



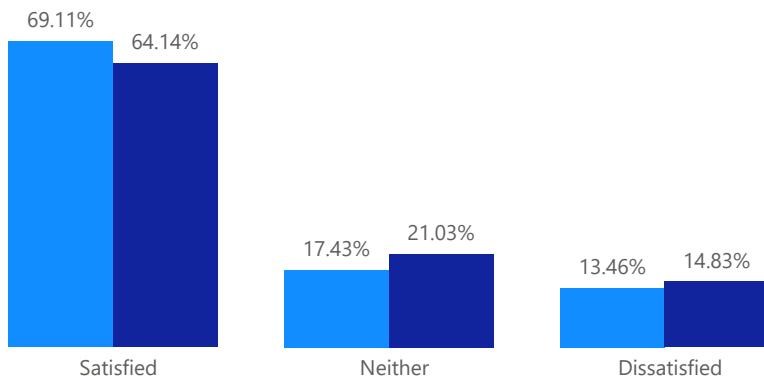
**InformGloucestershire**

# **Survey of Adult Carers 2021/22 Findings**

## Key trends (I) - Experience of support and services

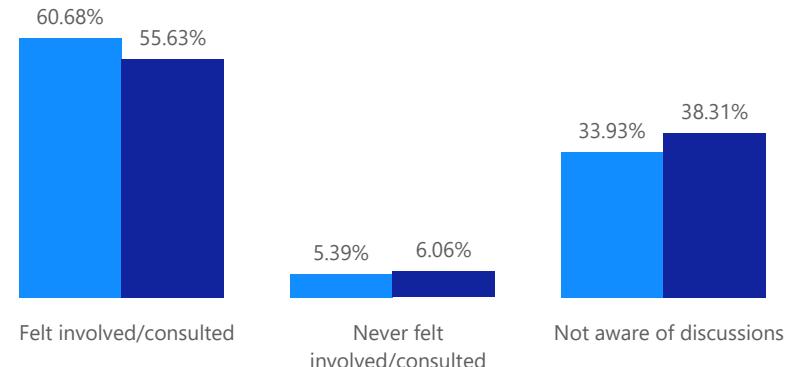
### Satisfaction with support or services in last 12 months

● 2018/19 ● 2021/22



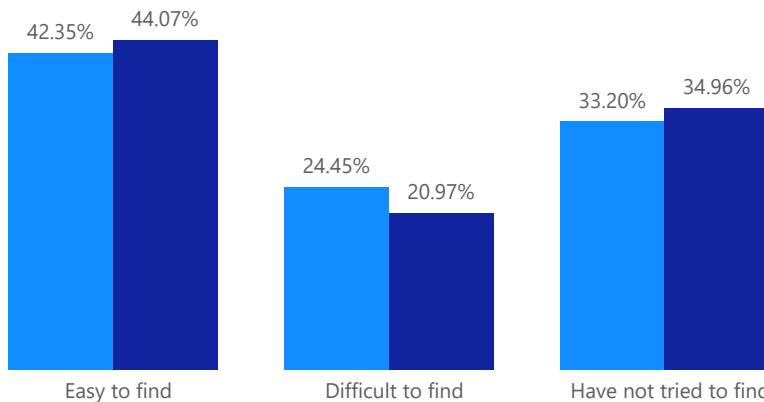
### Feeling involved/consulted in discussions about support provided to the cared-for in last 12 months

● 2018/19 ● 2021/22



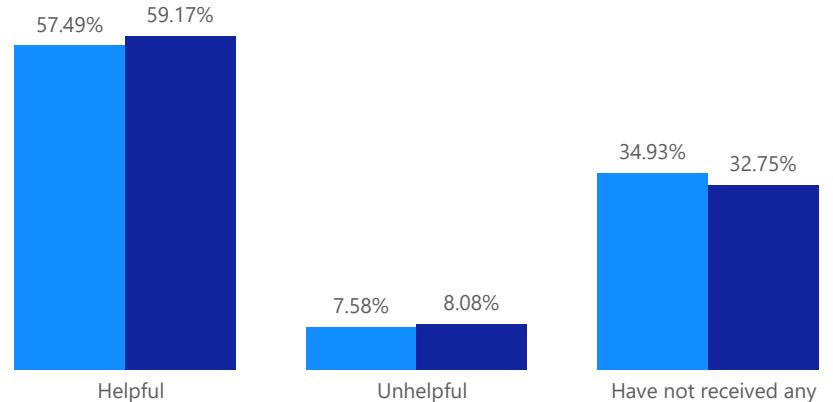
### Finding information and advice in last 12 months

● 2018/19 ● 2021/22



### Helpfulness of information and advice in last 12 months

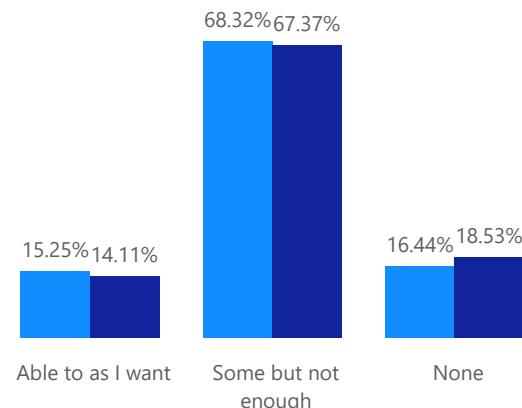
● 2018/19 ● 2021/22



## Key trends (II) - Quality of life

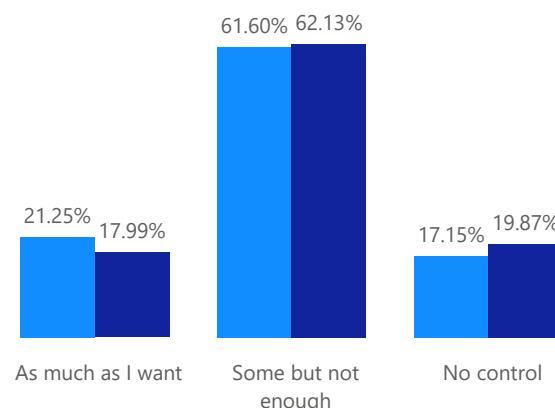
### Spend time on things valued or enjoyed

● 2018/19 ● 2021/22



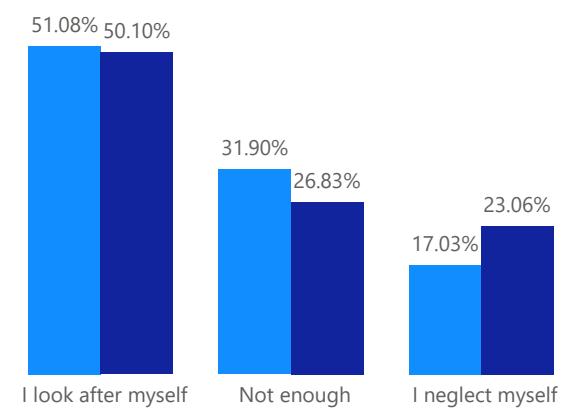
### Control over daily life

● 2018/19 ● 2021/22



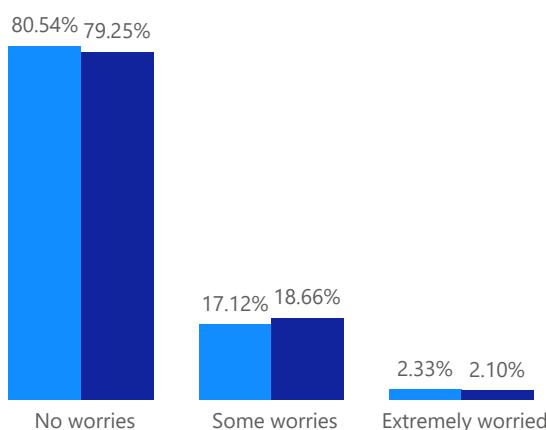
### Self-care

● 2018/19 ● 2021/22



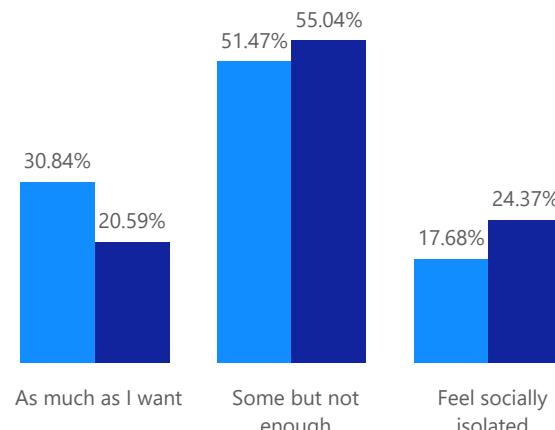
### Personal safety

● 2018/19 ● 2021/22



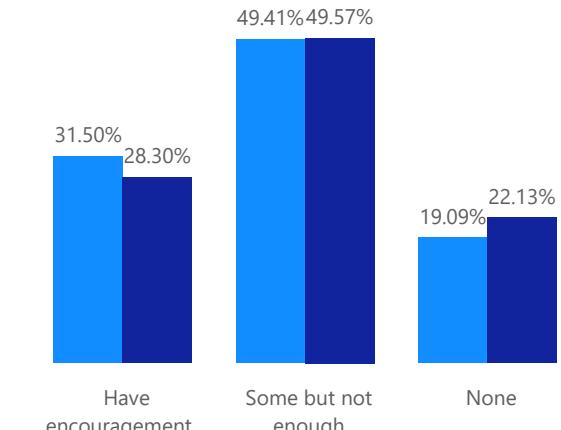
### Social contact

● 2018/19 ● 2021/22



### Encouragement/support in caring role

● 2018/19 ● 2021/22



## Respondents Profile

2021/22 Carer Survey

Postal questionnaires sent: 05/10/2021

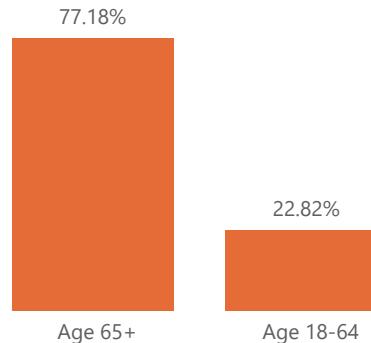
Sample size: 852 Number of respondents: 482 Response rate: 56.6%

