

Help beat COVID-19

Follow the rules -
save lives.

Do it for
Gloucestershire.



HANDS



FACE



SPACE



Gloucestershire
COUNTY COUNCIL

Need help and support

The Gloucestershire **Community Help Hub** provides practical support and advice to help you stay at home. Visit www.gloucestershire.gov.uk/helphub or call 01452 583519.

Need to talk? You are not alone. The COVID-19 pandemic has affected many people in different ways. The Gloucestershire County Council website has a hub of information about 'looking after your wellbeing'.

If you can't find what you are looking for, yourcircle.org.uk has lots of useful information - from connecting to other people in your local area to information for carers, and more.

Children and Families Helpdesk

Tel: 01452 426565 (9am - 5pm Monday - Friday). Call 101 for concerns about immediate safety.

Email: childrenshelpdesk@gloucestershire.gov.uk

Adult Social Care Helpdesk

Tel: 01452 426868 (8am - 5pm Monday - Friday).

Email: socialcare.enq@gloucestershire.gov.uk

For urgent children or adult calls out of hours, please call 01452 614194.

Financial support is available if you have money worries as a result of COVID-19 or are not able to work and don't receive sick pay. Visit gloucestershire.gov.uk and click on '**COVID-19 related grants and financial support**'.



No one should have to suffer in silence at home. If you are concerned about your safety or the safety of someone you know, contact

the Gloucestershire **Domestic Abuse Support Service (GDASS)** on 01452 726 570 or www.gdass.org.uk. If you are in immediate danger you should call 999.

Get tested to help protect yourself and others around you. Information on community testing available in the county will be posted at: www.gloucestershire.gov.uk

SCAM ALERT:

When it's your turn to be vaccinated your GP or the NHS will be in touch. You won't be asked to pay for it or to give personal information.