



# Carers Partnership Board Action Plan 2023-2025

## Who is a carer?

Somebody, of any age, who provides support or who looks after a family member, partner or friend who needs help because of frailty, physical or mental illness, or disability.

## Aims of the Carers Partnership Board

The Carers Partnership Board aims to ensure

- there is a clear strategy in place for carers and that it is put into action in Gloucestershire.
- people work together to improve support, advice and services available to carers in Gloucestershire
- people have their voice heard and can ask questions

Some of the things we have been doing to address this have included: -

- Promote the Carer Aware branding
- Offering carers discounts
- Encouraging staff to wear Care Aware badges
- Promotional Carer Aware posters
- Sharing best practice
- Encouraging feedback

## Vision:

Gloucestershire will ensure that carers, commissioners, providers and partner agencies work closely together to ensure that carers;

- are resilient and feel supported to manage their own health and wellbeing
- feel valued and included in their community
- have their voice heard at an individual and strategic level

- have opportunities to achieve their own goals, develop their own skills and have employment and training opportunities
- individual support is personalised, accessible and timely
- have contingency plans in place when they cannot care

## We want carers to be:-



**Heard** - Identify, support and act on feedback



**Recognised** - Carer aware



**Informed** - Relevant Information & advice



**Prepared** - Contingency planning



**Connected** - Reduce isolation & improve wellbeing



**Reached** - Access to support in a variety of ways

In Gloucestershire approximately 52,000 people provide unpaid care for family and friends who have a disability, illness, mental health condition or need extra help as they grow older.

**We want carers to feel supported**, to know where they can go to for advice and for them to feel we are all actively listening to the issues they face, making changes where possible.

For more information, please visit – [Carers Partnership Board](#) or email:

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