

Survey of Adult Carers 2018/19 Findings

Councils with Adult Social Services responsibilities in England are legally required to carry out a postal survey of carers every two years. This document outlines the key findings of the 2018/19 survey for Gloucestershire.

Eligible population, sample size and response rates

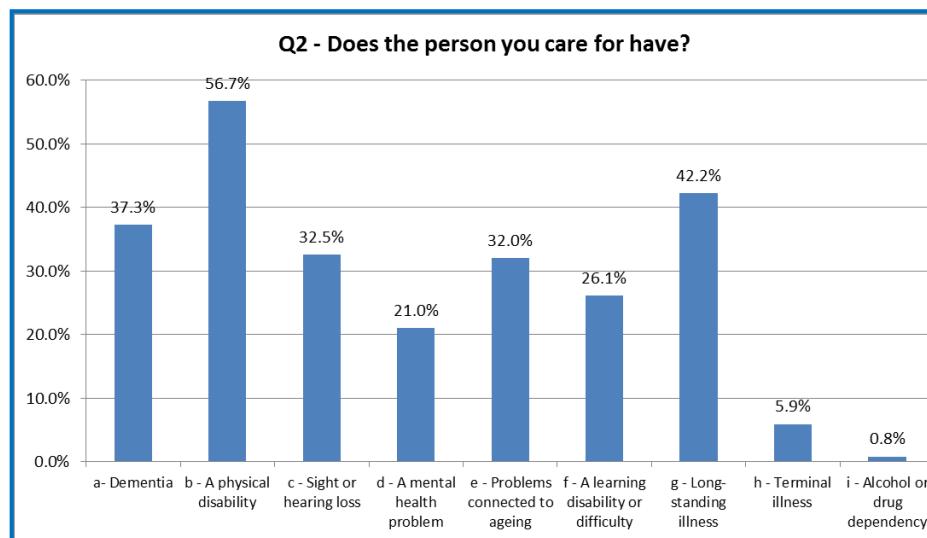
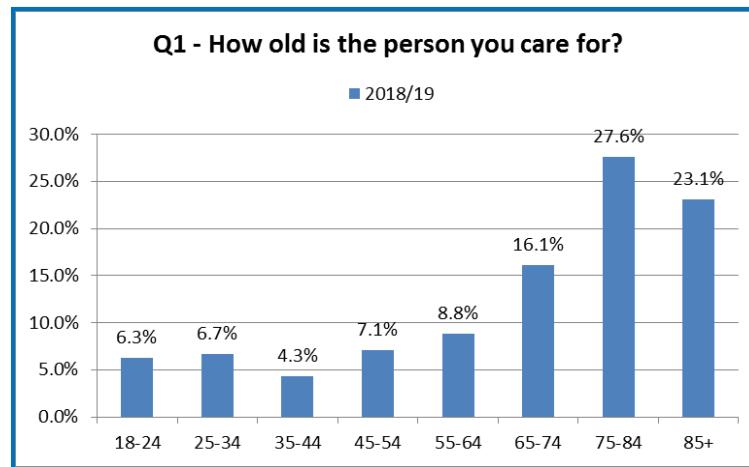
- ❖ In Gloucestershire, just over **1,100** carers were eligible for the 2018/19 survey.
- ❖ A random sample of **1,000** carers were selected for the survey. The questionnaires were sent out in October 2018 and again in November as a reminder.
- ❖ A total of **519** questionnaires were completed and returned, giving a response rate of **47.1%** . This was higher than the England average of 37.3%.

Key findings

- ❖ Overall, **34.2%** of carer respondents were extremely or very satisfied with the care and support services they received from Social Services ,with a further **34.9%** who were quite satisfied.
- ❖ Over three-quarters of respondent (**76.9%**) have been carers for over five years. Three in ten (**30.6%**) have been caring for 20 years or more.
- ❖ Over half (**54.9%**) spend at least 100 hours or more each week caring for their cared-for.
- ❖ **92.5%** of respondents reported that their health had been affected by their caring role in some way, with feeling tired, disturbed sleep, feeling stressed being the most common problems.
- ❖ **46.9%** said caring had caused them some or a lot of financial difficulties.
- ❖ **63.4%** of respondents found it very or fairly easy to find information and advice. Among those who have received information, **88.4%** found them helpful.

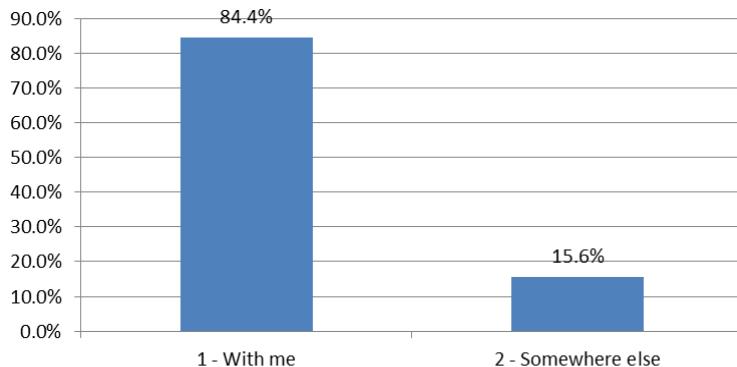
The following pages provide the survey results as published by NHS Digital. For details please go to <https://digital.nhs.uk/data-and-information/publications/statistical/personal-social-services-survey-of-adult-carers/england-2018-19> This report also covers results of the additional questions that Gloucestershire County Council have included in the survey.