Survey Year

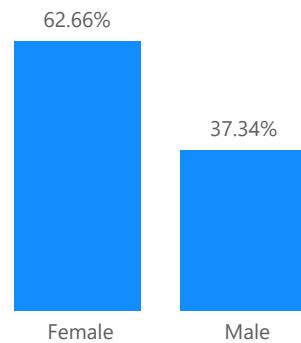
2021/22

2018/19

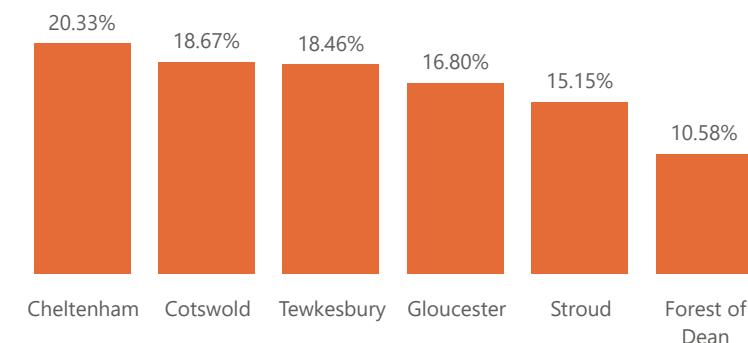
% Respondents by Age



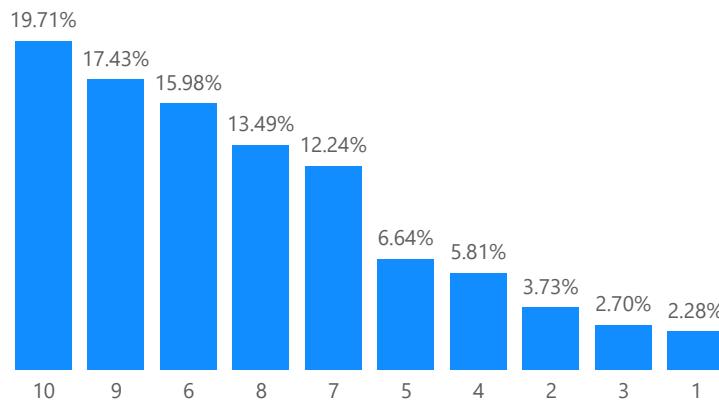
% Respondents by Gender



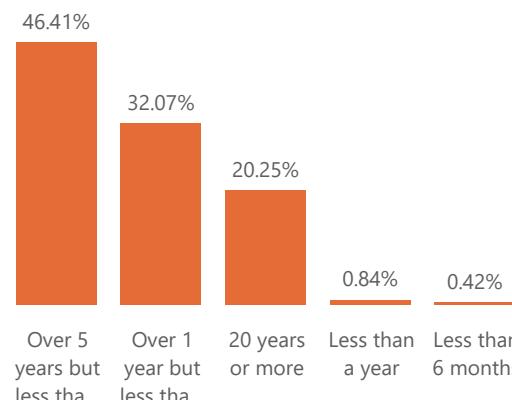
% Respondents by District



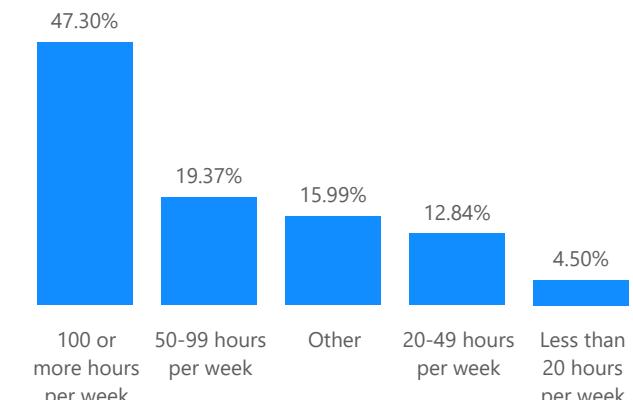
% Respondents by IMD Decile 2019 (1=most deprived)



% Respondents by Duration of Care



% Respondents by Hours of Care Per Week



## **Section 1: About the cared-for**

This is a dividing tab to denote the beginning of questions about the person the carer cares for

## Question 1. How old is the person you care for?

Survey Year

2021/22

2018/19

Age Band\_Carer

Age 18-64

Age 65+

Age Band\_Cared-for

Age 18-64

Age 65+

Primary Support Reason of the cared-for

- Learning Disability Support
- Mental Health Support
- Physical Support
- Sensory Support
- Social Support
- Support with Memory and Cognition

Q2[a]. Cared-for has Dementia

Yes

No

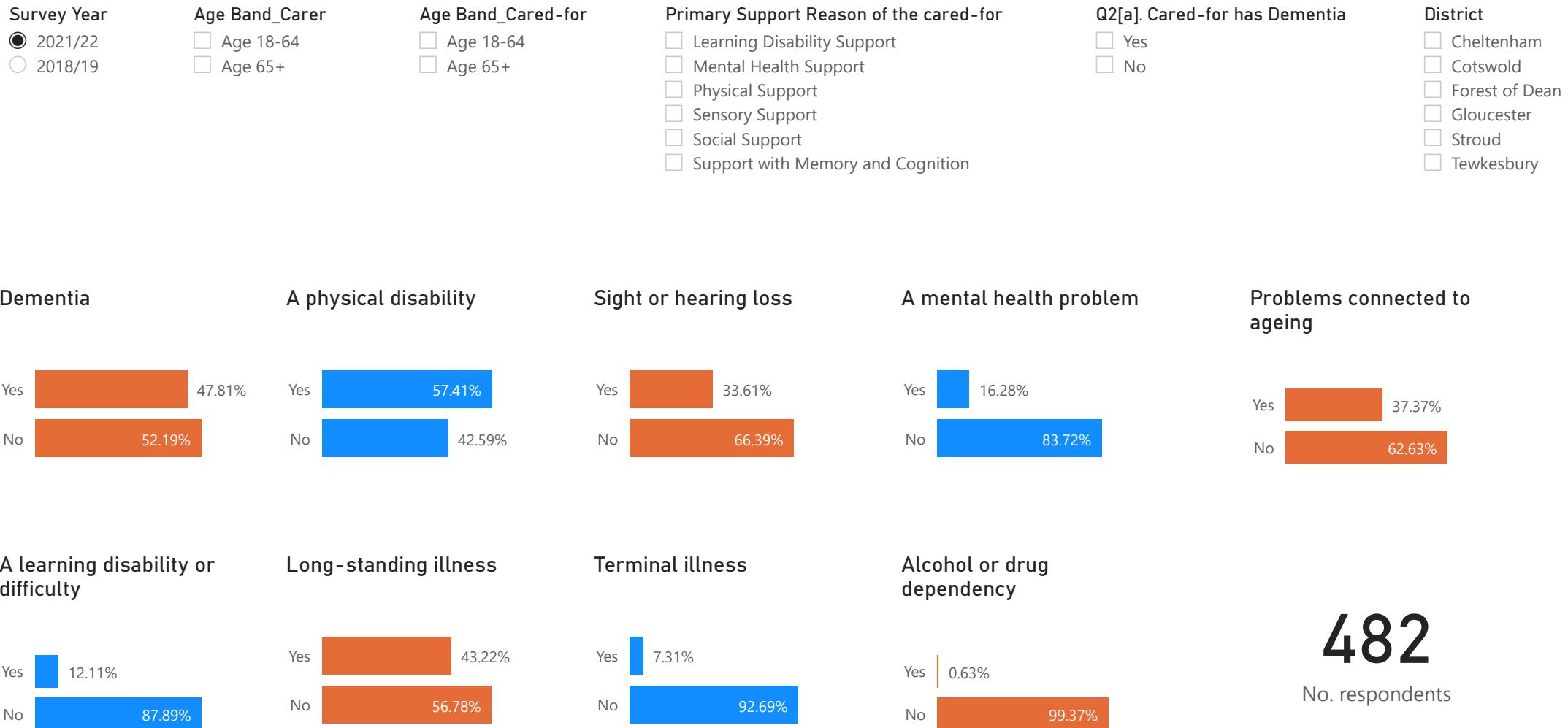
District

- Cheltenham
- Cotswold
- Forest of Dean
- Gloucester
- Stroud
- Tewkesbury

### Q1 How old is the person you care for



## Question 2. Does the person you care for have ....?



## Question 3. Where does the person you care for usually live?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury

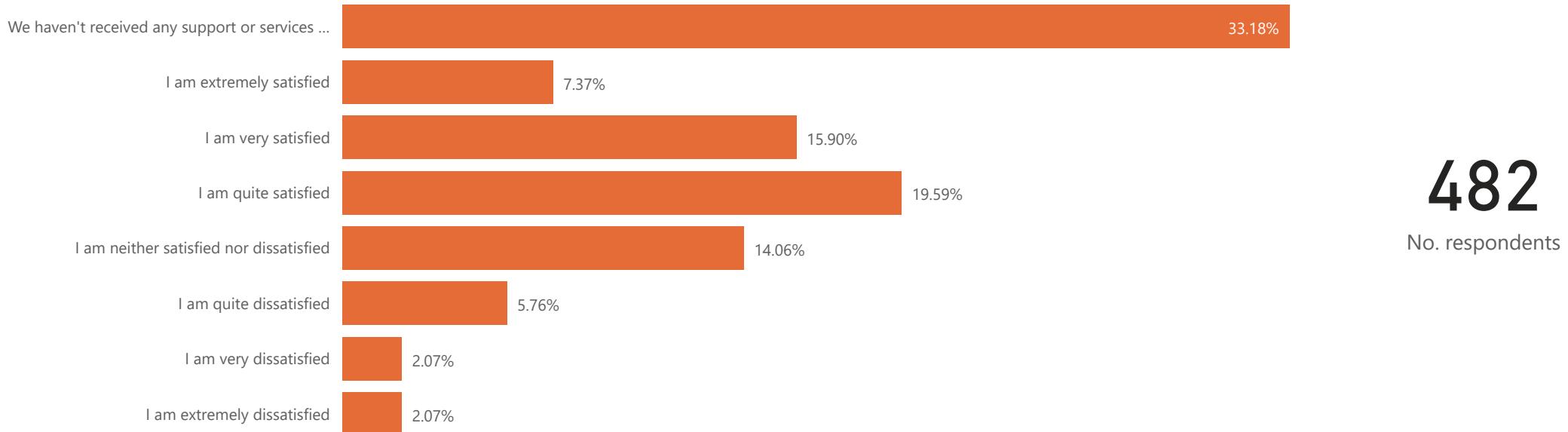
### Q3. Where does the person you care for usually live?



