SUPPORTING YOUNG PEOPLE'S

TRAUMA RECOVERY, RESILIENCE & POST-TRAUMATIC GROWTH IN EDUCATION

How can schools not only support young people in recovering from trauma but also help them grow and thrive? This interactive 90-minute webinar explores trauma-informed strategies that foster resilience and post-traumatic growth in students. We will examine the impact of trauma on learning, behaviour, and emotional regulation and discuss how to create a psychologically safe school culture that promotes healing and self-efficacy.

Learning Outcomes:

- Understand Trauma and Learning: Recognise how trauma affects brain development, behaviour, and engagement in the classroom.
- Develop Trauma-Informed Approaches: Learn practical strategies to create psychologically safe learning environments that support emotional regulation and student wellbeing.
- Foster Resilience and Post-Traumatic Growth: Explore how to help students develop new strengths, a sense of purpose, and a positive self-identity in the aftermath of adversity.

11.06.2026 15.30 - 17.00PM

THIS IS A VIRTUAL TRAINING SESSION HOSTED ON THE TEAMS PLATFORM. TRAINING CAN BE DONE AROUND ONE SCREEN IF DESIRED, BUT WE WILL STILL REQUIRE ALL CONTACT NAMES AND EMAIL ADDRESSES OF STAFF ATTENDING.

Please contact courtney.hopson@gloucestershire.gov.uk to book onto this Virtual School Training opportunity.

Non-attendance or less than 3 full working days' notice of cancellation for online courses or 5 full working days for face-to-face courses will incur a cost of £100 per delegate at the discretion of the virtual school head. Contact courtney.hopson@gloucestershire.gov.uk to cancel. If you would like to attend but are unable, please contact us to discuss. We might be able to help.