Section 1: About the person you care for

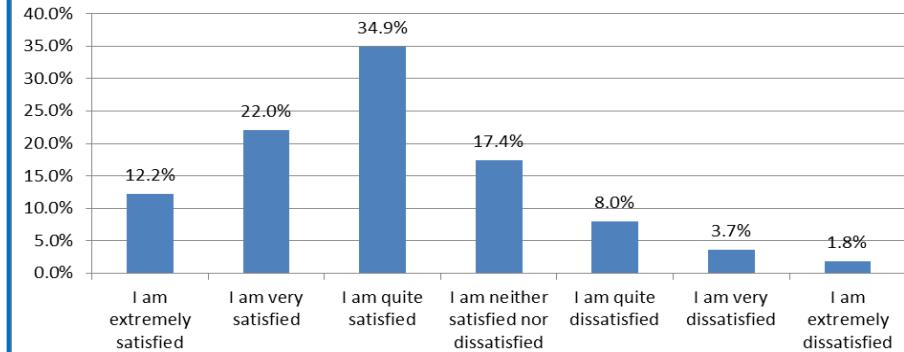


Section 1: About the person you care for continued

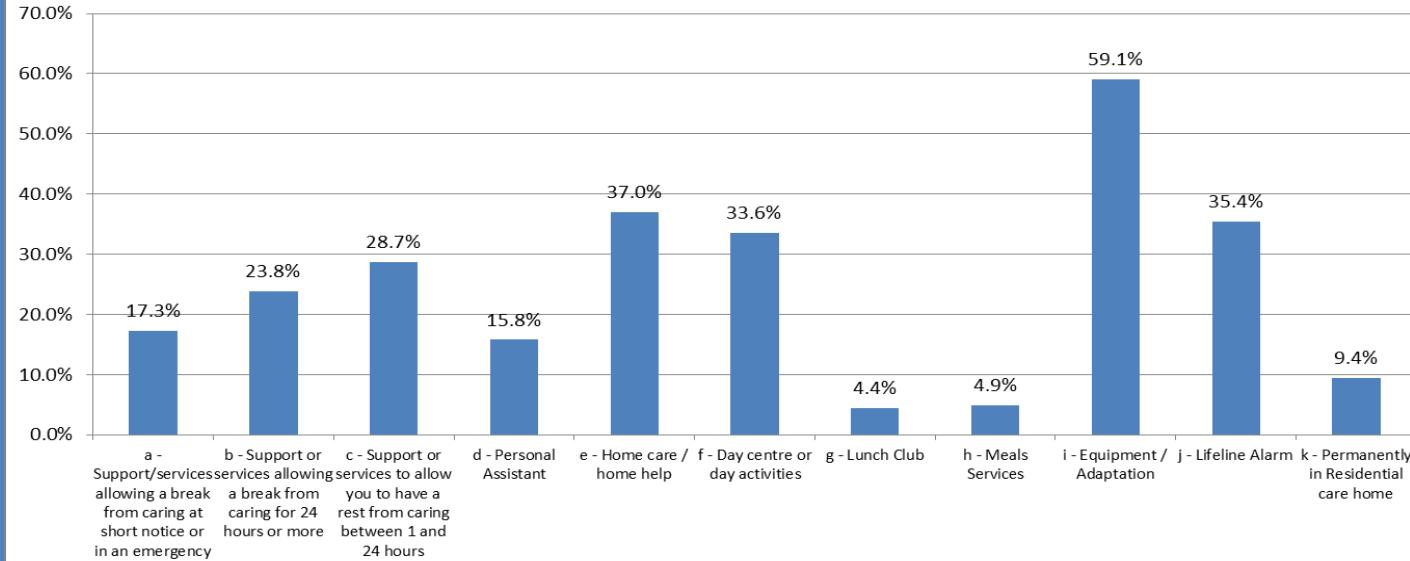
Q3 - Where does the person you care for usually live?



Q4 - Overall, how satisfied are you with the support or services you and the person you care for have received from Social Services in the last 12 months?

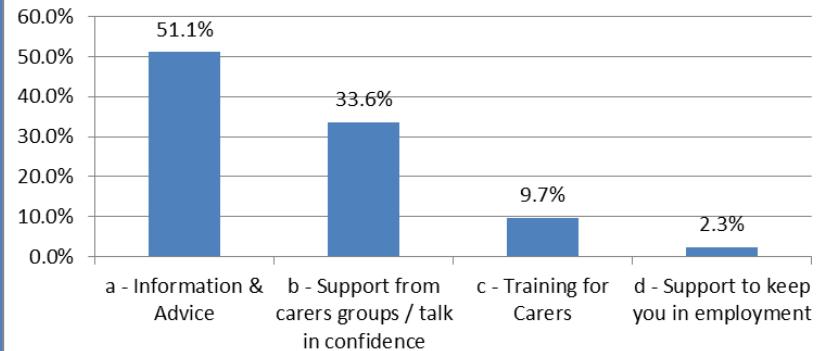


Q5 - Has the person you care for used any of the support or services listed below in the last 12 months?



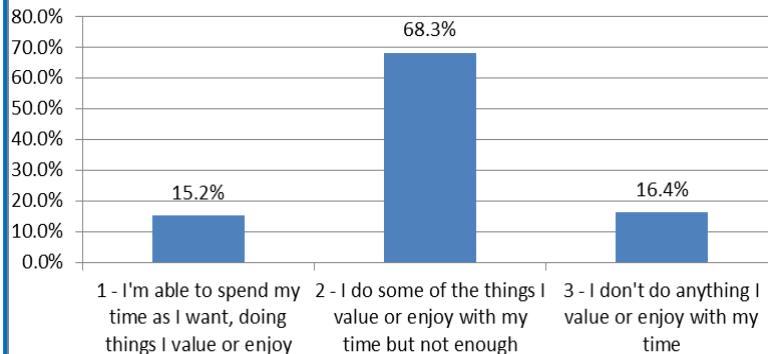
Section 2: About your needs and experiences of support

Q6 - Have you used any of the support or services listed below, to help you as a carer over the last 12 months?

