



# Join us at our **SPORTS** youth session

**Every Tuesday!**

- **Fun sports activities**
- **Team Building**
- **Healthy Lifestyle**
- **Character building**
- **Boosts mental health**

**4:30pm-7pm**

**Stroud Youth Support Centre  
Ryeleaze Road  
Stroud  
GL5 1JR**

For more info, contact us:

✉ [YSTeast@family-action.org.uk](mailto:YSTeast@family-action.org.uk)

**[family-action.org.uk](http://family-action.org.uk)**

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