



Carer
Aware

Gloucestershire County Council

Gloucestershire Survey of Adult Carers

2023/2024

Councils with Adult Social Services responsibilities in England are legally required to carry out a postal survey of carers every two years. This document outlines the key findings of the 2023-2024 survey for Gloucestershire.

Forward

Adult Social Care welcomes the findings from this survey which asked for feedback from people who provide care and receive support from adult social care. Overall, the findings are similar to other feedback we have received in the last year including a Local Government Association Peer Challenge (Sept 2023), Healthwatch report on Adult Social Care (October 2023), our preparation and engagement in writing our self-assessment for Care Quality Commission Inspection processes as well as our Provider Gloucestershire Carers Hub engagement results.

While we are pleased to see high levels of consultation with carers, there is always more we can do to improve their lives, such as tackling loneliness and supporting increased social interactions. This survey provides us with evidence to support our continuous improvement plan and priorities as we develop our Carers Strategy over the next year. More importantly it plays a crucial part in how we hear from people with lived experience of adult social care. We thank those people and their networks of support who took the time to complete the survey.

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Gloucestershire County Council

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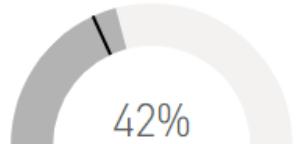
Key Findings: Based on 437 carers

Black line denotes Gloucestershire 2020/21 score.

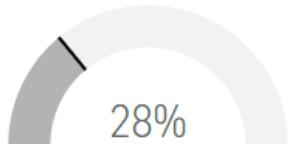
Adult Social Care Outcomes Framework (ASCOF) Measures



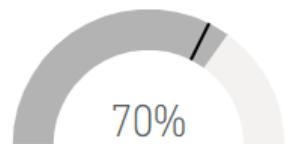
41.8% of carers were very or extremely satisfied with the support or services received in the last 12 months.



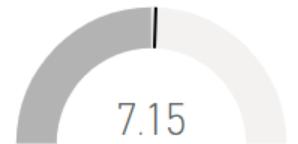
28% of carers felt they had as much social contact as they would like.



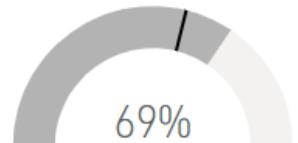
70% of carers felt they have been as consulted as much as they wanted, in discussions about the person they care for in the last 12 months.



A 'Quality of Life' score is calculated from various survey answers. The Average was 7.15.



69% said it was Very or Fairly Easy to find information and advice about support, services, or benefits.



Other Findings



17% said they felt they were neglecting themselves.



12% said they often or always felt lonely.



17% said they had concerns about their personal safety.



33% said they felt they had enough encouragement and support.



1. Introduction

The Adult Social Care Carers Survey asks carers questions about their quality of life and the impact that caring and the support services they receive from adult social care have on them. This report uses data collected from 437 people who took part in the survey to make estimates to the whole population of carers.

The survey was sent to 841 people. It was completed by 437 people (52%). (This represents a 3.7% margin of error.) The response rate was a bit lower than in 2021/22 (57%), but higher than in 2018/19 (47%) as shown by **Error! Reference source not found..**

More people completing the survey in 2021 could be linked to people working from home when the survey was running, and the pandemic also meant that people potentially had more free time to complete and return the survey.

Help with completing the form

Although no one requested assistance with completing the form, we provided the following support options:

- Adults Helpdesk: Available to advise and support.
- Interviews: Conducted to offer personalized help.
- NHS England: Provided independent advocacy services.

For future surveys, we're looking into working with NHS Digital to create electronic versions that people using screen readers can take part in.

Figure 2 shows how many questionnaires were sent out, received, and the response rate for each area. The sample was randomly chosen from the population and Gloucester had the most carers being sent a copy (21% - the average was 17%). Even though Gloucester received the most questionnaires, they had the lowest number of carers who completed and returned it (46%).

FIGURE 1 RESPONSE RATE

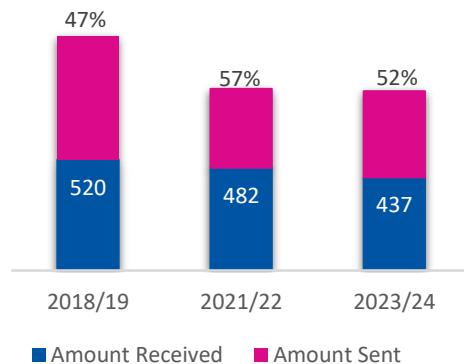
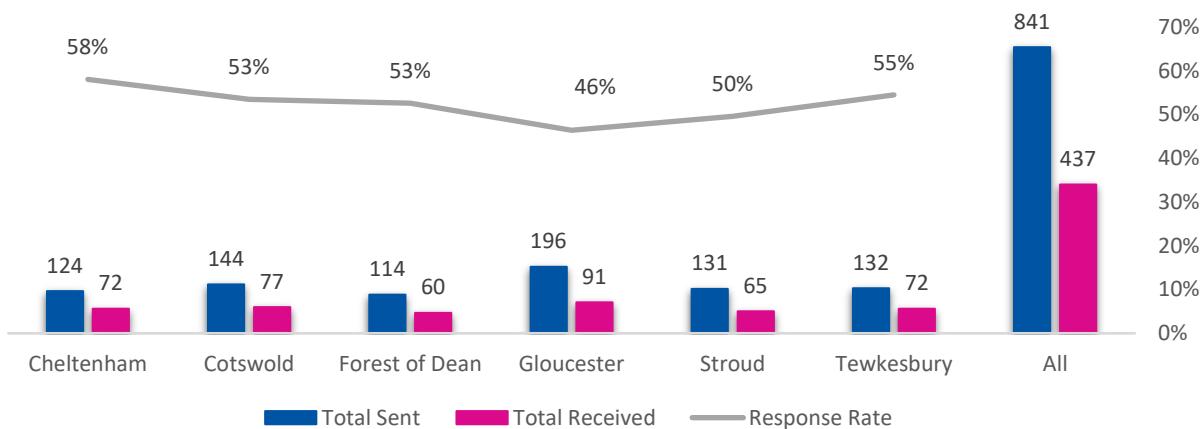