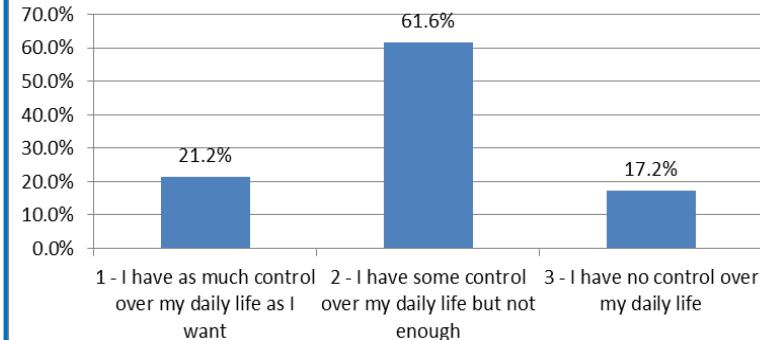


Section 3: The impact of caring and your quality of life

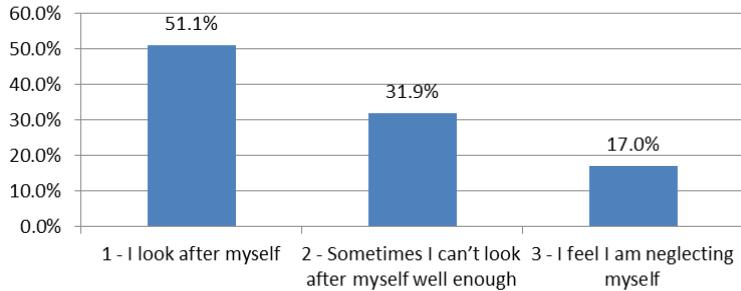
Q7 - Which of the following statements best describes how you spend your time?



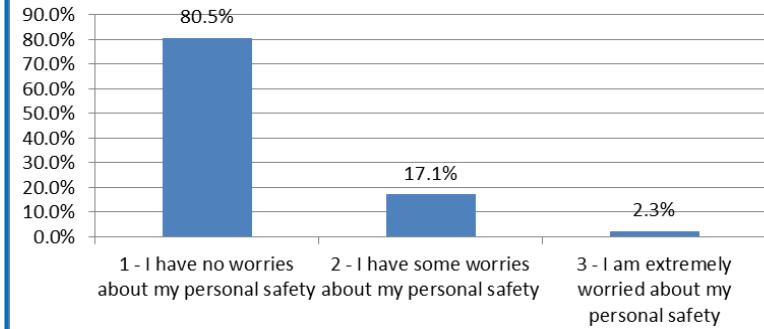
Q8 - Which of the following statements best describes how much control you have over your daily life?



Q9 - Thinking about how much time you have to look after yourself – in terms of getting enough sleep or eating well – which statement best describes your present situation?

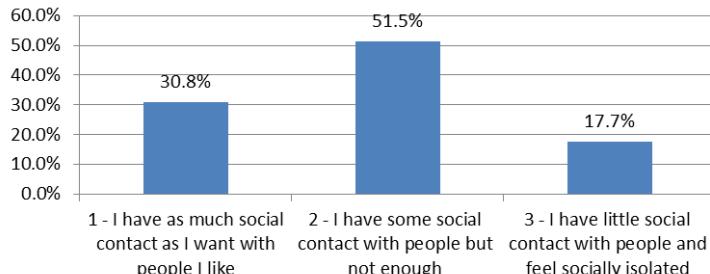


Q10 - Thinking about your personal safety, which of the statements best describes your present situation?

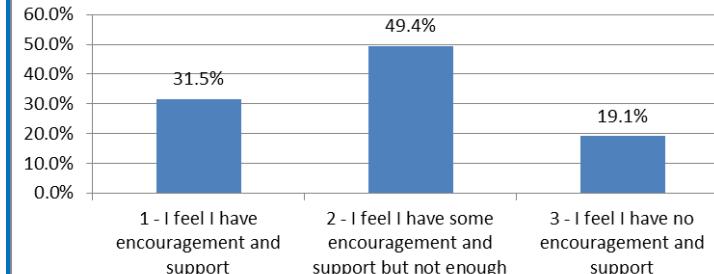


Section 3: The impact of caring and your quality of life ... continued

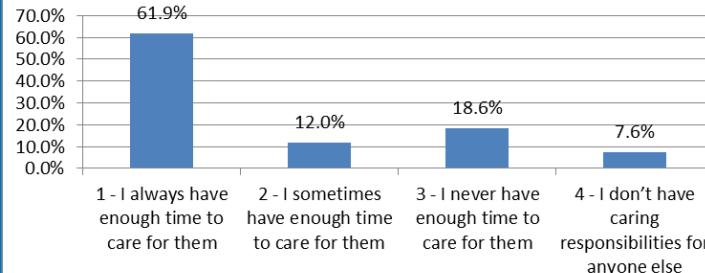
Q11 - Thinking about how much social contact you've had with people you like, which of the following statements best describes your social situation?



