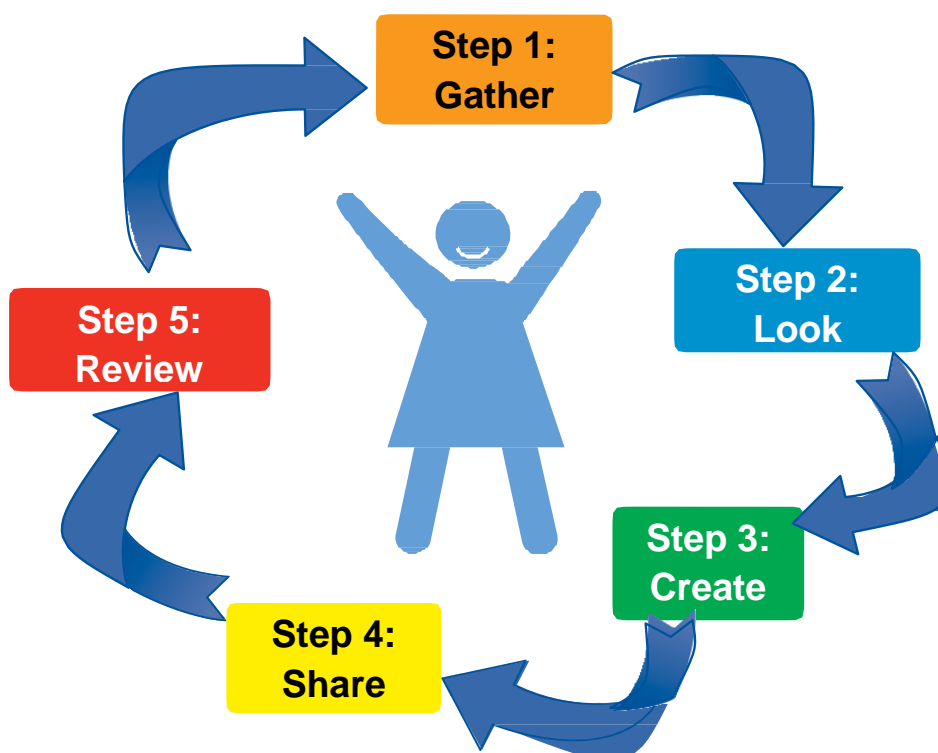


The Gloucestershire 5 Step Approach:

Personalised Care Planning for Behaviours that Challenge in Dementia



Step 1 Gather information

Check for physical causes for example, PINCH ME (Ref: Portsmouth Hospital NHST, 2011). Gather behaviour charts & life stories, for example 'This if me' (Ref: Alzheimer's Society 2020)

Step 2 Look at the information

Explore & consider findings with staff and relatives/friends
 Think about: 'what is the person communicating'?
 Use the 'at a glance/enriched model or equivalent'

Step 3 Create a traffic light personalised plan (RAG plan)

Identify behaviours and patterns from the information gathered. Link to existing care plans.

Step 4 Share the traffic light personalised plan (RAG plan)

Make this visible for all workers and relatives/informal carers

Step 5 Review and update the traffic light personalised plan (RAG plan)

Use any behaviour charts and other feedback from staff/relatives

The Dementia Training & Education Strategy for Gloucestershire