

| Area of my life:  | My needs:   | My outcomes:<br>These are my goals and should be specific, measurable, agreed, realistic and timed with a review date | Actions:<br>What will help me achieve my outcomes | Resources to be used:<br>Who will do what, when and how often | Review:<br>At Review, has this outcome been achieved?<br><b>What is working and not working</b> |
|---|---|---|---|---|---|
| <b>About my learning</b>                                  | Louise needs strategies to help manage her anger within AEP (Alternative Education Provision) so that she continues to make academic progress |   |   |   | Choose an item.   |
|   | Louise needs to receive an education and identify which course she wants to do post-16, including a realistic pathway to this course          |   |   |   | Choose an item.   |
| <b>About my social, emotional and mental health needs</b> | Louise needs to spend quality time with her mother to improve their relationship  |   |   |   | Choose an item.   |
|   | Louise needs to grieve for her grandmother  |   |   |   | Choose an item.   |
|   | Louise needs to talk with someone about her frustrations at home  |   |   |   | Choose an item.   |

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|--|---|--|--|--|-----------------|
|  | Louise needs to build her self-esteem and confidence  |  |  |  | Choose an item. |
|  | Louise needs her own space at home where she feels safe and can calm herself down if she gets angry |  |  |  | Choose an item. |