Q12 - Thinking about encouragement and support in your caring role, which of the following statements best describes your present situation?

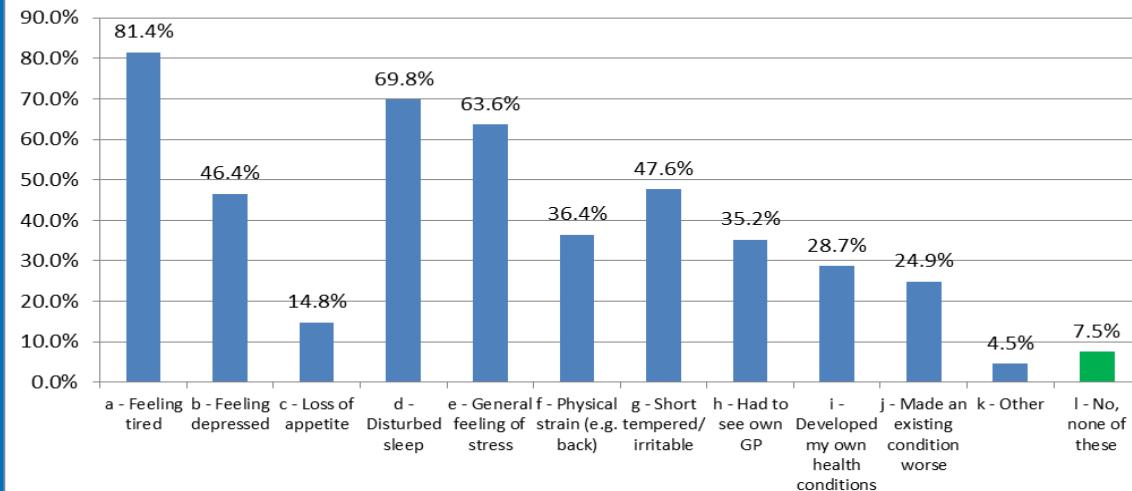


Q13 - Thinking about the other people you have caring responsibilities for, which of the following best describes your current situation? Please exclude the person you spend most time helping.

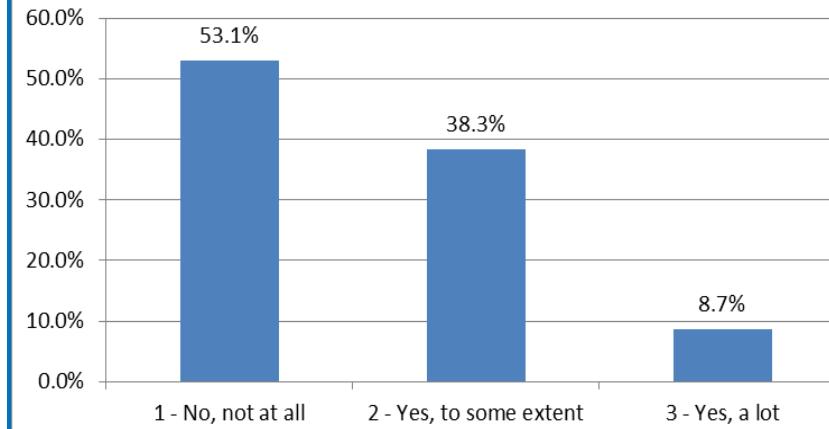


Section 3: The impact of caring and your quality of life ... continued

Q14 - In the last 12 months, has your health been affected by your caring role in any of the ways listed below?

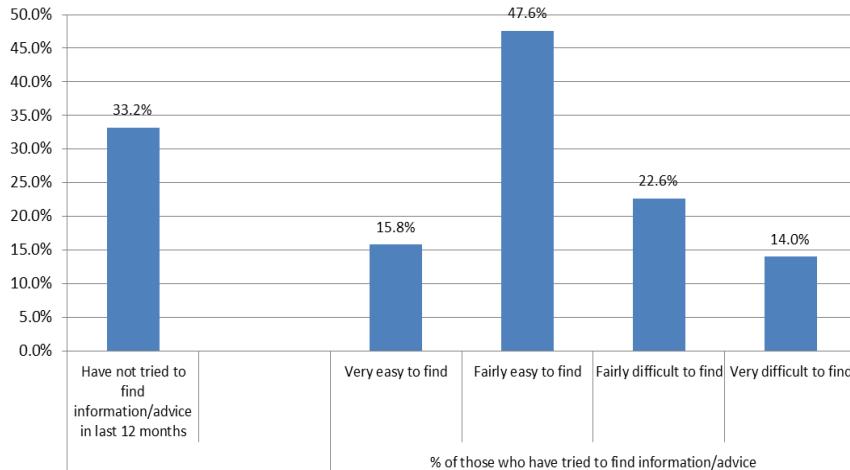


Q15 - In the last 12 months, has caring caused you any financial difficulties?