## Question 4. Overall, how satisfied or dissatisfied are you with the support or services you and the person you care for have received from Social Services in the last 12 months?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold

Q4. Overall, how satisfied or dissatisfied are you with the support or services you and the person you care for have received from Social Services in the last 12 months?



## Question 5. Has the person you care for used any of the support or services listed below in the last 12 months?

Survey Year

- 2021/22
- 2018/19

Age Band\_Carer

- Age 18-64
- Age 65+

Age Band\_Cared-for

- Age 18-64
- Age 65+

Primary Support Reason of the cared-for

- Learning Disability Support
- Mental Health Support
- Physical Support
- Sensory Support
- Social Support
- Support with Memory and Cognition

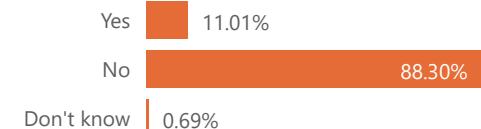
Q2[a]. Cared-for has Dementia

- Yes
- No

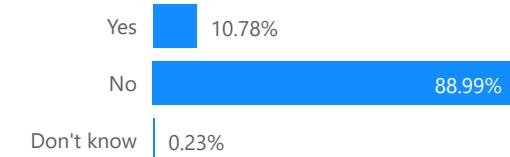
District

- Cheltenham
- Cotswold
- Forest of Dean
- Gloucester
- Stroud
- Tewkesbury

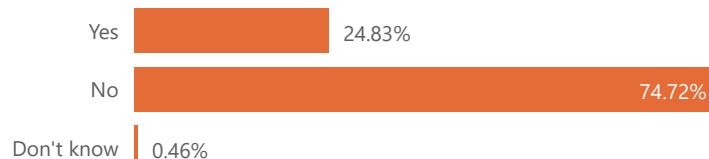
Q5a. Support or services allowing you to take a break from caring at short notice or in an emergency



Q5b. Support or services allowing you to take a break from caring for more than 24 hours



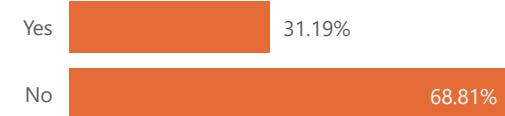
Q5c. Support or services to allow you to have a rest from caring for between 1 and 24 hours (e.g. a sitting service)



Q5d. Personal assistant



5e. Home care/home help



Q5f. Day centre or day activities



482

No. respondents

## Question 5 (cont'd). Has the person you care for used any of the support or services listed below in the last 12 months?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold

### Q5g. Lunch club



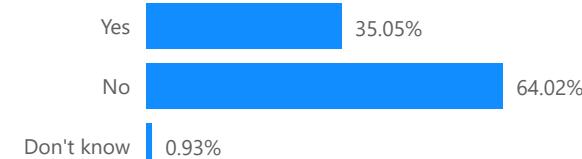
### Q5h. Meals Services



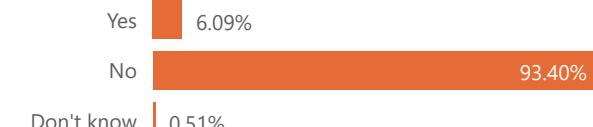
### Q5i. Equipment or adaptation to their home (such as a wheelchair or handrails)



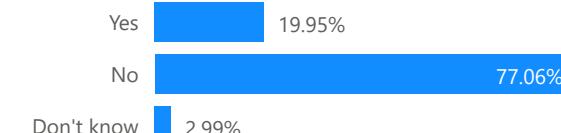
### Q5j. Lifeline Alarm



### Q5k. They are permanently resident in a care home



### Q5l. Telecare



482

No. respondents

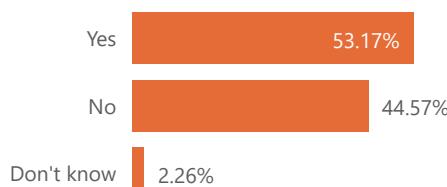
## **Section 2: Needs and experiences of Support**

This is a dividing tab to denote the beginning of questions about the support and services that carers use

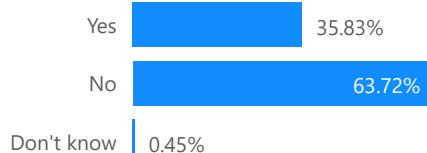
**Question 6. Have you used any of the support or services listed below, to help you as a carer over the last 12 months?  
(They may be provided by different organisations, such as a voluntary organisation, a private agency or Social Services.  
Please do not include any unpaid help from family and friends.)**

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Learning Disability Support <input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Cheltenham <input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury
<input type="radio"/> 2018/19					

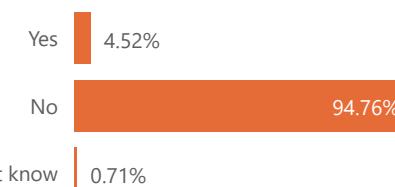
**Q6a. Information and advice**



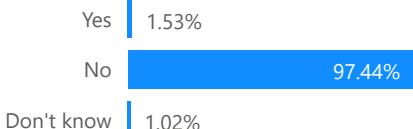
**Q6b. Support from carers groups or someone to talk to in confidence**



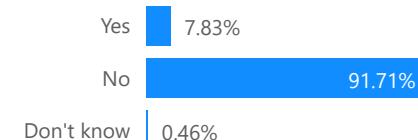
**Q6c. Training for carers**



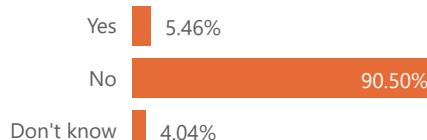
**Q6d. Support to keep you in employment**



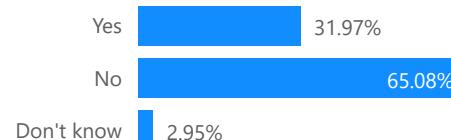
**Q6e. Carer's Breaks**



**Q6f. Flexible / Personal Budgets**



**Q6g. Carer's Emergency Scheme**



**482**

No. respondents

### **Section 3: Impact of caring**

This is a dividing tab to denote the beginning of questions about impact of caring on carers' quality of life

## Question 7. Which of the following statements best describes how you spend your time?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury

### Q7. Which of the following statements best describes how you spend your time?

I'm able to spend my time as I want, doing t...

14.11%

I do some of the things I value or enjoy with ...

67.37%

482

No. respondents

I don't do anything I value or enjoy with my t...

18.53%

## Question 8. Which of the following statements best describes how much control you have over your daily life?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury

### Q8. Which of the following statements best describes how much control you have over your daily life?

I have as much control over my daily life as I ...



17.99%

I have some control over my daily life but no...



62.13%

**482**

No. respondents

I have no control over my daily life

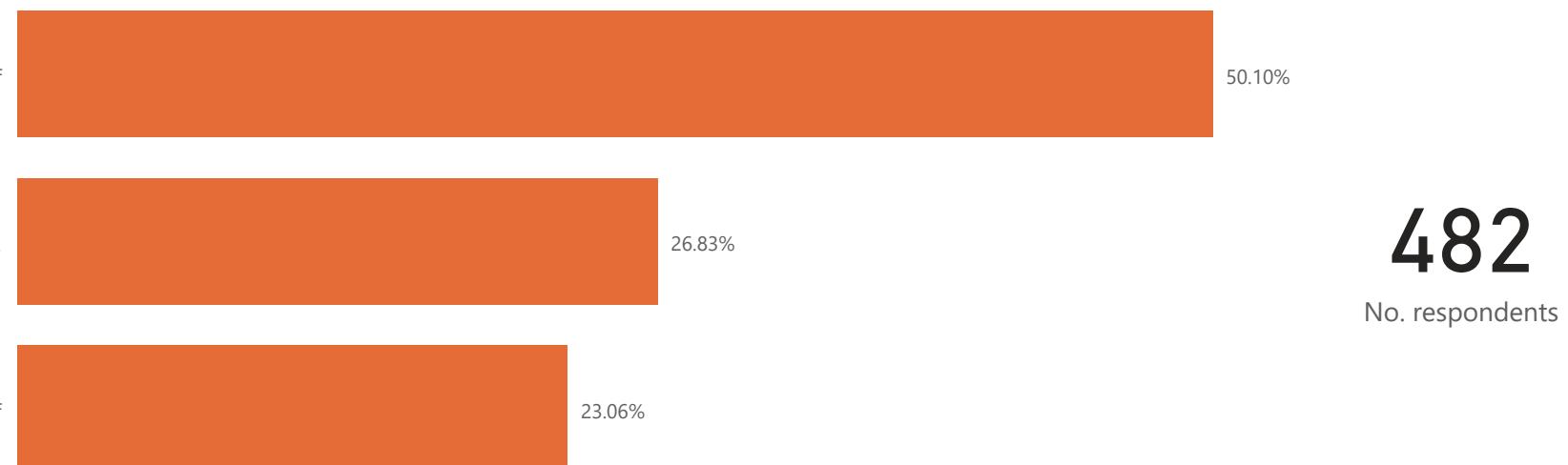


19.87%

## Question 9. Thinking about how much time you have to look after yourself - in terms of getting enough sleep or eating well - which statement best describes your present situation?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury

