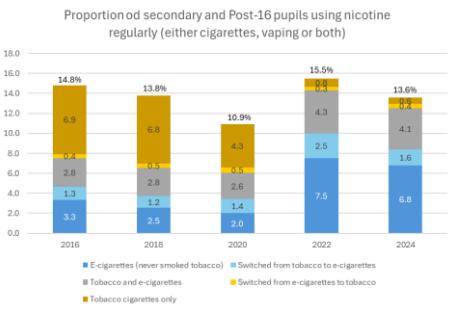
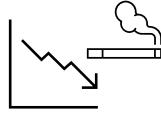




Health harming behaviours

Direct harms

Smoking prevalence is reducing



Drug use increases as deprivation decreases



Pupils more likely to drink:

- reporting a disability
- with SEN/EHCP
- identifying as LGBTQ+
- who have LMW
- who are young carers

! **1 in 5** pupils have self-harmed

Indirect harms

1 in 4 has excessive screen time

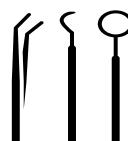


1 in 20 Carry a weapon

1 in 20 pupils had run away from home



South Asian and Black British pupils were less likely to have visited the dentist



Things to work on...

1 in 4 Regular smokers have 20+ per week

Proportion of pupils reporting recommended sleep has reduced

12.0% of pupils reported ever trying drugs

1 in 4 of those sexually active had unsafe sex

1 in 10 pupils self reported an eating disorder

Younger pupils more likely to be in trouble with police

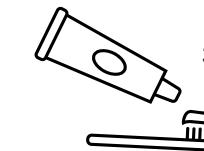
Things going well...



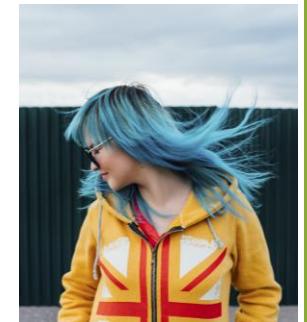
9 in 10 Have never smoked



8 in 10 Say smoking education is useful



3 in 4 primary pupils brush their teeth twice a day



Mean screentime was 0-3 hrs for primary pupils and 4-6 hrs for secondary pupils

