

QUIZ Building on your Strengths

Read each statement below, and if you agree with it, put a tick in the box to the right of it.

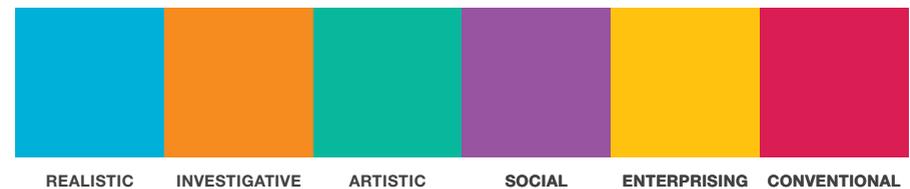
Do you like to...

Do puzzles?	Care for younger children?
Fix or mend things?	Explore creative ideas?
Express your own style?	Play a sport?
Work in a team?	Keep detailed records?
Organise things like school work?	Make sure things get done?
Set goals for yourself?	Take photographs?
Build things?	Be physically active?
Read or write stories?	Work with your hands?
Have clear instructions to follow?	Sing, dance or act?
Persuade or influence others?	Think of ideas for events or activities?
Do experiments or research things?	Solve mechanical problems?
Help others to learn?	Talk to a range of people at a party?
Help people solve personal problems?	Find the best deals on the internet?
Take care of animals?	Help your friends out?
Have your day structured?	Use the computer to type up work?
Sell things or promote ideas?	Do astronomy (star gazing)?
Do creative writing?	Work out a budget for pocket money?
Work on Science projects?	Keep up with the latest fashions?
Take on new responsibilities?	Work out a solution to a problem?
Help people?	Be creative?
Figure out how things work?	Pay attention to detail?

Type up homework/keep it neat?	Convince people to do it your way?
Learn about other cultures?	Suggest a better way to do a task?
Analyse, research or problem solve?	Use a microscope?
Play an instrument or sing?	Fix electrical or electronic things?
Dream of starting your own business?	Lead a group?
Cook?	Design fashions, interiors, architecture?
Act in plays?	Keep on going until you finish?
Do practical things?	Research to find things out?
Work with numbers or charts?	Perform experiments?
Be kind and cooperative?	Understand complicated ideas?
Keep your work in ordered folders?	Do voluntary work?
Take charge (be a leader)?	Fix your bicycle?
Work outdoors?	Teach others?
Work in an office?	Get all your school work done on time?
Work on Maths problems?	Enjoy music?
Care for others?	Make sure that everyone gets along?
Draw or paint?	Be your class representative?
Give a speech or presentation?	Be reliable and on time?

Total up the number of ticks for each colour and record the number in the coloured boxes.

Read what they mean on the next page.



The areas you scored highest are probably your strengths. You might want to consider building on these in your career.