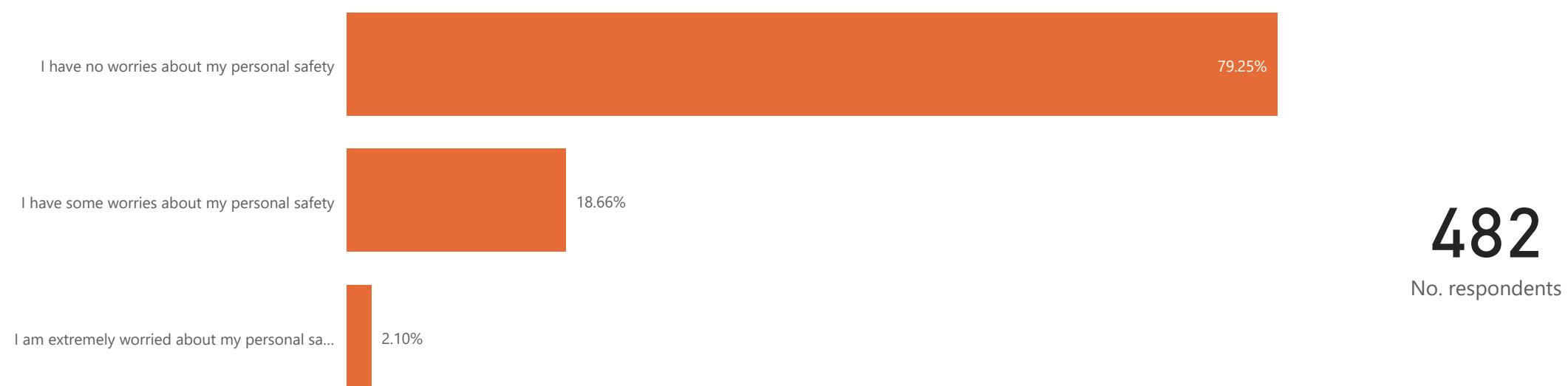
Q9. Thinking about how much time you have to look after yourself – in terms of getting enough sleep or eating well – which statement best describes your present situation?



**Question 10. Thinking about your personal safety, which of the statements best describes your present situation? By 'personal safety' we mean feeling safe from fear of abuse, being attacked or other physical harm.**

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Learning Disability Support <input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Cheltenham <input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury
<input type="radio"/> 2018/19					

**Q10. Thinking about your personal safety, which of the statements best describes your present situation?**



## Question 11. Thinking about how much social contact you've had with people you like, which of the following statements best describes your social situation?

Survey Year

2021/22  
 2018/19

Age Band\_Carer

Age 18-64  
 Age 65+

Age Band\_Cared-for

Age 18-64  
 Age 65+

Primary Support Reason of the cared-for

Learning Disability Support  
 Mental Health Support  
 Physical Support  
 Sensory Support  
 Social Support  
 Support with Memory and Cognition

Q2[a]. Cared-for has Dementia

Yes  
 No

District

Cheltenham  
 Cotswold  
 Forest of Dean  
 Gloucester  
 Stroud  
 Tewkesbury

Q11. Thinking about how much social contact you've had with people you like, which of the following statements best describes your social situation?

I have as much social contact as I want with ...

20.59%

I have some social contact with people but n...

55.04%

482

No. respondents

I have little social contact with people and fe...

24.37%

## Question 12. Thinking about encouragement and support in your caring role, which of the following statements best describes your present situation?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Learning Disability Support <input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Cheltenham <input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury
<input type="radio"/> 2018/19					

Q12. Thinking about encouragement and support in your caring role, which of the following statements best describes your present situation?

I feel I have encouragement and support

28.30%

I feel I have some encouragement and supp...

49.57%

I feel I have no encouragement and support

22.13%

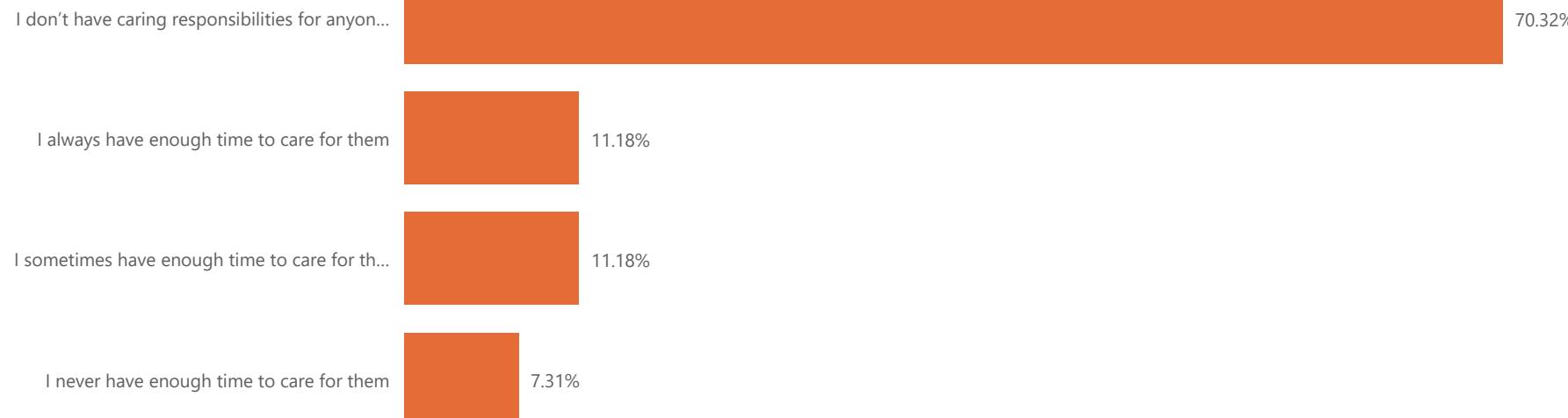
482

No. respondents

**Question 13. Thinking about the other people you have caring responsibilities for, which of the following best describes your current situation? Please exclude the person you spend most time helping.**

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Learning Disability Support <input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Cheltenham <input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury
<input type="radio"/> 2018/19					

**Q13. Thinking about the other people you have caring responsibilities for, which of the following best describes your current situation? Please exclude the person you spend most time helping.**



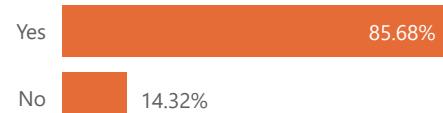
**482**

No. respondents

## Question 14. In the last 12 months, has your health been affected by your caring role in any of the ways listed below?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Learning Disability Support <input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<input type="radio"/> 2018/19					

Feeling tired



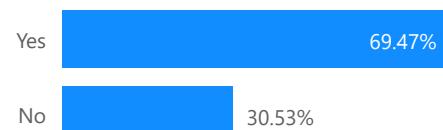
Feeling depressed



Loss of appetite



Disturbed sleep



General feeling of stress



Physical strain (e.g. back)



482

No. respondents

## Question 14 (cont'd). In the last 12 months, has your health been affected by your caring role in any of the ways listed below?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold

Short tempered/ irritable

Yes



50.53%

No



49.47%

Had to see own GP

Yes



21.89%

No



78.11%

Developed my own health conditions

Yes



26.11%

No



73.89%

Made an existing condition worse

Yes



21.26%

No



78.74%

Other

Yes



3.37%

No



96.63%

No, none of these

Yes



5.47%

No



94.53%

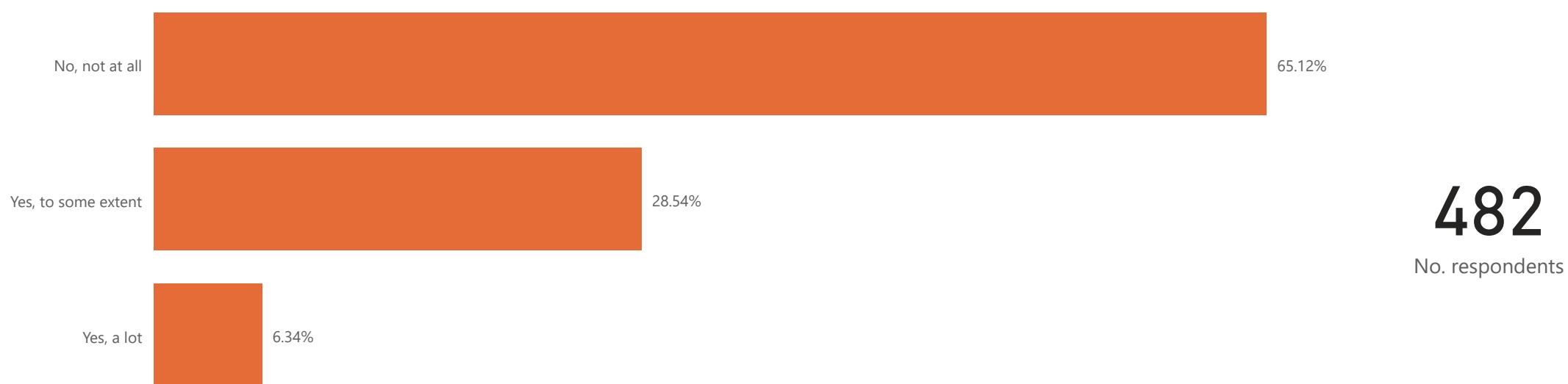
482

No. respondents

## Question 15. In the last 12 months, has caring caused you any financial difficulties?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold

Q15. In the last 12 months, has caring caused you any financial difficulties?



