

If you are a parent or carer of a child with severe social communication needs / difficulties associated with the autism spectrum you may find one of our workshops useful.

Parent Information Programme 1

Three weekly information sessions for parents of pre-school children. The sessions are usually led by Education and Health and parent can attend all 3 sessions or just those of special interest.

Parent Information Programme 2

This programme is designed for parents of children under five. The course consists of eight sessions of 3 hours each. Each session offers opportunities to listen to information from experienced professionals, share ideas with other parents and make practical resources.

NAS EarlyBird Plus

This 3 month programme is suitable for families whose child is age 4-8 years old. To maximise consistent help for the child, the programme trains parents and professionals together.

9+ Parent Programme

This programme is designed for parents of pupils aged between 9 and 12 years. The course is held in the evening and consists of six sessions of 2 hours each. The general ethos of the course is that through understanding autism, parents will be able to develop their own strategies and build on the experience they already have.

Advisory Teaching Service

BASES

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We can produce this document in Braille, large print, on audio tape and in other languages. If you would like a copy in one of these formats, please call 01452 426955.

Parent Programmes

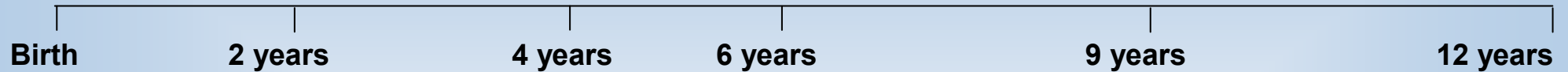
Courses for parents and carers



Advisory Teaching Service

Communication and Interaction Team

Age of child



Parent Information Programme 1

3 sessions covering:

- developing communication
- managing behaviour;
- managing sleep, feeding and toileting.

Parent Information Programme 2

8 sessions covering:

- analysing behaviour
- communication;
- intervention;
- consistency;
- structure;
- motivation;
- visual; challenge and preparation

NAS EarlyBird Plus

10 sessions plus 2 home visits covering:

- understanding autism
- Interpreting communication
- encouraging interaction
- structuring learning
- preventing problems
- supporting socialising
- looking ahead

Children must have a diagnosis of autism for parents to attend this course.

9+ Parent Programme

6 sessions covering:

- an introduction to autism
- friendship
- behaviour
- self-awareness
- parents and school
- the future

Parents can attend this course if their children have recently been diagnosed with autism.

Priority will be given to those parents who have not attended one of our previous courses.

Please see our timeline for which course is best for you depending on the age of your child(ren).