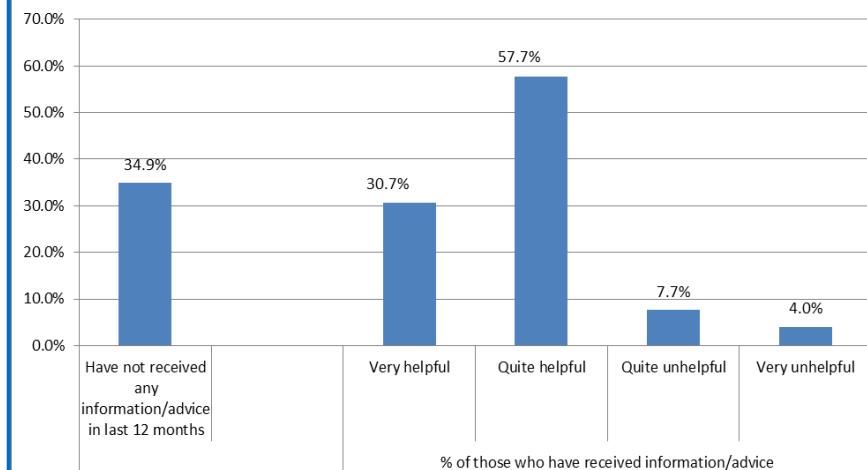


Section 4: Information and advice quality

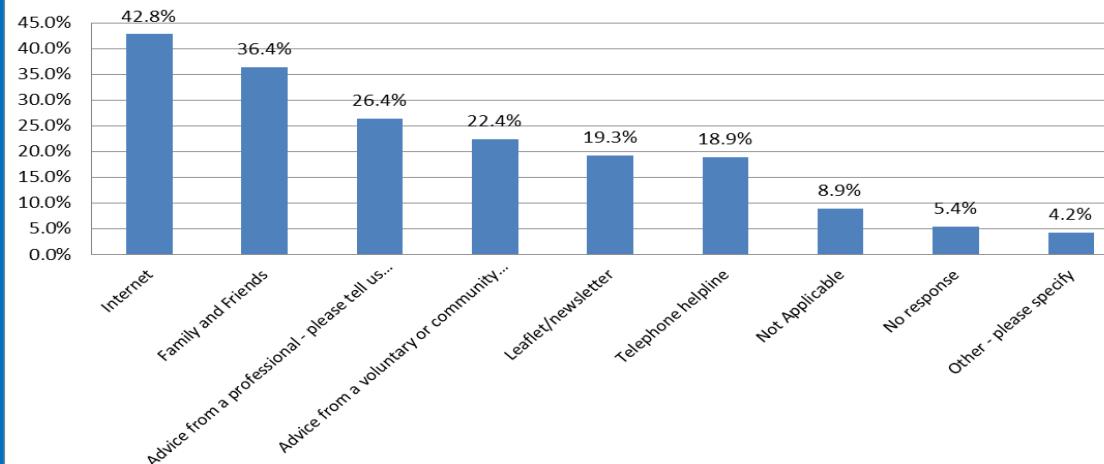
Q16 - In the last 12 months, have you found it easy or difficult to find information and advice about support, services or benefit



Q17 - In the last 12 months, how helpful has the information and advice you have received been?

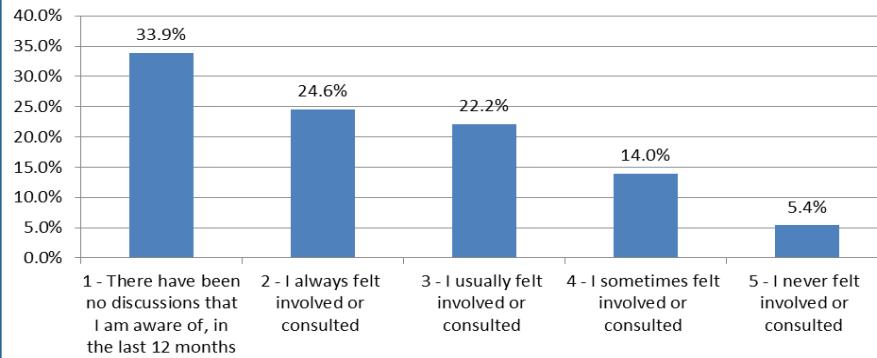


Q17a What do you use to find information and advice about support, services or benefits



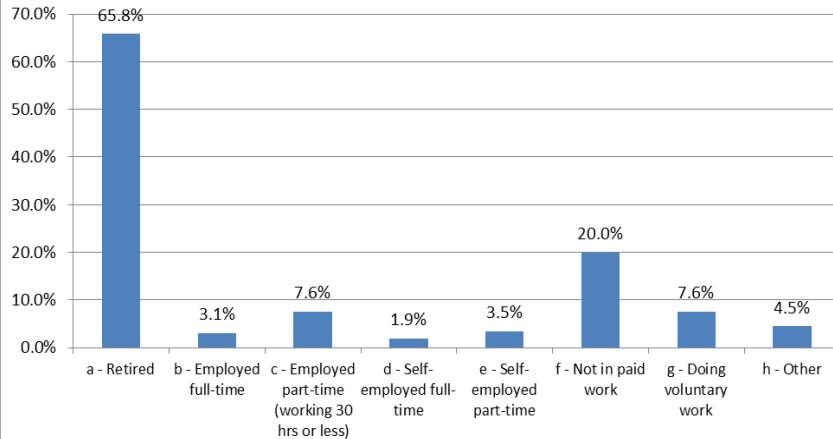
Section 5: Arrangement of support and services in the past 12 months

Q18 - In the last 12 months, do you feel you have been involved or consulted as much as you wanted to be, in discussions about the support or services provided to the person you care for?

