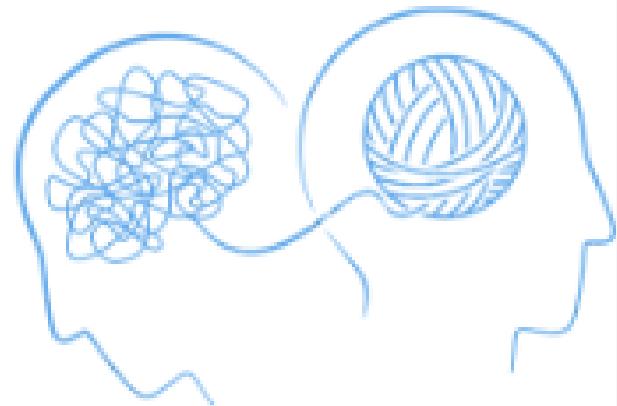


# THE IMPACT OF PARENTAL MENTAL HEALTH ON PUPILS

When parents have mental health issues, children and young people often carry great burdens. They may be young carers, or they may have stressful or frightening experiences. This session explores the impact on children of living with these issues and enables school staff to work positively to support them.

## Learning Outcomes:

- Understand the impact of mental health issues on parenting abilities.
- Understand the impact of parental mental health issues on children and young people.
- Know how to help children exposed to parental mental health issues to recover from trauma and develop resilience.



## Details of events:

05.10.2023- 15.30pm until 17.15pm

The training sessions are for 1 hour and 45 minutes, and held online using the TEAMS platform. Training can be done around one screen if desired but we will still require all contact numbers and email addresses for staff attending.

Please contact [courtney.hopson@gloucestershire.gov.uk](mailto:courtney.hopson@gloucestershire.gov.uk) to book onto this Virtual School Training opportunity.

Non attendance or less than 48 hours' notice of cancellation will incur a costs of £50 per delegate. Cancellation must be sent to the Virtual School.

If you would like to attend but are unable, please contact us to discuss how we can help with access to the recorded session

Why not use this session as after school training and as part of your staff meeting CPD?