## **Section 4: Information and advice quality**

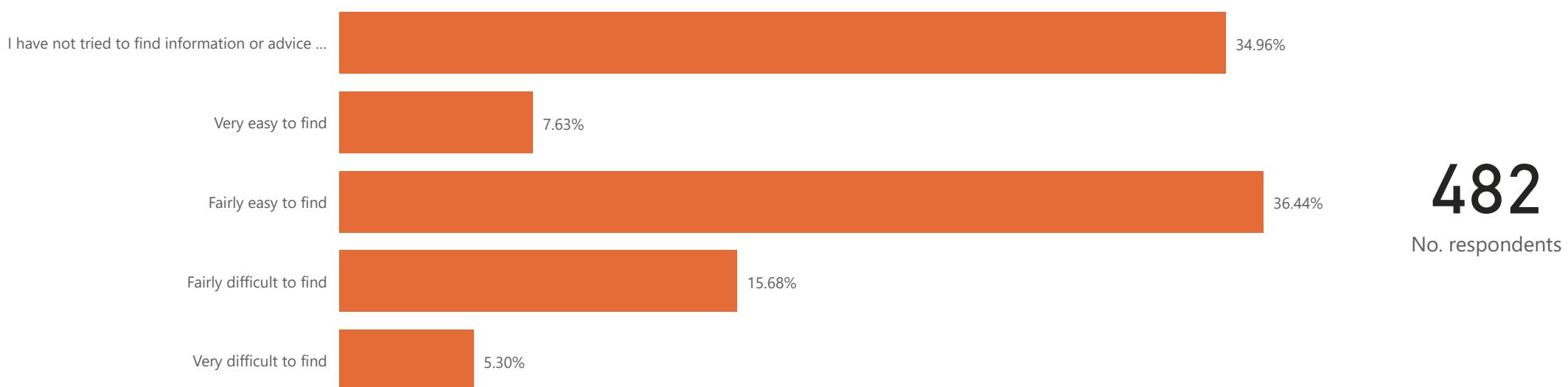
This is a dividing tab to denote the beginning of questions about carers' views on the quality of information and advice

**Question 16. In the last 12 months, have you found it easy or difficult to find information and advice about support, services or benefits? Please include information and advice from different sources, such as voluntary organisations and private agencies as well as Social Services.**

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold

Physical Support  
 Sensory Support  
 Social Support  
 Support with Memory and Cognition

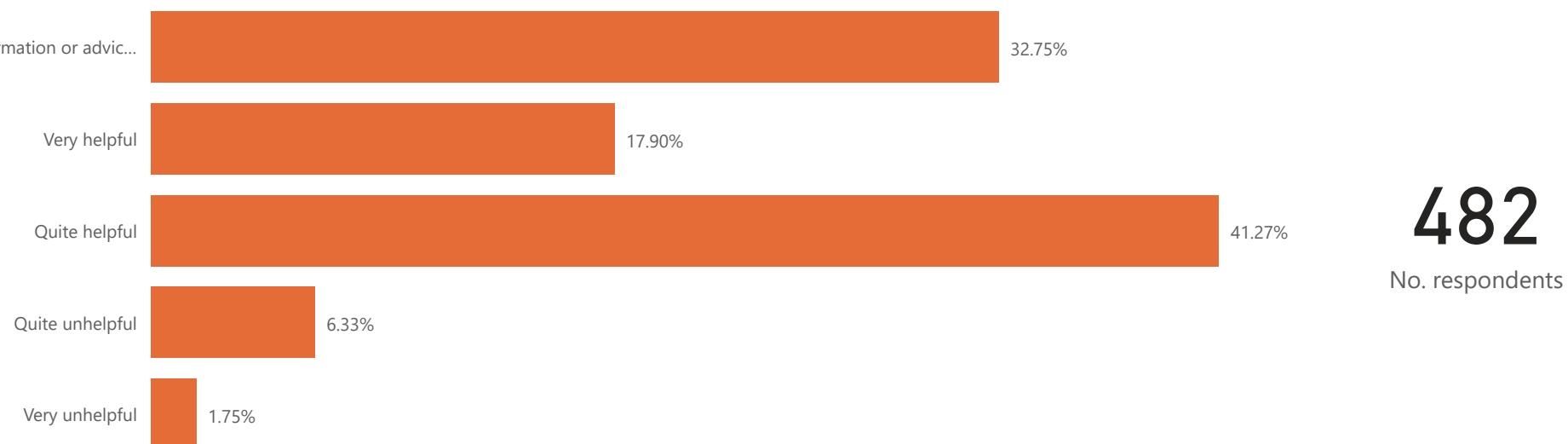
Q16. In the last 12 months, have you found it easy or difficult to find information and advice about support, services or benefits? (Include different sources, such as voluntary organisations and private agencies as well as Social Services)



**Question 17. In the last 12 months, how helpful has the information and advice you have received been? Please include information and advice from different sources, such as voluntary organisations and private agencies as well as Social Services.**

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury

Q17. In the last 12 months, how helpful has the information and advice you have received been? Please include information and advice from different organisations, such as voluntary organisations and private agencies as well as Social Services.



## Question 17a. What do you use to find information and advice about support, services or benefits?

### Survey Year

- 2021/22
- 2018/19

### Age Band\_Carer

- Age 18-64
- Age 65+

### Age Band\_Cared-for

- Age 18-64
- Age 65+

### Primary Support Reason of the cared-for

- Learning Disability Support
- Mental Health Support
- Physical Support
- Sensory Support
- Social Support
- Support with Memory and Cognition

### Q2[a]. Cared-for has Dementia

- Yes
- No

### District

- Cheltenham
- Cotswold
- Forest of Dean
- Gloucester
- Stroud
- Tewkesbury

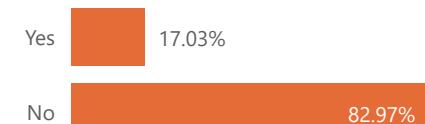
### Internet



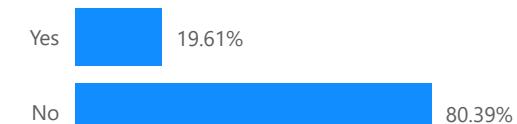
### Family and friends



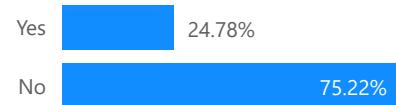
### Telephone helpline



### Leaflet/newsletter



### Advice from a voluntary or community group



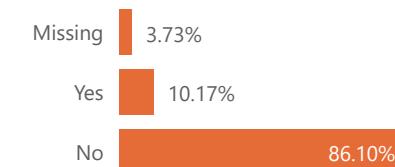
### Advice from a professional



### Other



### Not applicable



482

No. respondents

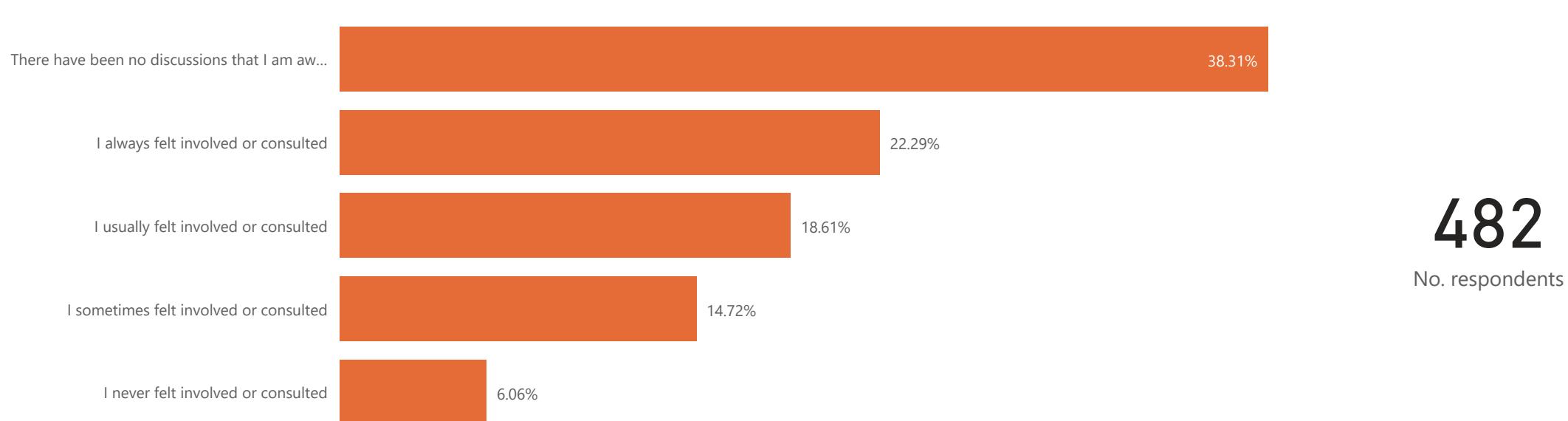
## **Section 5: Arrangement of support and services i**

This is a dividing tab to denote the beginning of questions about organising the support and services for the carer and the person they care for in last 12 months

**Question 18. In the last 12 months, do you feel you have been involved or consulted as much as you wanted to be, in discussions about the support or services provided to the person you care for?**

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Learning Disability Support <input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Cheltenham <input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury
<input type="radio"/> 2018/19					

