

Gloucestershire's Covid-19 Outbreak Management Plan

June 2020

Summary Document

What is COVID-19 and why do we need a Local Outbreak Management Plan (LOMP)?

Coronavirus (COVID-19) is an infectious disease caused by the SARS-COV-2 virus.

Like other respiratory viruses, COVID-19 is thought to pass between people primarily through respiratory droplets generated by coughing and sneezing, and through contact with contaminated surfaces.

Whilst there is no vaccination, hand washing, social distancing and test and trace are the most effective ways of preventing the spread of the virus.

The LOMP provides a strategic and governance framework for accessing and mobilising local resources to implement effective health protection control measures across Gloucestershire.

The 4 Main Aims of the LOMP:



Prevent the spread of COVID-19 across Gloucestershire.

Early identification and proactive management of local outbreaks.

Co-ordination of capabilities across agencies and stakeholders.

Provide assurance to the public and stakeholders. Overseen by the Health Protection Assurance Board and Local Member Engagement Board.

The LOMP has four main functions:

1) PREVENTING COVID-19

We will ensure ongoing prevention measures are in place to support specific settings and geographies, alongside more general population level support, signposting and communications.

2) CONTAINING COVID-19

Linking into the NHS Test and Trace service and PHE South West contact tracing structures, we will ensure the public knows and understands the importance of self-isolation, can rapidly access testing, and will be encouraged to quickly and fully participate in contact tracing.

3) RESPONDING TO OUTBREAKS

This plan outlines the high-level standard response required when suspected or confirmed cases of COVID-19 are identified in Gloucestershire. In addition, enhanced health protection activity is activated in response to local outbreaks or clusters.

4) MONITORING AND DATA SHARING

Data integration, surveillance, monitoring and an associated alert system is a key aspect of this function. Our Intelligence cell will support this function with strong links and data flows with partner organisations such as the NHS, PHE and the Joint Biosecurity Centre (JBC).

A POSSIBLE CASE:

Someone who has a new continuous cough, or a high temperature, or a loss of or change in normal sense of smell.

A CLUSTER:

A cluster is where there are two or more confirmed cases in a given setting, but for whom a link has not been determined.

AN OUTBREAK:

An outbreak is defined as two or more confirmed cases of COVID-19 among individuals associated with a specific setting with onset dates within 14 days who are linked through common exposure, personal characteristics, time or location.

What is a case, cluster or outbreak?

What will trigger the LOMP?

The Gloucestershire operational LOMP will be triggered where there is an incident, cluster or outbreak of COVID-19 in any setting type.

PHE South West Practitioners and Gloucestershire County Council will gather intelligence on COVID-19 outbreaks via the NHS Test and Trace service, laboratory results, and local partner intelligence about suspected outbreaks.

PHE will initially conduct the risk assessment with the setting, provide infection control advice and request testing as appropriate, following action cards that are being developed for responding to COVID-19 cases and outbreaks in specific setting types.

GCC will provide support to the outbreak setting, individuals who need to self-isolate and take the lead in communicating to local partners and the public.

Who deals with an outbreak?

Public health professionals from **Gloucestershire County Council Services, Public Health England** and **Environmental Health** manage outbreaks of infectious diseases as part of their daily work every day.

Aligning and co-ordinating our response to COVID-19 with **organisations and partners across the South West**, not only makes collaborating easier, it also means that when outbreaks occur across geographical boundaries we are all working to the same framework and set of principles.

Under the South West Association of Directors of Public Health (SWADPH), all **thirteen Directors of Public Health** across the South West have agreed a set of core principles to guide the development of LOMPs and enable collaboration where needed.

Gloucestershire's Local Resilience Forum (LRF) is the point of escalation for Directors of Public Health (DsPH) and local authorities if a situation is of severity and scale that mutual aid or the coordination of strategic partners is required.

NHS Test and Trace Service

Not everyone that has COVID-19 will have symptoms (asymptomatic), or they may start spreading the virus a few days before their symptoms develop (presymptomatic). This is why people who have been in contact with confirmed cases of COVID-19 are asked to self-isolate to reduce the chances of them unknowingly spreading the virus.

The national NHS Test and Trace service has been set up to undertake contact tracing for COVID-19. Every time somebody tests positive for COVID-19, their details are automatically sent from the national laboratory data service to the national NHS Test and Trace service which immediately generates an automatic email and/or text to the individual.

This asks them to log on to the NHS Contact Tracing Website to complete the contact tracing information. The individual will then be asked to identify anyone they have had close contact with in the two days before their symptoms started and since their symptoms began.

Communications & Engagement

Provide reassurance to communities by **raising awareness** and understanding of the local response and our ability to deliver this.

Ensure people know which actions they should and/or shouldn't be taking from both a **preventative and responsive** perspective.

Direct people to the official **national and local advice and guidance** to minimise the spread of misinformation.

Raise awareness of the **NHS Test and Trace** programme.

Increase **community resilience** through promotion of the **Gloucestershire Help Hub** and related activity whilst managing and delivering an effective ongoing response to Covid-19.

What to do if you have symptoms of COVID-19

1

Start **isolating**

- you for **10** days
- your household for **14** days



2

Book a **test**

- NHS.uk/coronavirus
- or call 119

Negative for
COVID-19



Positive for
COVID-19



3

- Household stops isolating immediately
- You stop isolating if you feel well

- **Share contacts** via the NHS Test and Trace service

What to do if you have been in close contact with someone who tests positive for COVID-19

1 You may be alerted by **NHS Test and Trace**



2 **Isolate** for 14 days after close contact



If you develop symptoms

3 **Book a test** • Household isolates for 14 days

Negative for
COVID-19



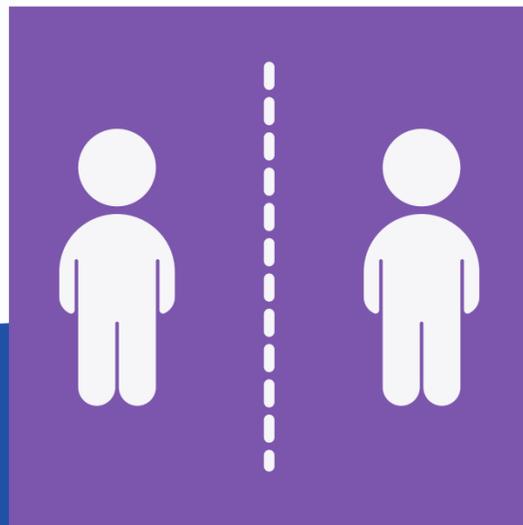
Positive for
COVID-19



- Household stops isolating immediately
- **You complete 14 day isolation**

- You begin new **10 day isolation**
- Household completes **14 day isolation**

Help to control the spread of COVID-19



Keep your distance if you go out (2 metres apart where possible).



Wash your hands for at least twenty seconds on a regular basis.



Self isolate if you start to have symptoms and book a test.



Clean and disinfect surfaces around you that are regularly touched.

Where to find more information:

Gloucestershire County Council:

<https://www.gloucestershire.gov.uk>

Gloucestershire's Community Hub:

<https://www.gloucestershire.gov.uk/gloucestershires-community-help-hub/>

NHS Website:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Request a Test:

www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/ask-for-a-test-to-check-if-you-have-coronavirus/

Test and Trace Service:

<https://www.gov.uk/guidance/nhs-test-and-trace-how-it-works>