



Gloucestershire Meaningful Activity & Wellbeing Network

Welcome to the Glos MAW Network newsletter May 2020. (Sorry it's late but events overtook us)

We have some pictures from the February meetings to share, where we welcomed new members to the network as well as to our Face book page and conducted workshops on documenting the activities you do with the people you support. New ideas were added to the directory of resources and we introduced 3 new activity providers to the network. Thanks to Andy Woods from CQC and Keryn Morris from Skills for Care who spoke to the group at Stroud about Meaningful Activity and documentation and thanks to everyone able to attend the meetings as we braved flooding, IT glitches and the start of the Corona Virus restrictions. Thanks also to The Gloucester Farmers Club, The Pavilion, Stroud Fire Station and Orchard Trust for hosting our meetings.

Unfortunately we have had to cancel the Glos MAW Network meetings for June and September 2020 due to the social distancing restrictions possibly still being in place. But we can still keep in touch via the Glos MAWN Facebook page www.facebook.com/groups/ACTIVITYWELLBEINGNETWORK and I would like to produce a newsletter, so if any of you have anything you would like to put in a newsletter, please email me clare.mckenzie@ghc.nhs.uk



Glos MAW Loves

www.rcot.co.uk living well in care homes toolkit: Ideas for activities

www.skillsforcare.org.uk Meaningful activity self-assessment tool

www.cqc.org.uk KLOEs for adult social care

Phil Medlow: Thinking Music. Email: phil@thinkingmusic.co.uk Tel: 07940544299

Phillip Collins: Reminiscence talks with postcards, Regency teas and punch and Judy.
Email: pcolhead@gmail.com Tel: 07815 852153

Pyjama Drama: lisam@pyjamadrama.com 01452 346229

Orchard Trust: Sensory environments and animal encounters. www.orchard-trust.org.uk

Details to remember and people to get back in touch with in the future whilst you may be limiting the visitors to your care establishments at this time.

Daily Sparkle, Postcards for kindness and a number of other activities that are now undertaken online

We would also like to carry on with the Glos MAWN Awards and are thinking about how we can do this. Please use the application form that will follow this newsletter. Keep safe and smiley you're doing a fantastic job 😊😊

In the meantime, joining the Face book page is a great way of staying in touch and sharing your ideas for Meaningful Activity as we all get through this difficult time. 😊😊 www.facebook.com/groups/ACTIVITYWELLBEINGNETWORK is a closed group, only available to activity staff in Gloucestershire; please adhere to our rules on client confidentiality.