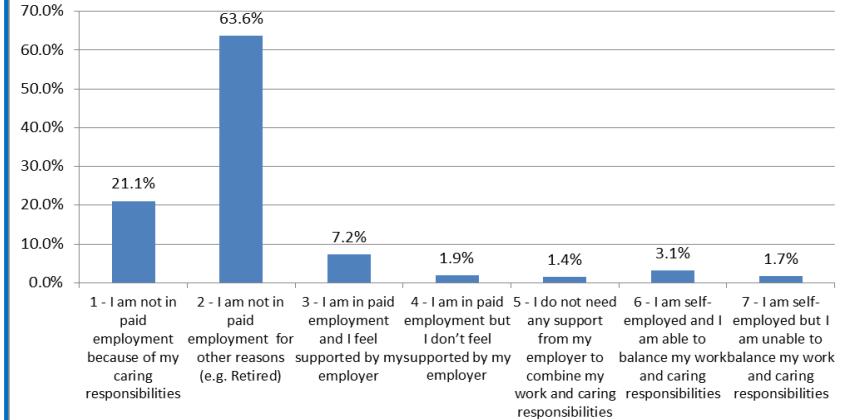


Section 6: About yourself

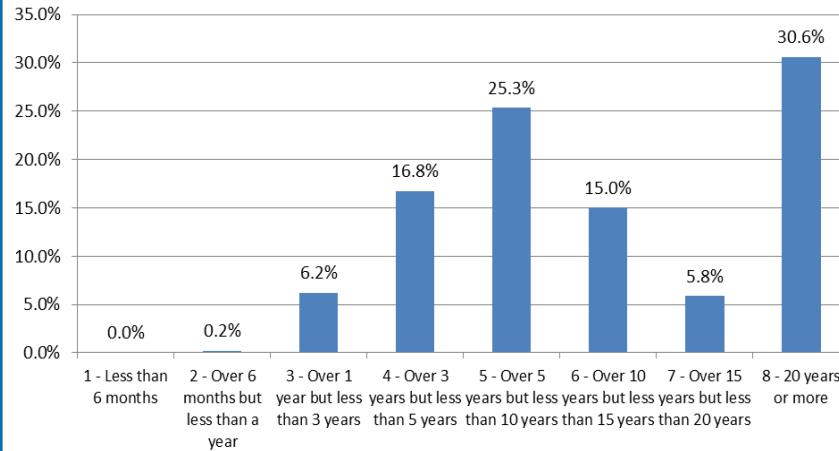
Q19 - In addition to your caring role, please tell us which of the following also applies to you?



Q20 - Thinking about combining your paid work and caring responsibilities, which of the following statements best describes your current situation?

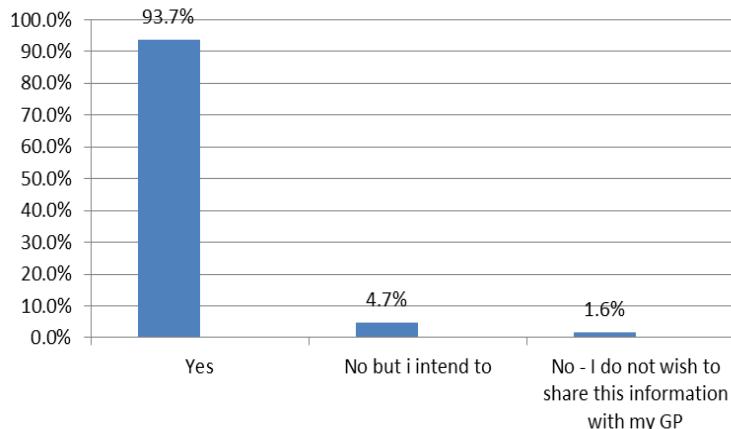


Q21 - About how long have you been looking after or helping the person you care for?



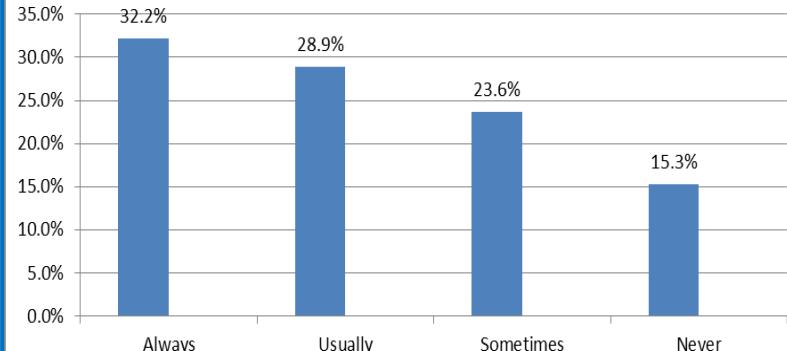
Section 6: About yourself ... continued

Q21a Have you told your GP that you are a carer?