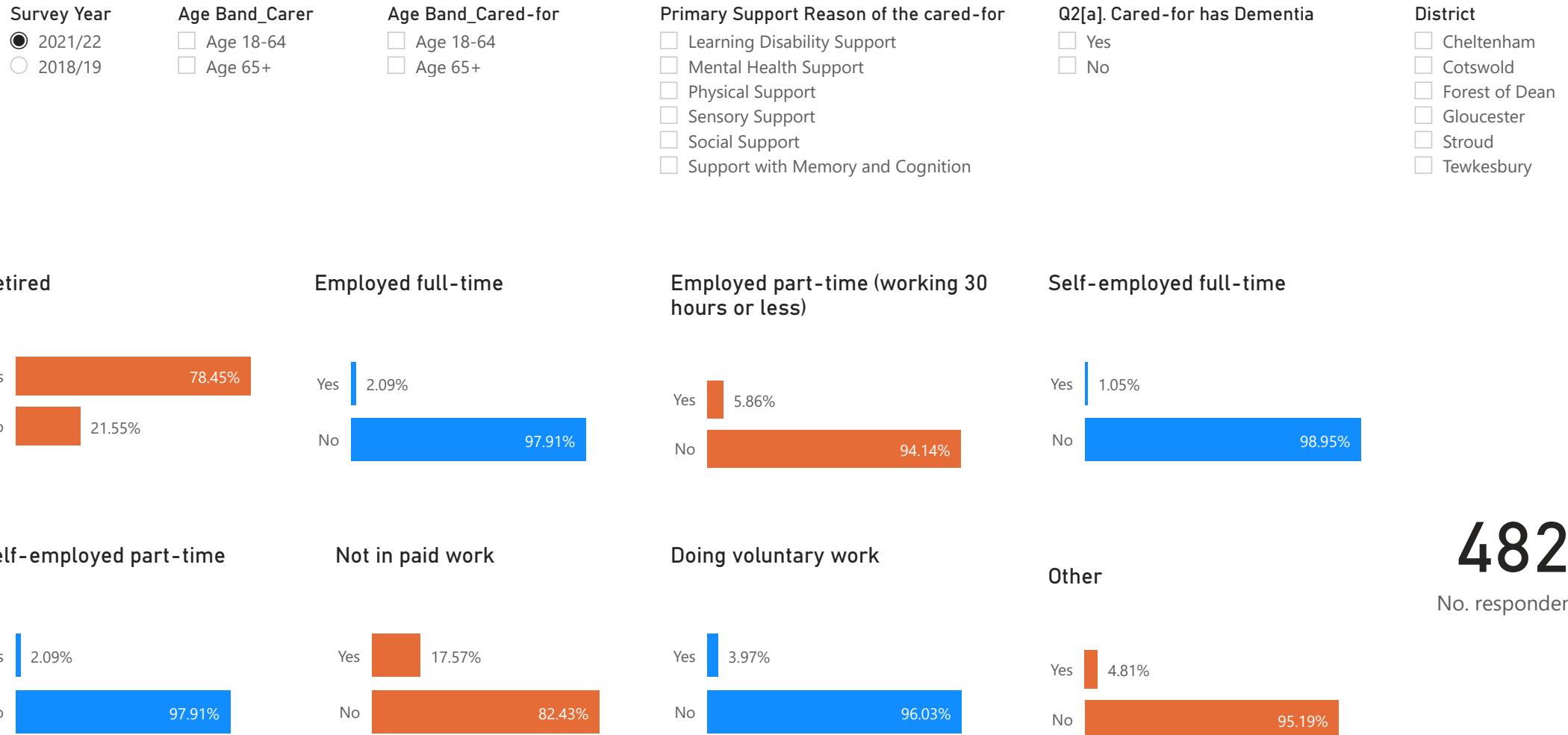
**Q18. In the last 12 months, do you feel you have been involved or consulted as much as you wanted to be, in discussions about the support or services provided to the person you care for?**



## **Section 6: About the carer**

This is a dividing tab to denote the beginning of questions designed to get a better picture of the types of carers who took part in the survey

## Question 19. In addition to your caring role, please tell us which of the following also applies to you?



## Question 20. Thinking about combining your paid work and caring responsibilities, which of the following statements best describes your current situation?

Survey Year

- 2021/22
- 2018/19

Age Band\_Carer

- Age 18-64
- Age 65+

Age Band\_Cared-for

- Age 18-64
- Age 65+

Primary Support Reason of the cared-for

- Learning Disability Support
- Mental Health Support
- Physical Support
- Sensory Support
- Social Support
- Support with Memory and Cognition

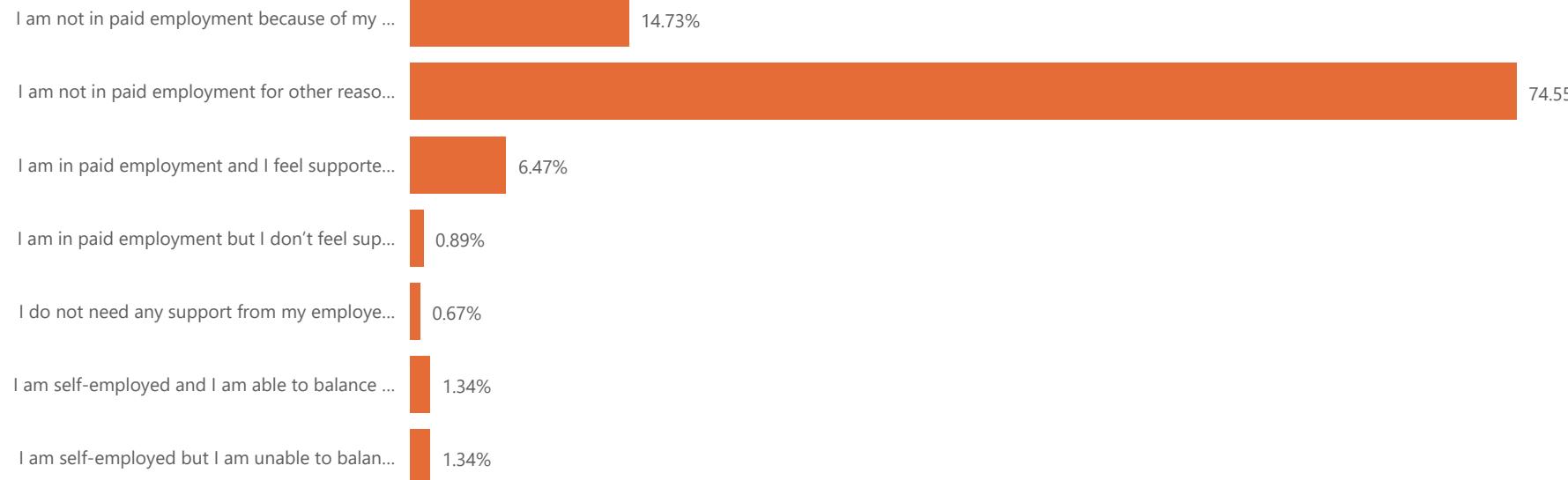
Q2[a]. Cared-for has Dementia

- Yes
- No

District

- Cheltenham
- Cotswold
- Forest of Dean
- Gloucester
- Stroud
- Tewkesbury

Q20. Thinking about combining your paid work and caring responsibilities, which of the following statements best describes your current situation?



482

No. respondents

## Question 21. About how long have you been looking after or helping the person you care for?

Survey Year, Q3...

✓  2021/22  
✓  2018/19

Age Band\_Carer

Age 18-64  
 Age 65+

Age Band\_Cared-for

Age 18-64  
 Age 65+

Primary Support Reason of the cared-for

Learning Disability Support  
 Mental Health Support  
 Physical Support  
 Sensory Support  
 Social Support  
 Support with Memory and Cognition

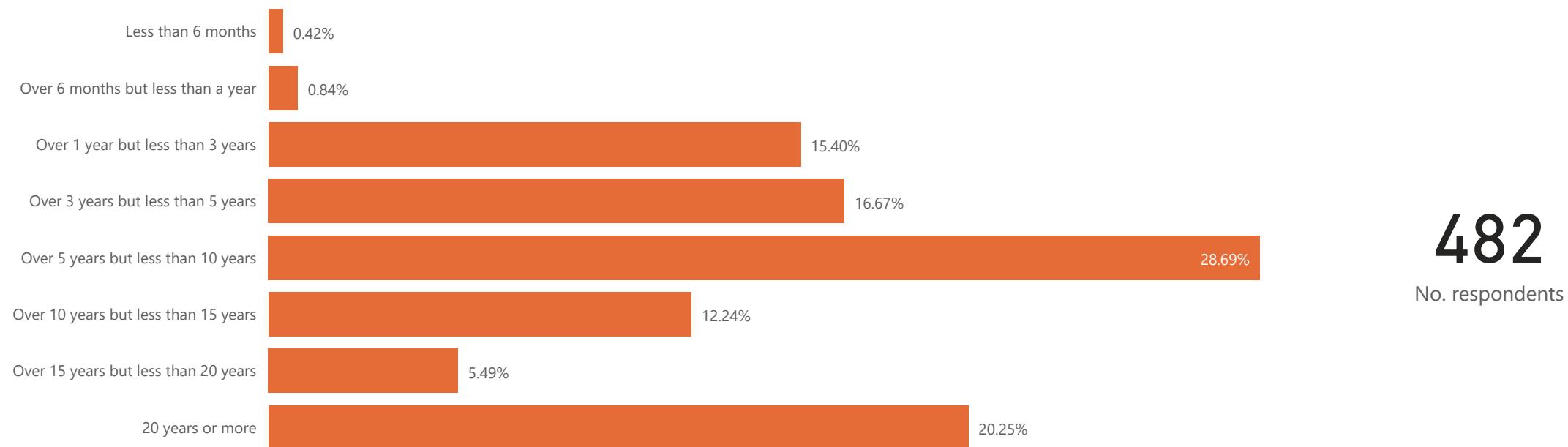
Q2[a]. Cared-for has Dementia

Yes  
 No

District

Cheltenham  
 Cotswold  
 Forest of Dean  
 Gloucester  
 Stroud  
 Tewkesbury

### Q21. About how long have you been looking after or helping the person you care for?



## Question 21a. Have you told your GP that you are a carer?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold
			<input type="checkbox"/> Physical Support		<input type="checkbox"/> Forest of Dean
			<input type="checkbox"/> Sensory Support		<input type="checkbox"/> Gloucester
			<input type="checkbox"/> Social Support		<input type="checkbox"/> Stroud
			<input type="checkbox"/> Support with Memory and Cognition		<input type="checkbox"/> Tewkesbury

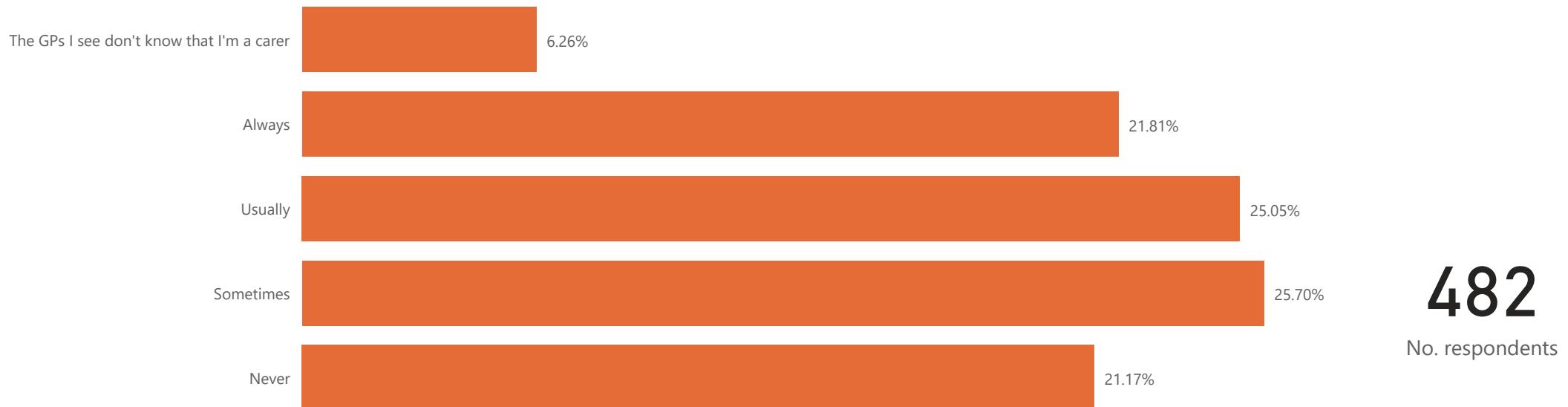
### Q21a. Have you told your GP that you are a carer?



