

WHAT IS ANTIBIOTIC RESISTANCE?



Microbes that have developed an immunity to antibiotic treatment have an **antimicrobial resistance**.

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INFLUENCE AR WILL HAVE ON YOU

- Anti-microbial resistance will affect everyone; even if you're young.
- Inappropriate antibiotic usage is highest in 19-24 year olds.
- By 2050, it is estimated 10 million deaths per year will be caused globally.
- A simple injury or minor infection could result in a fatality.
- Operations will become increasingly risky and dangerous.



HOW TO PREVENT AR



How can help prevent antibiotic resistance

- Washing your hands properly.
- Preparing food hygenically.
- Limiting contact with other sick people.
- Keeping vaccinations up to date.
- Practicing safer sex.
- Not sharing antibiotics with others.
- Finishing your course of antibiotics.