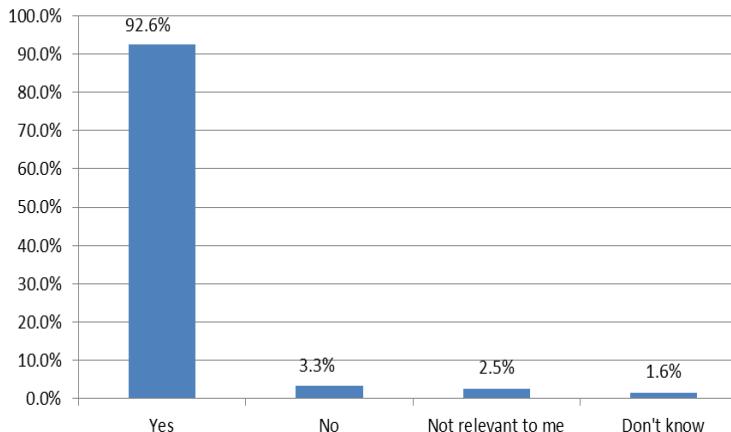


Q21b Overall, do you feel GPs support you in your role as a carer

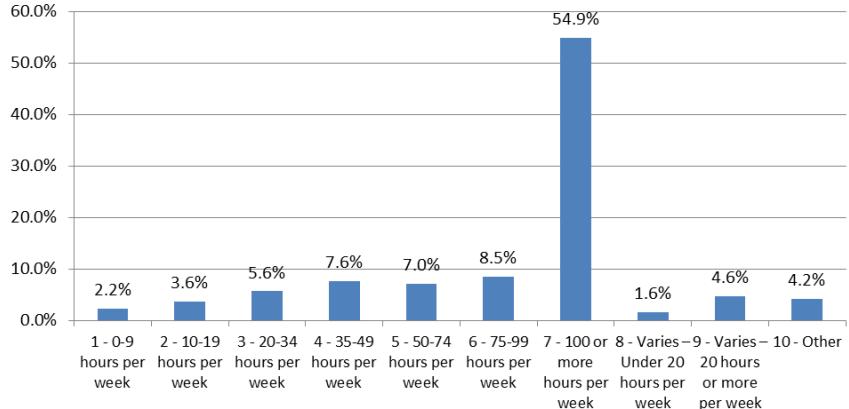
(Base: Those whose GP knows they are a carer)



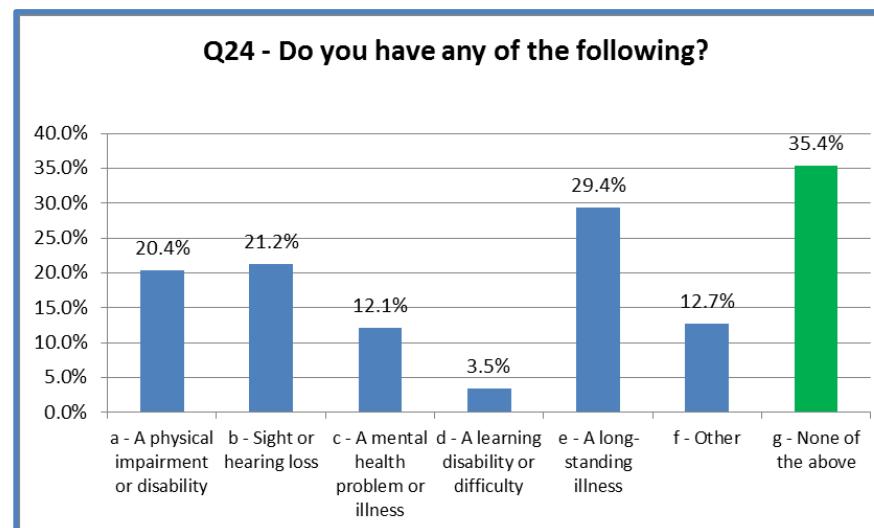
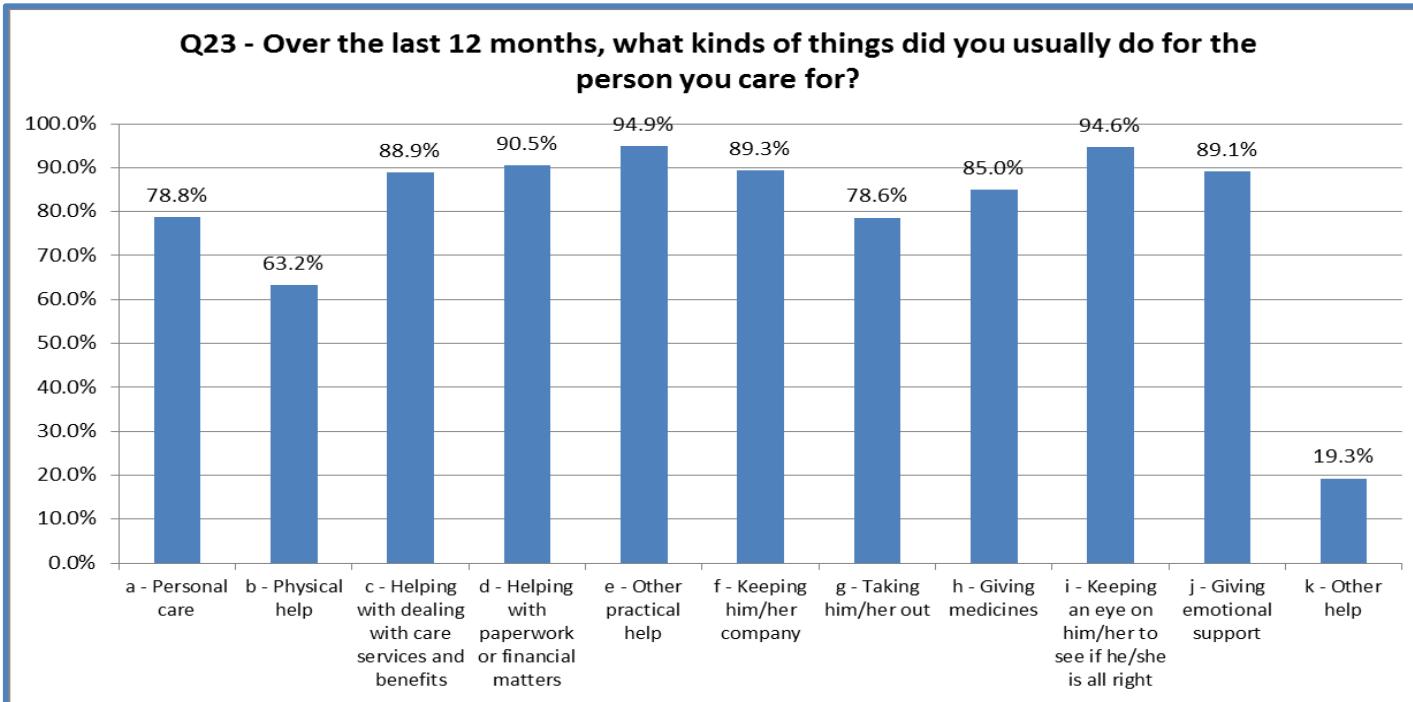
Q21c Are you aware if you are entitled to a free flu jab



Q22 - About how long do you spend each week looking after or helping the person you care for?