## Question 21b. Overall, do you feel GPs support you in your role as a carer?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold

### Q21b. Overall, do you feel GPs support you in your role as a carer?



**Question 21c. Are you aware if you are entitled to a free flu jab? (You are entitled to a free flu jab if you are the main carer for an elderly or disabled person who may be put at risk if you fall ill, or if you are in receipt of Carer's Allowance.)**

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Learning Disability Support <input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Cheltenham <input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury
<input type="radio"/> 2018/19					

Q21c. Are you aware if you are entitled to a free flu jab? You are entitled to a free flu jab if you are the main carer for an elderly or disabled person who may be put at risk if you fall ill, or if you are in receipt of Carer's Allowance.



## Question 22. About how long do you spend each week looking after or helping the person you care for?

### Survey Year

- 2021/22
- 2018/19

### Age Band\_Carer

- Age 18-64
- Age 65+

### Age Band\_Cared-for

- Age 18-64
- Age 65+

### Primary Support Reason of the cared-for

- Learning Disability Support
- Mental Health Support
- Physical Support
- Sensory Support
- Social Support
- Support with Memory and Cognition

### Q2[a]. Cared-for has Dementia

- Yes
- No

### District

- Cheltenham
- Cotswold
- Forest of Dean
- Gloucester
- Stroud
- Tewkesbury

### Q22. About how long do you spend each week looking after or helping the person you care for?



## Question 23. Over the past 12 months, what kinds of things did you usually do for the person you care for?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold

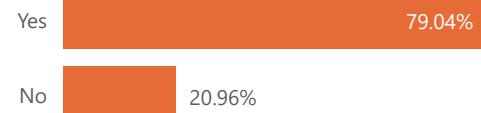
Physical Support

Sensory Support

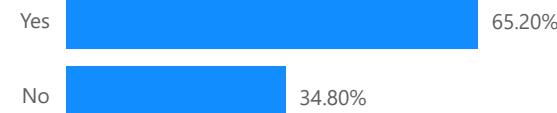
Social Support

Support with Memory and Cognition

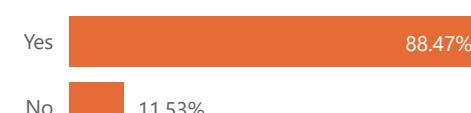
Personal care



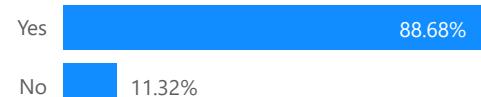
Physical help



Helping with dealing with care services and benefits



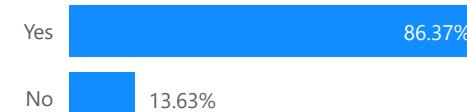
Helping with paperwork or financial matters



Other practical help



Keeping him/her company



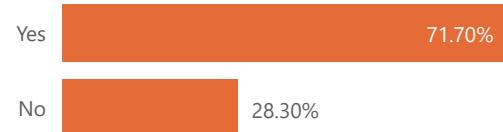
482

No. respondents

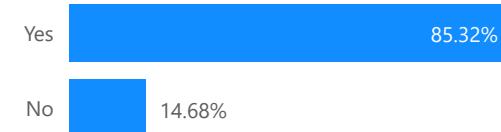
## Question 23 (cont'd). Over the past 12 months, what kinds of things did you usually do for the person you care for?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Learning Disability Support <input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Cheltenham <input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury
<input type="radio"/> 2018/19					

Taking him/her out



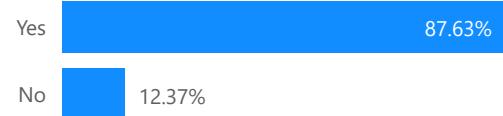
Giving medicines



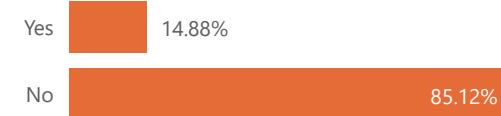
Keeping an eye on him/her to see he/she is all right



Giving emotional support



Other help

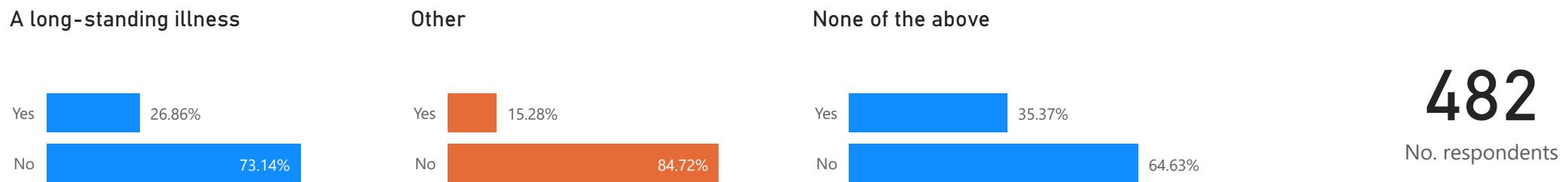
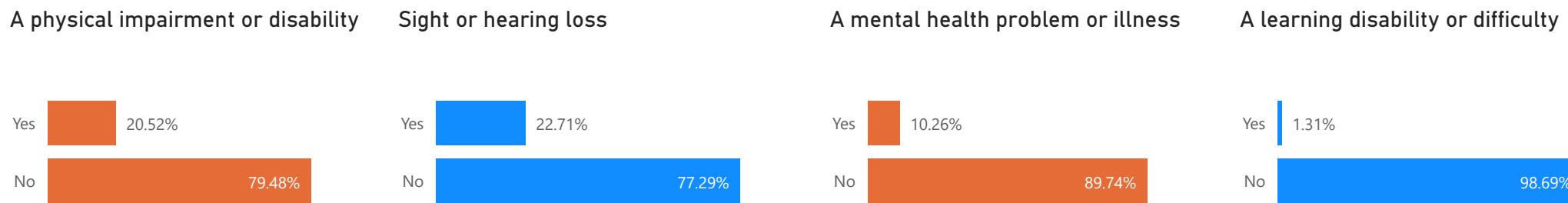


482

No. respondents

## Question 24. Do you have any of the following?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Learning Disability Support <input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Cheltenham <input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury
<input type="radio"/> 2018/19					



## Question 25. How old are you?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold

### Q25. How old are you?

2000

1500

1000

500

0

20 40 60 80 100

### Age Band\_Carer

77.18%

Age 65+

22.82%

Age 18-64

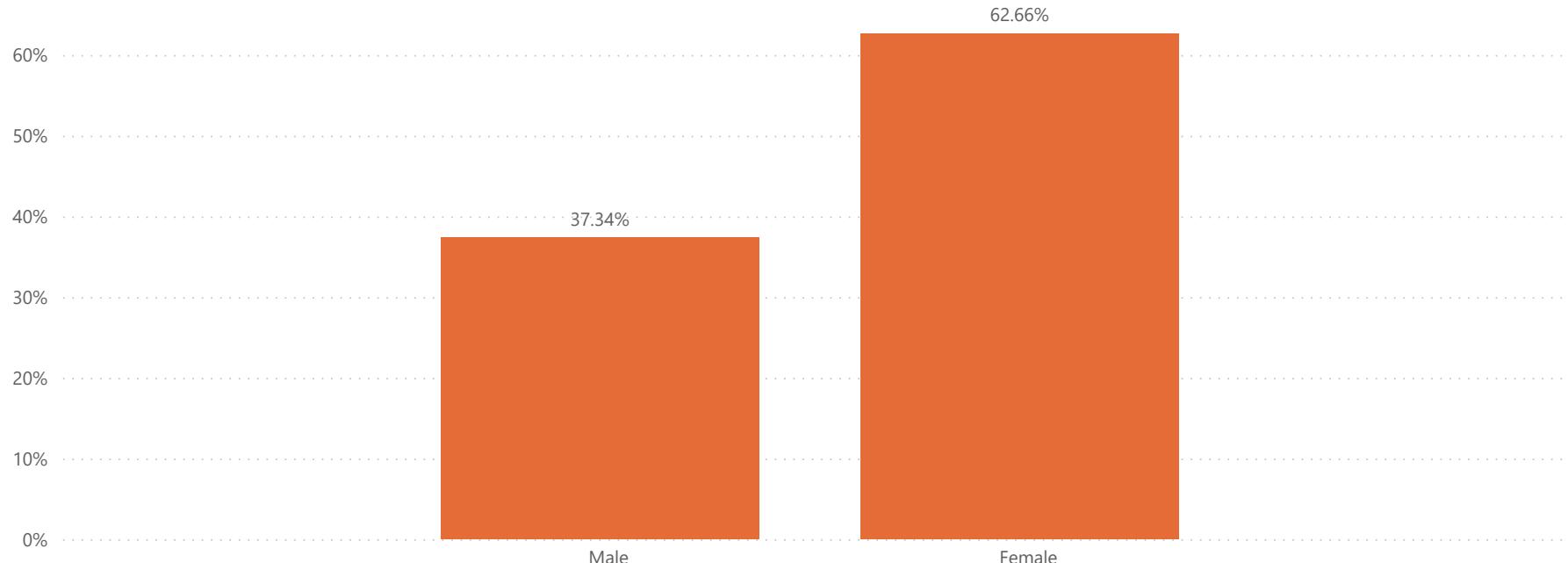
482

No. respondents

## Question 26. Are you male or female?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold
			<input type="checkbox"/> Physical Support		<input type="checkbox"/> Forest of Dean
			<input type="checkbox"/> Sensory Support		<input type="checkbox"/> Gloucester
			<input type="checkbox"/> Social Support		<input type="checkbox"/> Stroud
			<input type="checkbox"/> Support with Memory and Cognition		<input type="checkbox"/> Tewkesbury

### Gender - Carer



482

No. respondents

## Question 27. How many children aged 18 or under do you have parental responsibility for?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold

Q27. How many children aged 18 or under do you have parental responsibility for?