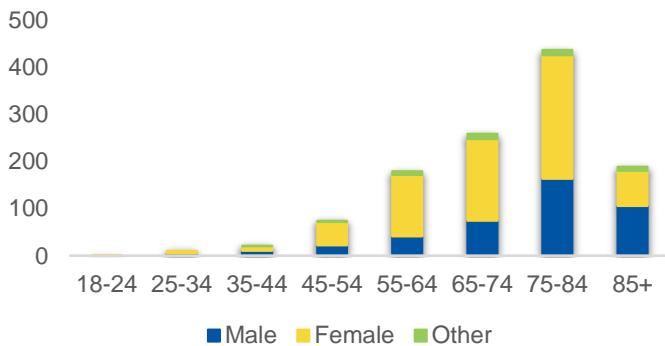
FIGURE 1 - RESPONSE RATE BY AREA



2. Demographics

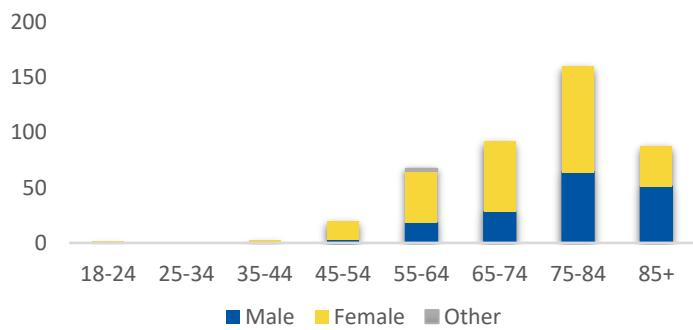
As of 5 September 2023 we had 1170 carers registered on our case management system (LAS). We know there are more carers registered with Gloucestershire Carers Hub, but we don't have enough details to share the survey with them. We are working to align our data sources, to get a better understanding of all carers.

FIGURE 2 - GENDER AND AGE GROUP OF POPULATION



For people registered on our case management system, figure 2 demonstrates the Gender/Age for whole population, figure 3 the Age/Gender for people who completed the survey, and figure 4 shows their ethnicity.

FIGURE 3 - AGE AND GENDER OF CARERS



61% of people who completed the survey were female, which is in line with the carers information in our case recording system (LAS). The age groups are also all within 6% variance to the population figures.

FIGURE 4 - ETHNICITY OF CARERS

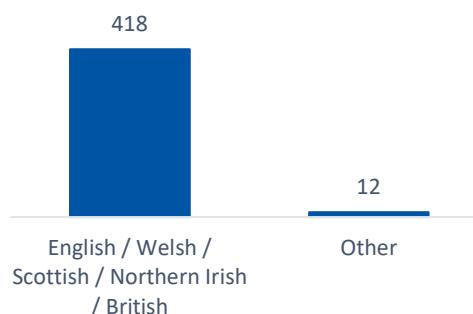


Figure 4 shows the ethnicity of the 437 people who completed the survey. Since there are fewer than 5 people in each ethnic group, we can't report on each group separately. Instead, we've grouped them all together as 'other'.

3. Findings

How long have you been a carer?

Figure 6 shows how long people have been caring. Fewer people in the '1 year or less' group responded, likely because the survey is sent to more long-term carers who are recorded in our system as using Adult Social Care services. This means they or the people they care for might have greater needs or have been caring longer.

FIGURE 5 - HOW LONG HAVE YOU BEEN A CARER?

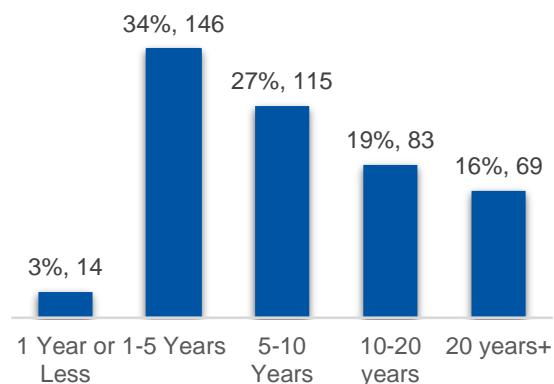
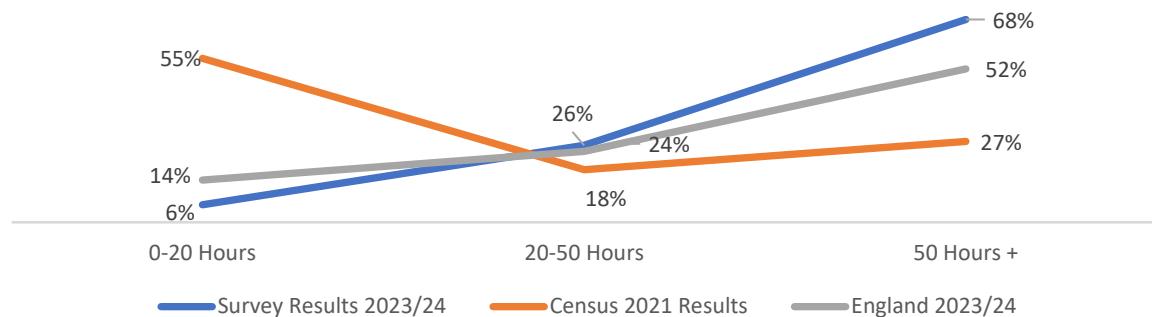


Figure 7 shows how many hours people care per week. In our sample, most people (68%) care for over 50 hours a week. This is different from the 2021 census data, which shows 55% of carers provide under 20 hours (compared to 6% in our sample) and 27% provide 50 hours or more. This difference might be because our sample includes carers with Adult Social Care services, who have greater care needs.

