

# RECOGNISING BEHAVIOUR AS COMMUNICATION: USING RELATIONAL APPROACHES

By the end of this session, attendees will develop a deeper understanding of how behaviour communicates underlying needs and emotions, and how to respond through a relational, trauma-informed lens. Participants will explore the importance of connection, trust, and emotional safety in supporting behaviour, and gain practical strategies to foster reflective, inclusive practice.



At the end of this course, participants will:

- Understand Behaviour as Communication
- Explore the Principles of Relational Approaches
- Reflect on Adult Role and Emotional Regulation
- Apply Trauma- and Attachment-Informed Practice
- Develop Practical Strategies



**07.05.2025**

**15:40pm - 17:10pm**

THIS IS A VIRTUAL TRAINING SESSION HOSTED ON THE TEAMS PLATFORM. TRAINING CAN BE DONE AROUND ONE SCREEN IF DESIRED, BUT WE WILL STILL REQUIRE ALL CONTACT NAMES AND EMAIL ADDRESSES OF STAFF ATTENDING.

Please contact [courtney.hopson@gloucestershire.gov.uk](mailto:courtney.hopson@gloucestershire.gov.uk) to book onto this Virtual School Training opportunity.

Non-attendance or less than 3 full working days' notice of cancellation for online courses or 5 full working days for face-to-face courses will incur a cost of £100 per delegate at the discretion of the virtual school head. Contact [courtney.hopson@gloucestershire.gov.uk](mailto:courtney.hopson@gloucestershire.gov.uk) to cancel. If you would like to attend but are unable, please contact us to discuss. We might be able to help.