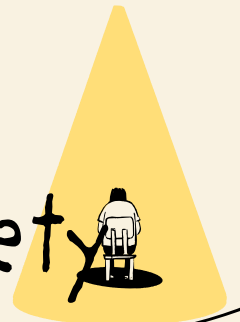
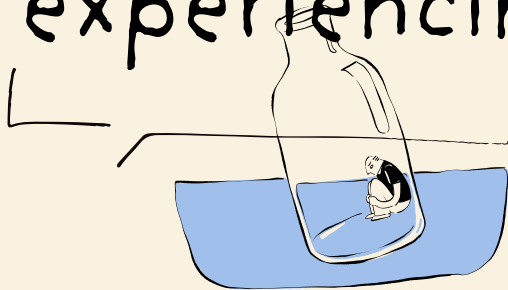


A trauma-informed approach to understanding and supporting children experiencing ongoing anxiety



Anxiety is one of the most common barriers to learning, attendance, and wellbeing. For some students, traumatic experiences significantly shape how anxiety shows up in them and their life.



This webinar equips frontline practitioners with a trauma-informed framework for recognising signs of anxiety, interpreting behaviour through a trauma lens, and responding in ways that offer experiences and feelings of safety.



You'll learn practical strategies to reduce overwhelm, support regulation, and build relational safety - helping anxious students reconnect, feel seen, understood, and supported.



6th October 2026 - 3.30pm - 5pm

TEAMS

Non-attendance or less than 3 full working days for online courses/less than 5 full working days for face-to-face courses will incur a cost of £100 per delegate at the discretion of the Virtual School Head. Contact

courtney.hopson@gloucestershire.gov.uk to cancel.

Declining a teams invite for sessions you have booked onto will not be accepted as a cancellation.