FIGURE 6 -OURS PER WEEK SPENT CARING (FARERS SURVEY 2023) COMPARED WITH CENSUS DATA 2021



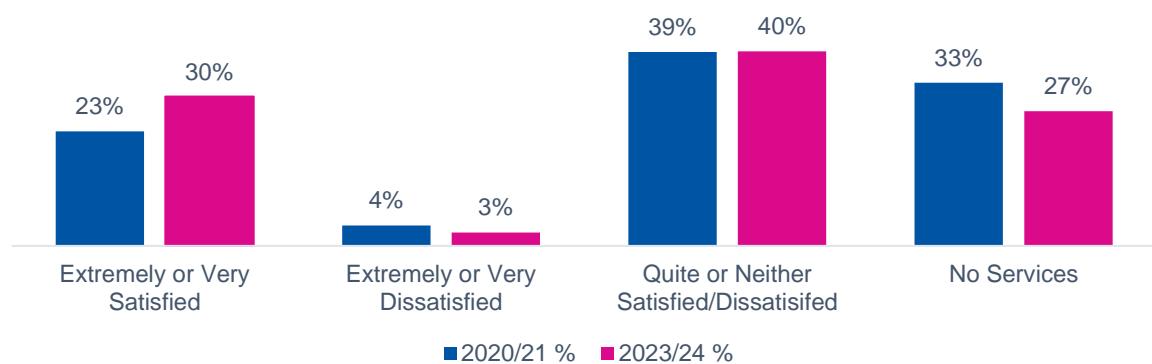
We might be missing the voice of many part-time carers in this survey. We are working to fix this by doing another survey with Gloucestershire Carers Hub and improving our data quality and inclusion for the next national Carers Survey in 2025.

Satisfaction

Overall, how satisfied, or dissatisfied are you with the support or services you and the person you care for have received from Social Services in the last 12 months?

42% of carers who answered the above question, said they were Extremely or Very satisfied with the service/s they have received. On the other end of the scale, 4% said they were 'Extremely' or 'Very' dissatisfied. The other options were 'Quite' Satisfied/Dissatisfied or 'Neither Satisfied nor Dissatisfied'.

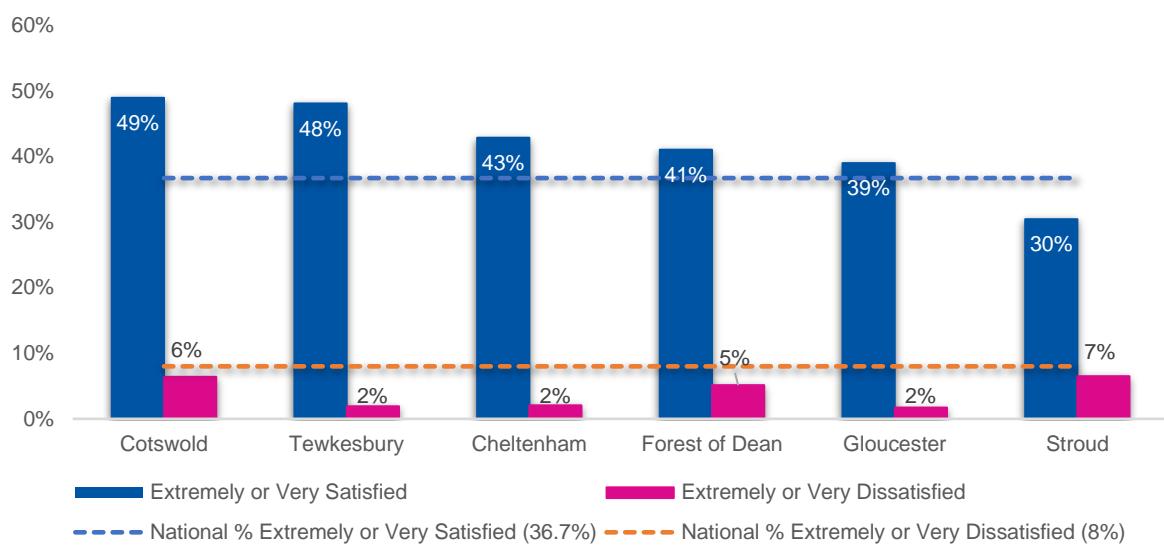
FIGURE 7 - PERCENTAGE OF RESPONSES WITH ALL SATISFACTION ANSWERS



"When we look at satisfaction levels by area (see Figure 9), Stroud has the lowest satisfaction (30%) and the highest dissatisfaction (7%). It's the only area below the England average for this question.

The Cotswolds has the highest satisfaction (49%) but also a high dissatisfaction (6%), showing more varied opinions in that district.

