

# Think Delirium with PINCH ME

- **Pain**
- **Infection**
- **Nutrition**
- **Constipation**
- **Hydration**
- **Medication**
- **Environment**

(Ref: Portsmouth University Hospital Trust )

# Dementia and Delirium

- People with dementia are at ‘considerable risk of developing delirium’ Ref: Royal College of Psychiatrists (2019)
- Symptoms of delirium and dementia can be similar and can co-exist.

# THINK ONSET AND TREATABILITY

- Delirium- far quicker onset, can be a matter of hours and it is treatable
- Dementia – far longer onset, clinical symptoms can take many years to present. Whilst medication can relieve some symptoms for some people, there is no cure.

