

Cognitive Behaviour Therapy with Children and Young People in Schools

*A two day training course focusing on practical techniques of
CBT for Educational Psychologists*

**Delivery by Simon Rowe, Educational Psychologist and
BABCP Accredited CBT Therapist**

Course Aim

- :: To give EPs the confidence to get “up and running” with CBT in their schools.

Level One CBT Start-up Guide

- :: Intervention focused CBT assessment and formulation.
- :: Using CBT classics: cognitive and behavioural techniques.
- :: Structuring CBT interventions.
- :: Demonstrating impact.
- :: Risk management.

Who is this course for?

Educational Psychologists
(qualified or in training)

Course Cost: £220
(to include lunch)

How to Book

Contact: Pat Barnes
Tel: 01452 328075
Email: pat.barnes@gloucestershire.gov.uk

When & Where?

9.30am – 3.30pm
(Tea & Coffee @ 9am)

Day 1: 30 April 2018
Day 2: 14 May 2018

4-6 Commercial Road
(Former Global Languages
Immersion Centre)
Gloucester
GL1 2EA

Venue Tel: 01452 328004