FIGURE 8 - SATISFACTION BY LOCALITY

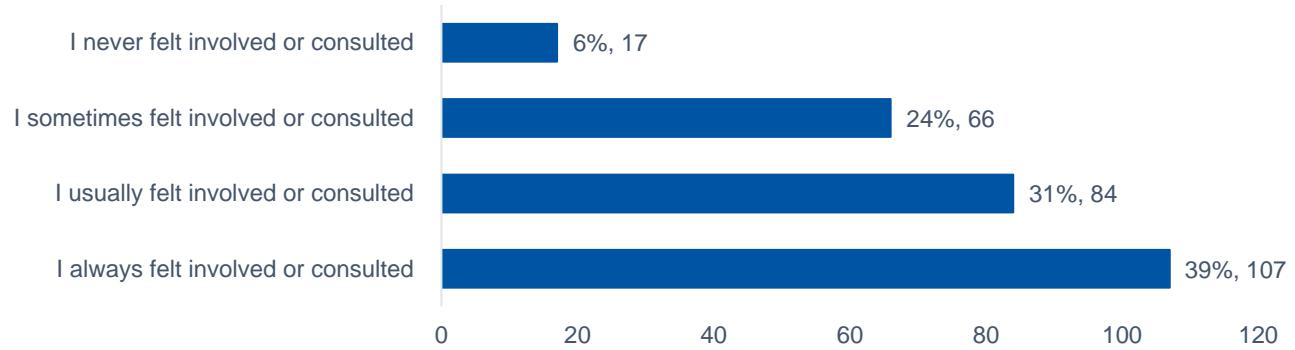


Overall satisfaction in services has increased 7% since the 2021/22 survey and the average for England in 2021/22 was 36%.

3.1. How we work with people

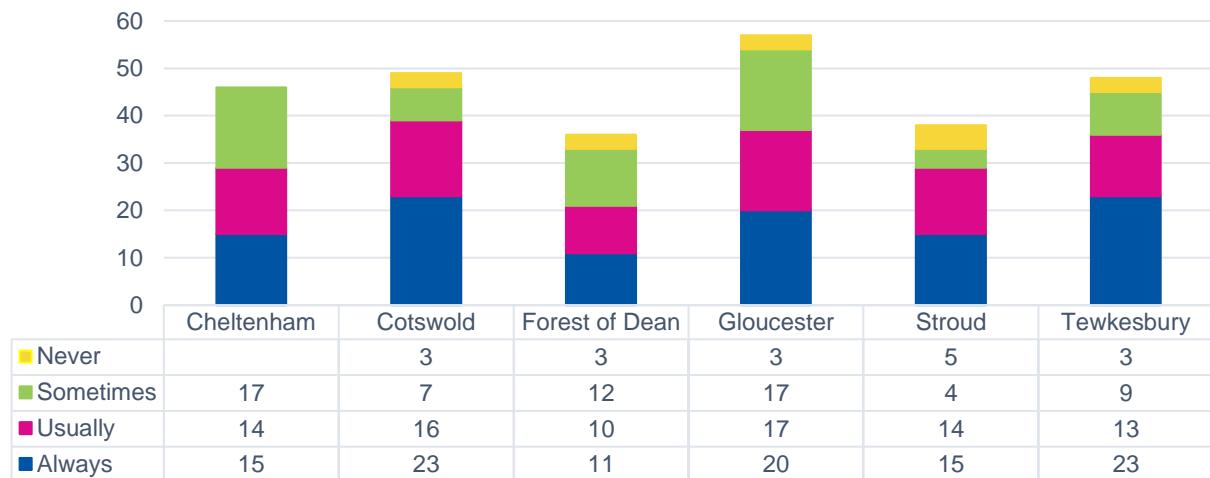
Out of 274 people, 191 (70%) said they were always or usually consulted in professional discussions about the person they care for. This is an ASCOF measure and has increased by 3% since the 2021/22 survey, and it's 5% higher than England's score in 2021/22.

FIGURE 9 - DO YOU FEEL YOU HAVE BEEN INVOLVED / CONSULTED AS MUCH AS YOU WANTED TO BE?



The results by area, suggest that carers in the Cotswolds and Tewkesbury are more likely to always be consulted as much as they would like to be. Stroud sees a slightly higher number of carers who are 'never' consulted, but these are low across all areas.

FIGURE 10 - FEELING CONSULTED BY LOCALITY



3.2. How we support people

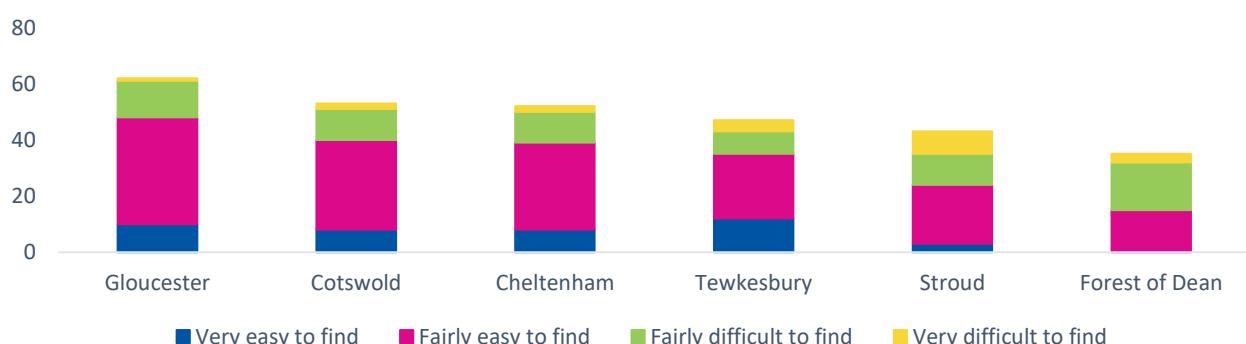
Finding Information

In the last 12 months, have you found it easy or difficult to find information and advice about support, services, or benefits?

