

Area of my life:	My needs:	My outcomes: These are my goals and should be specific, measurable, agreed, realistic and timed with a review date	Actions: What will help me achieve my outcomes	Resources to be used: Who will do what, when and how often	Review: At Review, has this outcome been achieved? <b>What is working and not working</b>
<b>About my learning</b>	Louise needs strategies to help manage her anger within AEP (Alternative Education Provision) so that she continues to make academic progress				Choose an item.
	Louise needs to receive an education and identify which course she wants to do post-16, including a realistic pathway to this course				Choose an item.
<b>About my social, emotional and mental health needs</b>	Louise needs to spend quality time with her mother to improve their relationship				Choose an item.
	Louise needs to grieve for her grandmother				Choose an item.
	Louise needs to talk with someone about her frustrations at home				Choose an item.

	Louise needs to build her self-esteem and confidence				Choose an item.
	Louise needs her own space at home where she feels safe and can calm herself down if she gets angry				Choose an item.