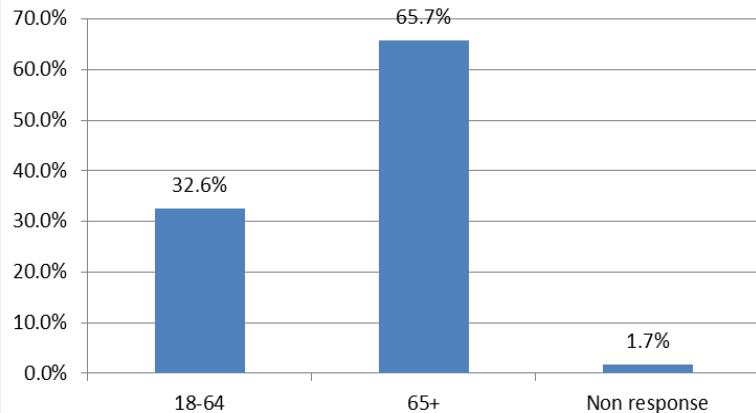


Section 6: About yourself ... continued

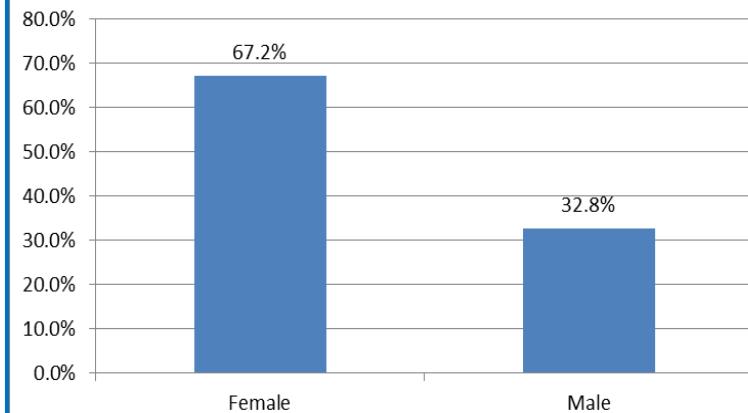


Section 6: About yourself ... continued

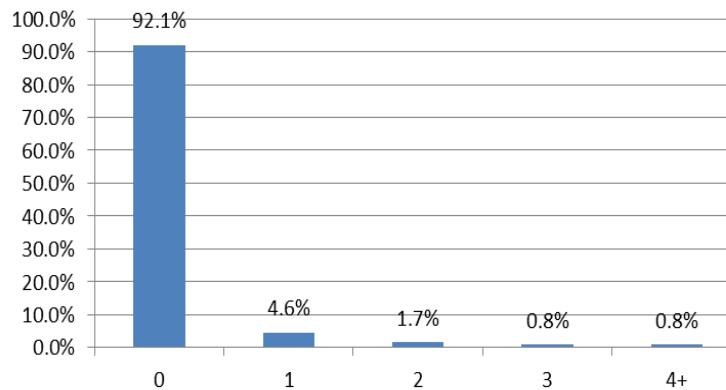
Q25 How old are you?



Q26 Are you male or female?

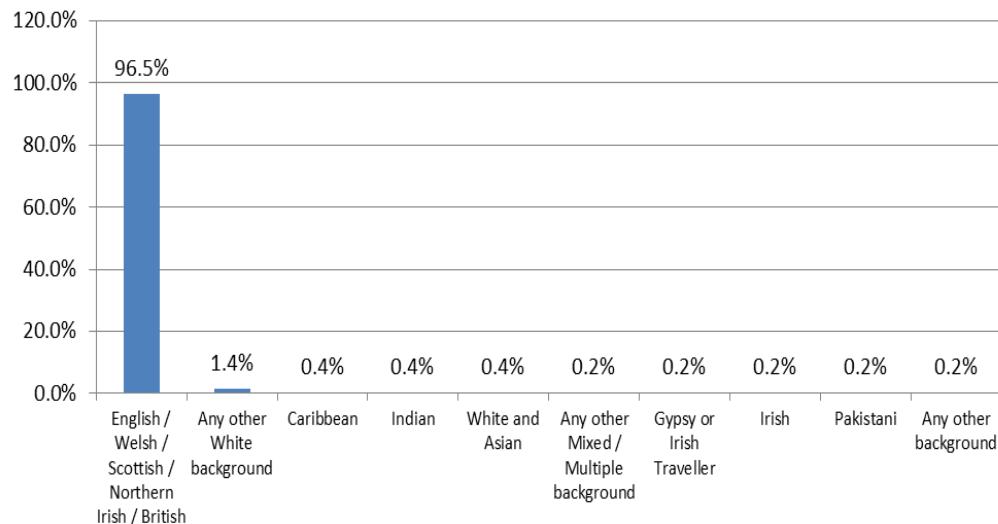


Q27 How many children aged 18 or under do you have parental responsibility for?



Section 6: About yourself ... continued

Q28 To which of these groups do you consider you belong?



Q29 - Did someone help you to complete this questionnaire?