69% of carers who answered the above question said they found it 'very' or 'fairly' easy to find. Of these, 80% selected 'fairly easy to find' and 20% selected 'very easy to find'.

Examining the data by area suggests that carers in the Forest of Dean find it harder to find information, with 57% of people from this area suggesting this is very or fairly difficult to find. Tewkesbury had the highest percentage of people finding it very easy to find information (26%).

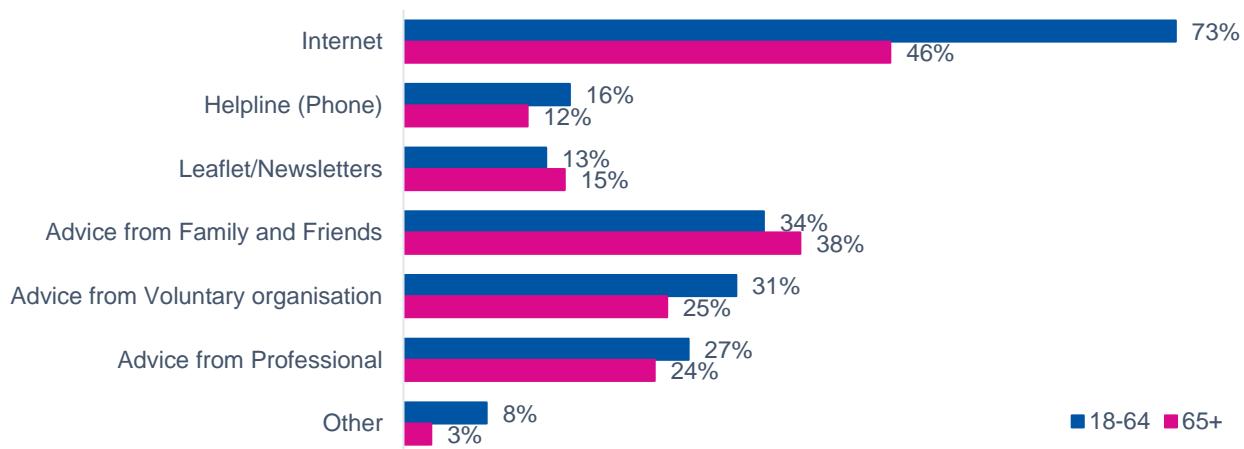
FIGURE 11 - EASE OF FINDING INFORMATION BY LOCALITY



The percentage of people who found it easy to get information has increased since the 2021/22 and 2018/19 surveys. It's also higher than the England average in 2021/22 (58%). When asked about the helpfulness of information or advice received in the last 12 months, 89% found it helpful and 11% found it unhelpful. By area, Tewkesbury had a higher-than-average helpfulness rating (98%), while the Cotswolds were slightly below average at 82%.

When asked where they go for information and advice, most people said the internet, especially working-age adults (60%). Family and friends were the next most popular (39%). The least used were telephone helplines (16%) and leaflets/newsletters (17%).

FIGURE 12 - PERCENTAGE OF PARTICIPANTS (WHO STATED THEIR AGE) WHO STATED THEY USED METHODS OF FINDING INFORMATION



Support Services

Gloucestershire County Council added some additional questions to this national survey to help understand more about the support offered from GPs and Gloucestershire Carers Hub.

Have you informed your GP you are a Carer?

The first additional question asked if the carer had informed their GP that they are a carer and 94% of people who answered this question said they had.

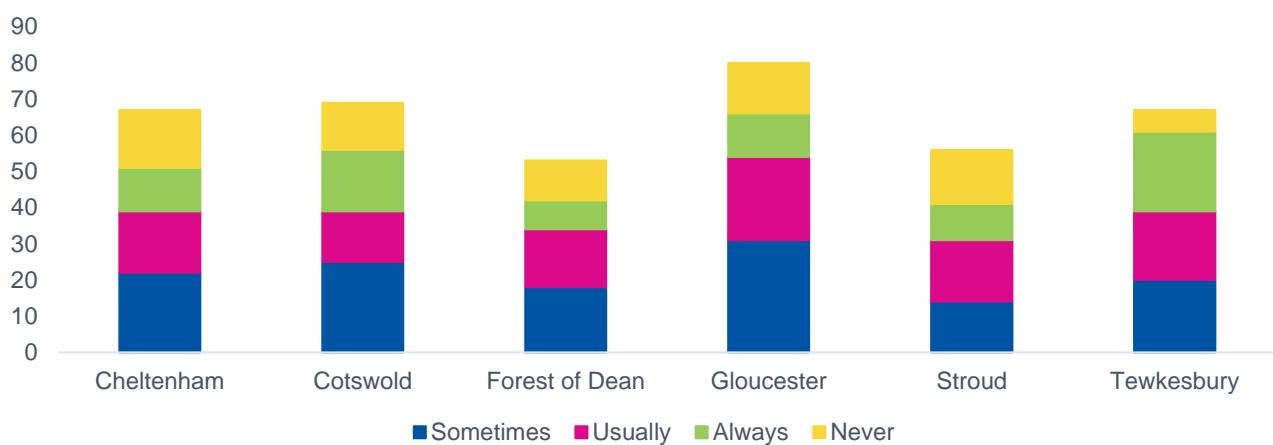
Of the 4% who want to share this information with their GP, but have not done so yet, the majority (1.41%, Average = 0.7%) were in Gloucester. 2% did not want to share this information with their GP.

How supported are you by your GP in your caring role?

