

Domestic abuse should **never** be ignored, excused or minimized.



*It's their problem, not mine. I don't want to get involved or interfere. **This always happens, it's just how they are.** I know this is happening but I'm choosing to ignore it.*



*This is unacceptable. I will **not stand by and let this happen.** I want to help but will do so in a safe way – for me and the victim. **I know this is happening and I will offer help.***



Are you worried for someone's physical, emotional or mental wellbeing? Can you talk to them alone? If not, can you flag your concerns with someone who can have that conversation?

NEVER confront the perpetrator. **NEVER** talk to the victim in front of the perpetrator. **ALWAYS** call 999 in an emergency.

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 **01452 726570**

GDASS
Supporting victims of domestic abuse



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To end all types of violence and abuse