated by the various organisations exhibiting at the event for our ever popular Grand Prize Draw. Winners were:

Avalon won a bird house for the residents to paint donated by **Sandfields**

Ashchurch View won the precious pet donated by **ROMPA**

Henlow Court won the Aromatherapy kit donated by **doTERRA**

Anna from **Leonard Cheshire** won the mindfulness session donated by **Sunrise Therapy**

Orchard Trust Morelands won an activity session donated by **GFitness**

Paternoster House won a gift bag donated by **Sassie Gifts**

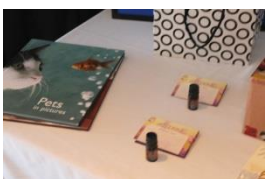
Queensbridge House won the colouring set donated by **CHST**

Westbourne Nursing Home won 1940's memorabilia cards donated by **Active Minds**

Whittington House won the soft bowls set donated by **Active Gloucestershire**

The Old Rectory won the picture reminiscence books donated by **CHST**

Congratulations to everyone who won a prize!! 😊





Gloucestershire Meaningful Activity and Wellbeing Awards 2018.

Care Home Support Team and Gloucestershire Meaningful Activity & Wellbeing Network are very honoured to be asked by GCPA to host the annual Activity Co-ordinator of the year award.

As we acknowledge the role of activity staff is quite varied and activity providers are not all referred to as Activity Co-ordinators we have decided that there should be 4 categories in these awards which we will be presenting at next year's Meaningful Activity and Wellbeing Conference and CPD event and end of year network meeting.

The 4 categories are:

- I. Inspirational member of staff supporting Meaningful Activity and Wellbeing.
- II. Innovative project supporting Meaningful Activity and Wellbeing.
- III. Environment most supportive of Meaningful Activity and Wellbeing.
- IV. Connecting to the wider community.

You will have until end of next September 2018 to nominate your staff member, activity project, supportive environment or how your service connects to the wider community for an award.

Using the application form at the end of this newsletter along with any accompanying photographs, send your nominations to:

Gloucestershire Meaningful Activity and Wellbeing Network organisers and administration

Email: CHST@glos-care.nhs.uk Tel: 0300 421 8293

Postal applications to: **Care Home Support Team.**

Edward Jenner Court, Pioneer Avenue, Gloucester Business Park, Brockworth, Gloucester. GL3 4AW

Each nomination will be critiqued by the judging panel who will decide the winners of each category.

The winners of each category will then be contacted and invited to receive their award at the Meaningful Activity and Wellbeing Conference 2018.

As we all had such a great time this year we must do it again next year!

Save the date, next year's Conference is already booked for **22nd November 2018** at **The Pavilion**

Also see you at **the Glos MAW Network meetings 2018** - dates and venues to be confirmed soon

Nomination form for Gloucestershire Meaningful Activity & Wellbeing Awards 2018

Which Category are you wishing to nominate for?

1. Inspirational member of staff supporting Meaningful Activity and Wellbeing.
2. Innovative project supporting Meaningful Activity and Wellbeing.
3. Environment most supportive of Meaningful Activity and Wellbeing.
4. Connecting to the wider community

Name of individual or Activity Provider:

Contact details of Activity service they represent:

Why you consider this Person, Project, Environment or Community Connections; Inspirational, Innovative and worthy of the award?

(Unfortunately we will not be able to consider nominations that are not accompanied by a supporting statement).

Please send your nominations with any additional supporting photographs to:

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