Another additional question asked how supported they were in their caring role, specifically from their GP. Just under half of the people who answered said they were 'always' or 'usually' supported by their GP. Tewkesbury had the highest number of people who 'always' felt supported by their GP (Tewkesbury = 27%, Average = 17%).

Of the 19% of carers who said they were 'never' supported, Cheltenham had the highest number with 16 people never feeling supported. See figure 14.

FIGURE 13 - DO YOU FEEL SUPPORTED BY YOUR GP IN YOUR ROLE AS A CARER?



Are you aware of Gloucestershire Carers Hub?

We were pleased to see that 98% of carers knew about Gloucestershire Carers Hub, with only 8 people unaware. Six of these 8 were from the Forest of Dean and the Cotswolds, where Gloucestershire Carers Hub have experienced less engagement from the public.

Our sample is based on people with an Adult Social Care referral who may have greater needs. It would be valuable to understand this question from those not registered with Adult Social Care.

Are you registered Gloucestershire Carers Hub?

Of the 433 carers who answered this question, 380 (88%) were registered, 9 (2%) were not registered and 44 (10%) did not know.

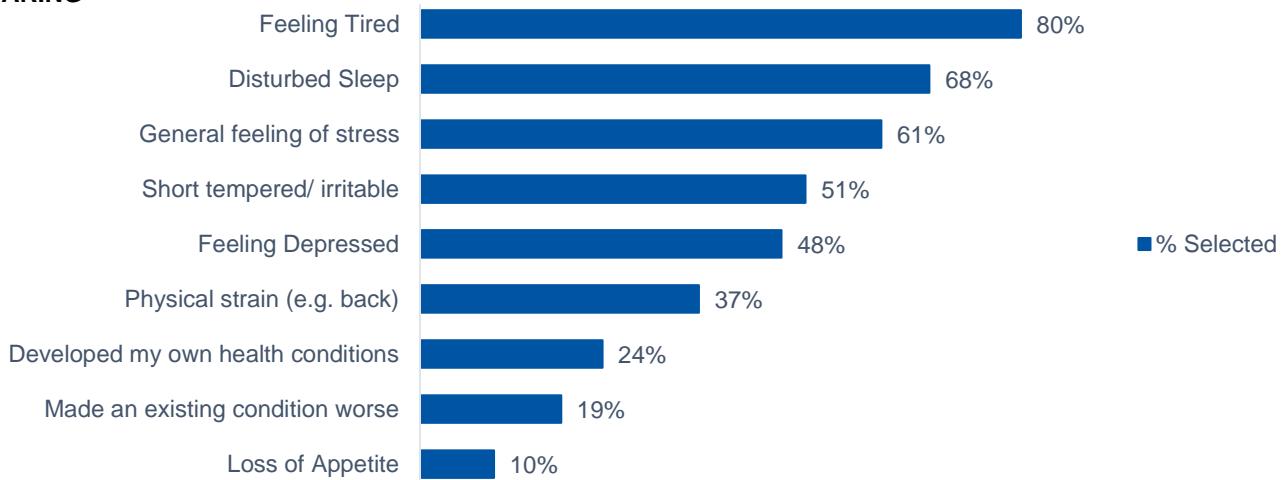
By area, the highest percentage of carers who are either not registered or unsure if they are registered are in the Forest of Dean.

Health Impacts of Caring

The questionnaire asks carers to state how caring has negatively impacted their health. Only 7% (31) of carers said their health was not negatively impacted. figure 16 shows the percentage of 406 participants who selected an impact. NB: You could select as many impacts as necessary.

Recommendation: Future question to consider the positives of the caring role.

FIGURE 14 - PERCENTAGE OF PARTICIPANTS WHO HAVE EXPERIENCED THE FOLLOWING IMPACTS DUE TO CARING



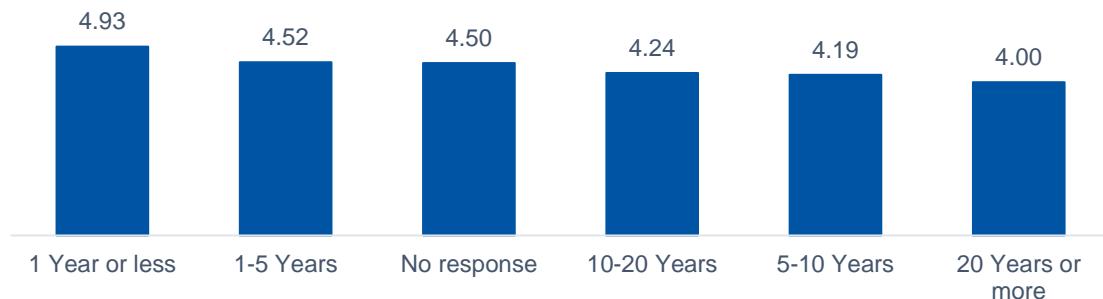
When we look at the impact of caregiving by age, carers aged 18-64 reported more health issues than those aged 65 and older. Except for 'Physical Strain,' the 18-64 group had higher rates of all health impacts. Notably, 10% more people aged 18-64 reported 'Disturbed Sleep' compared to older carers. This might be due to the added stress of balancing caregiving responsibilities with work. However, we don't have data on the extra support these carers might be receiving, like home care or respite services, so we can't draw firm conclusions.

Recommendation: Future surveys should compare the impact results with the use of support services to better understand the factors affecting caregiving experiences across different age groups.

To understand the effects better, an impact score was created. This score is based on the number of issues a person reported. For example, if someone reported feeling tired and experiencing physical strain, their score would be 2.