## Question 28. To which of these groups do you consider you belong?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold

### Q28. To which ethnic group do you consider you belong?



## Question 29. Did someone help you to complete this questionnaire?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
<input checked="" type="radio"/> 2021/22	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Age 18-64	<input type="checkbox"/> Learning Disability Support	<input type="checkbox"/> Yes	<input type="checkbox"/> Cheltenham
<input type="radio"/> 2018/19	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 65+	<input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> No	<input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury

Q29. Did someone help you to complete this questionnaire?



482

No. respondents

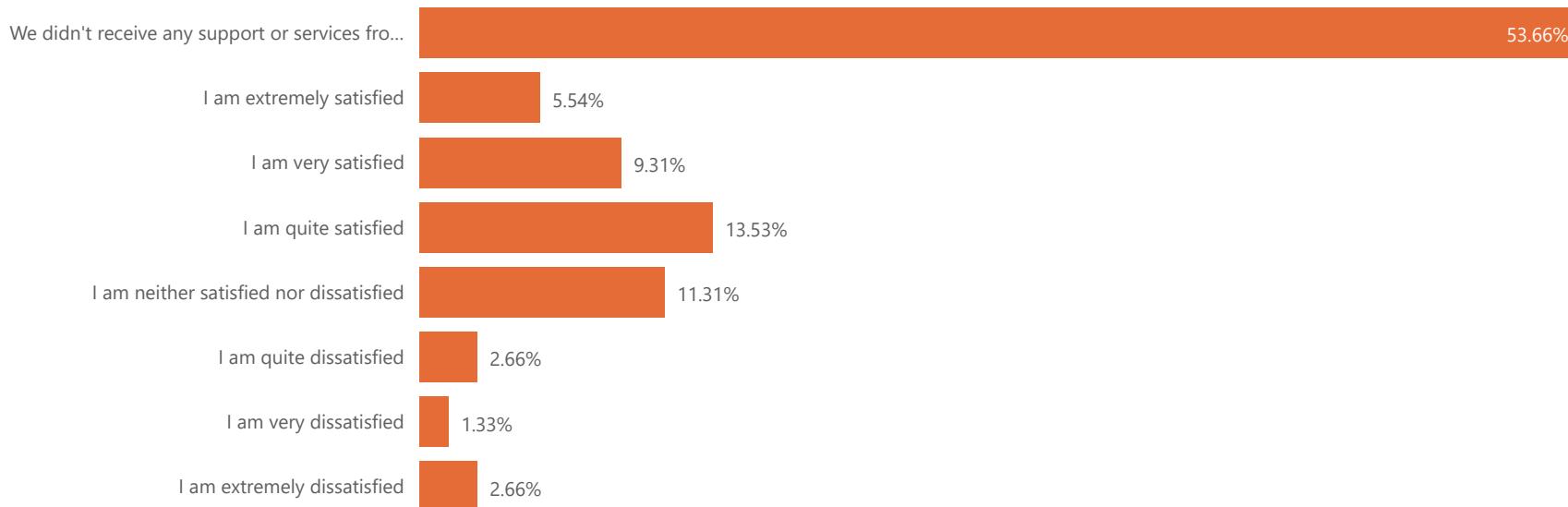
## **Section 7: The pandemic**

This is a dividing tab to denote the beginning of questions about the carer's experiences of the Coronavirus (COVID-19) pandemic since March 2020

## Question 30. Thinking about your experiences during the Coronavirus (COVID-19) pandemic, how satisfied or dissatisfied are you with the support or services you and the person you care for have received from Social Services?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
2021/22	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Learning Disability Support <input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Cheltenham <input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury

Q30. Thinking about your experiences during the Coronavirus (COVID-19) pandemic, how satisfied or dissatisfied are you with the support or services you and the person you care for have received from Social Services?



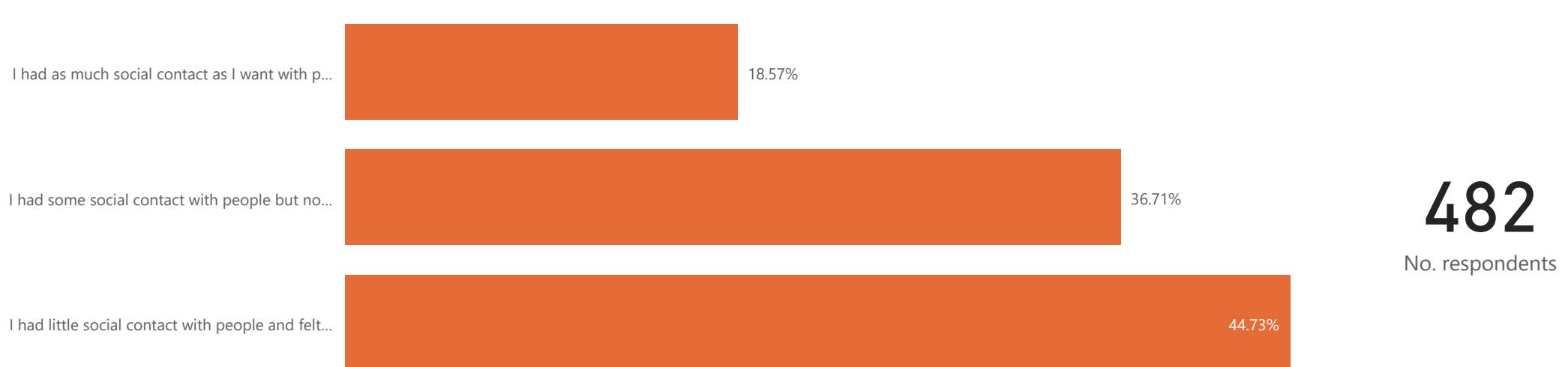
482

No. respondents

## Question 31. Thinking about how much social contact you had with people you like during the Coronavirus (COVID-19) pandemic, which of the following statements best describes your social situation during this time?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
● 2021/22	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Learning Disability Support <input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Cheltenham <input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury

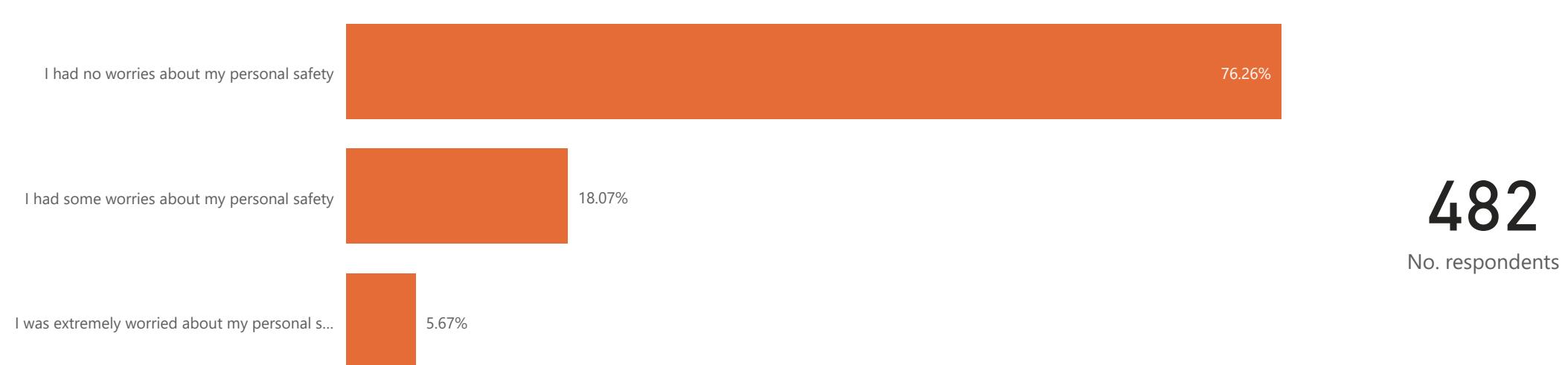
Q31. Thinking about how much social contact you've had with people you like during the Coronavirus (COVID-19) pandemic, which of the following statements best describes your social situation during this time?



## Question 32. Thinking about your personal safety during the Coronavirus (COVID-19) pandemic, which of the following statements best describes how you felt during this time?

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
● 2021/22	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Learning Disability Support <input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Cheltenham <input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury

Q32. Thinking about your personal safety during the Coronavirus (COVID-19) pandemic, which of the statements best describes how you felt during this time? By 'personal safety' we mean feeling safe from fear of abuse, being attacked or other physical harm.



**Question 33. Thinking about your experiences during the Coronavirus (COVID-19) pandemic, did you feel you were involved or consulted as much as you wanted to be, in discussions about the support or services provided to the person you care for?**

Survey Year	Age Band_Carer	Age Band_Cared-for	Primary Support Reason of the cared-for	Q2[a]. Cared-for has Dementia	District
● 2021/22	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Age 18-64 <input type="checkbox"/> Age 65+	<input type="checkbox"/> Learning Disability Support <input type="checkbox"/> Mental Health Support <input type="checkbox"/> Physical Support <input type="checkbox"/> Sensory Support <input type="checkbox"/> Social Support <input type="checkbox"/> Support with Memory and Cognition	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Cheltenham <input type="checkbox"/> Cotswold <input type="checkbox"/> Forest of Dean <input type="checkbox"/> Gloucester <input type="checkbox"/> Stroud <input type="checkbox"/> Tewkesbury

**Q33. Thinking about your experiences during the Coronavirus (COVID-19) pandemic, did you feel you were involved or consulted as much as you wanted to be, in discussions about the support or services provided to the person you care for?**

