

## Advisory Teaching Service

### BASES

Cheltenham

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Gloucester

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We can produce this document in Braille, large print, on audio tape and in other languages. If you would like a copy in one of these formats, please call 01452 426955.

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# Post diagnostic support programmes for Parents and Carers



**We offer the following programmes for families  
of a young person diagnosed on the autism  
spectrum**

**Advisory Teaching Service**  
Communication and Interaction Team



## An Introduction to the autism spectrum

This two hour in-house programme is intended for families who have just received a diagnosis for their child. The programme will cover an introduction to understanding the diagnosis and some key strategies.

### How to access:

- The diagnostic team will notify the Communication and Interaction team when a diagnosis is made.
- Parents/carers can self refer when they receive notification of a diagnosis.
- The young person's name will be added to our mail out for the next available programme.



## National Autistic Society EarlyBird Plus Programme

Working under licence from the NAS this is a 10 week programme face to face or 6 week online programme. Places per course are limited following the licence agreement.

The programme is for families with a child recently diagnosed on the autism spectrum aged 4 to 9 years.

Parents and families are supported to develop knowledge and understanding of autism and then consider how autism impacts on their individual child. The programme then looks at communication differences before thinking about and discussing behaviour. Further information can be found on the NAS website.

### How to access:

- Parent self referral. Parents/carers are asked to contact the programme coordinator for Gloucestershire by calling the Communication & Interaction team (01452 324376)
- As places are limited for this programme parents/carers are encouraged to attend our in-house programme (An introduction to the autism spectrum) first before considering the EarlyBird Plus programme.