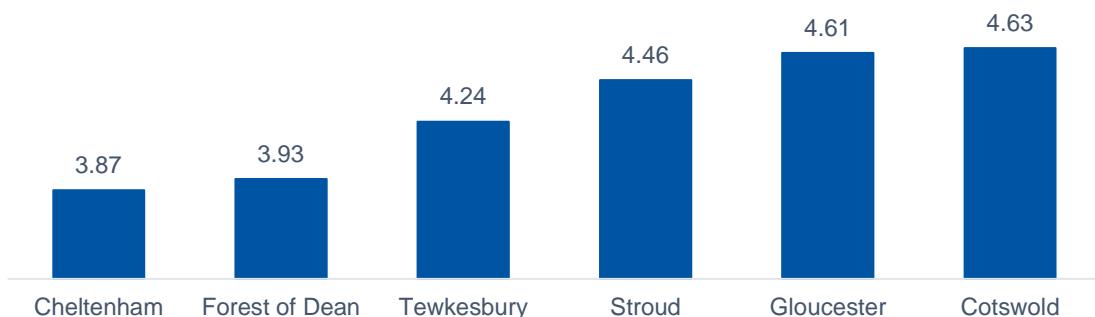
On average, the impact score was 4.3. People aged 18-64 had the highest average score of 4.6, while those aged 65 and older had an average score of 4.2. The impact score tends to decrease the longer someone has been caring for others, as shown in Figure 17.

FIGURE 15 - AVERAGE IMPACT SCORE, BY LENGTH OF TIME CARING



When we look at impact score by area, this shows higher impacts in Cotswold (Average of 4.6) and lower in Cheltenham (Average of 3.9), see figure 18.

FIGURE 16 - AVERAGE IMPACT SCORE, BY LOCALITY



It is important to note, that this survey only asked about negative impacts. As a local authority, we are keen to understand the positive impacts as well. This is something we have addressed in a recent survey conducted as part of our commissioning of the Gloucestershire Carers Hub service.

3.3. How we keep people safe

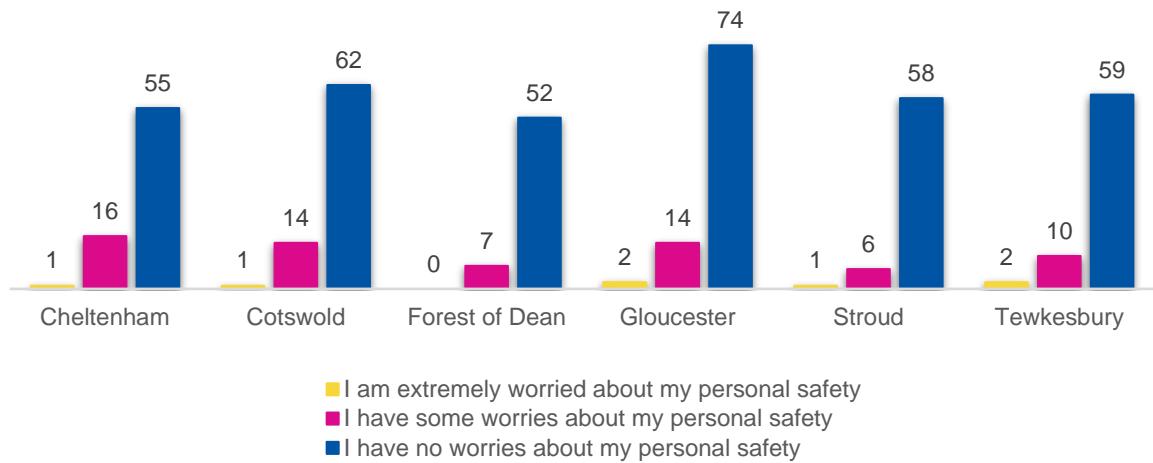
Safety and Wellbeing

There were several questions which asked about the carer's feeling of safety and wellbeing.

Among those who answered the questions, 72% felt they didn't have enough social contact, 12% often or always felt lonely, and 1.6% were extremely worried about their personal safety. If someone was extremely worried about their safety, we followed up according to SACE guidelines.

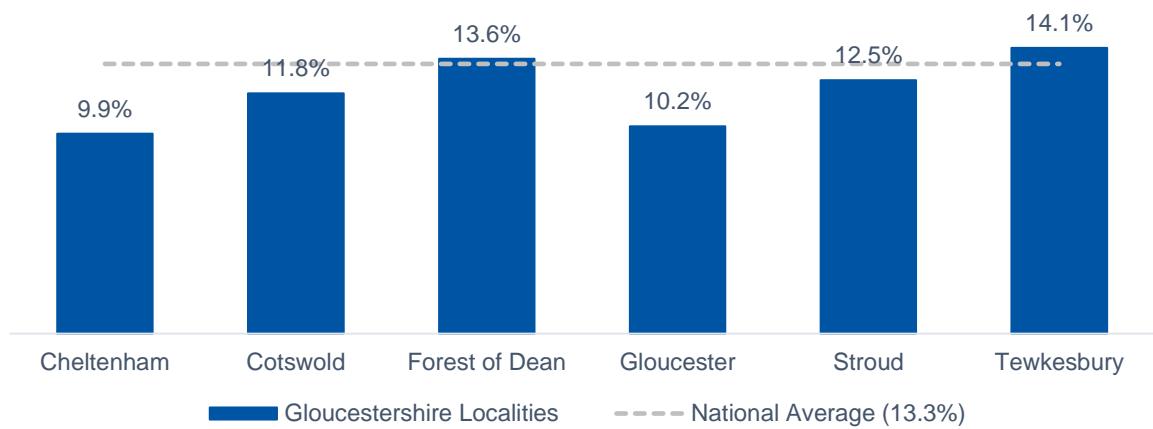
Interestingly, 42% of people who have been caring for over 20 years felt they had enough social contact, compared to only 25% of those caring for less than 20 years. Additionally, 44% of those caring for over 20 years said they never or hardly ever felt lonely, while this was true for 32% of those caring for up to 20 years. The highest proportion of people who often or always felt lonely (15%) were those caring for 5-20 years.

FIGURE 17 - THINKING ABOUT YOUR PERSONAL SAFETY, WHICH OF THE STATEMENTS BEST DESCRIBES YOUR PRESENT SITUATION?



Regarding social contact, 19% of carers felt socially isolated and 12% always or often felt lonely. Figure 20 shows that people living in more rural areas of the county, like the Forest of Dean and Tewkesbury, reported feeling lonelier. These areas have higher loneliness rates compared to the national average.

FIGURE 18 - OF THOSE ANSWERING, PERCENTAGE OF PEOPLE WHO STATED THEY OFTEN OR ALWAYS FELT LONELY BY LOCALITY



Learning and Next Steps

This survey is crucial for advancing our Unpaid Carers Action Plan (see figure 19). It will also complement other information sources, helping us to understand carers' perspectives better as we develop our Carers Strategy for next year.

FIGURE 19 - CARERS PARTNERSHIP BOARD ACTION PLAN INFOGRAPHIC



Each part of the Action Plan is essential for effectively supporting Gloucestershire carers.

We plan to create a performance dashboard using Power BI to visualize our progress and measure success. Reviewing the survey results will help us set priorities for each part of the plan.

1. Be heard and supported – to identify, support and act on feedback

A key area for improvement is optimizing our data collection and analysis. Our current sample of carers is smaller than the actual carer population because it only includes those receiving ongoing help from Adult Social Care. To better represent diverse voices, including younger or newer carers, we will start using the comprehensive Client Level Data set from both our internal system (LAS) and our provider, Gloucestershire Carers Hub. Successfully integrating these data sources is crucial to ensure we have complete information about both the carer and the person they care for.

Recognizing the limitations of our current system, we are taking steps to address this in the meantime. Working with Gloucestershire Carers Hub, which also conducts a carers survey, will help us gain more insights and understand carers' perspectives better, guiding our improvements.

2. Be recognised – to be carer aware

Our goal is to work together to actively encourage professionals to be aware of carers. We want to highlight the important support carers provide, which often helps keep the people they care for at home and independent of services.

3. Be informed – to have relevant information and advice

By breaking down results by location and other demographic factors, we get valuable insights to create targeted strategies. For example, differences in satisfaction or challenges in accessing information in different areas need thorough investigation. To improve in this area, we've set up a Quality Improvement Group to lead our efforts and ensure we see measurable improvements in future surveys and analyses.

4. Be prepared - to have plans in place for the unexpected

We want to make sure every conversation with a carer includes discussing contingency planning and support, helping carers to prepare for the unexpected. We plan to review how the Gloucestershire Carers Hub supports carers and encourage open conversations about safety, as 17% of carers in this survey said they were concerned about their safety.

5. Be connected - to help reduce loneliness and improve wellbeing

Supporting carers and providing opportunities for social interactions will be a priority, as only 28% of carers in this survey said they had enough social contact. We will work with the Gloucestershire Carers Hub to review the available support and improve how we communicate these options using different methods.

6. Be reached – to provide the right methods of communication and help to access online support

The results show that most carers in this survey are aware of the Gloucestershire Carers Hub and the support they offer. However, we need to do more to ensure all carers have equal access to this support, using various communication methods, not just the internet.

Conclusion

One of the main priorities from the 2023/24 Survey of Adult Carers is to use the results to drive positive changes that support Gloucestershire's carers. This report will be reviewed by internal teams, and the results will help develop strategic plans. Each part of the Carers Action Plan is essential for supporting unpaid carers in Gloucestershire.

The insights from the Carers Survey will guide our actions across the Strategic Plan, ensuring carers' voices are heard, their contributions are recognized, and their needs are met.

Over the next 12 months, we plan to engage with carers in various ways to understand their experiences. This will help us develop an All-age Carers Strategy.

As we improve our data collection and analysis, we will create a Carers dashboard using Power BI to visualize this information. Our long-term goal is to share survey results interactively on Inform Gloucestershire, allowing wider stakeholders to access this information.

Appendix 1

Survey Questions

Q1. How old is the person you care for?
Q2[a]. Does the person you care for have... Dementia?
Q2[b]. Does the person you care for have... A physical disability?
Q2[c]. Does the person you care for have... Sight or hearing loss?
Q2[d]. Does the person you care for have... A mental health problem?
Q2[e]. Does the person you care for have... Problems connected to ageing?
Q2[f]. Does the person you care for have... A learning disability or difficulty?
Q2[g]. Does the person you care for have... Long-standing illness?
Q2[h]. Does the person you care for have... Terminal illness?
Q2[i]. Does the person you care for have... Alcohol or drug dependency?
Q3. Where does the person you care for usually live?
Q4. Overall, how satisfied or dissatisfied are you with the support or services you and the person you care for have received from Social Services in the last 12 months?
Q5a. Has the person you care for used any of the support or services listed below in the last 12 months? - Support or services allowing you to take a break from caring at short notice or in an emergency
Q5b. Has the person you care for used any of the support or services listed below in the last 12 months? - Support or services allowing you to take a break from caring for more than 24 hours
Q5c. Has the person you care for used any of the support or services listed below in the last 12 months? - Support or services to allow you to have a rest from caring for between 1 and 24 hours (e.g. a sitting service)
Q5d. Has the person you care for used any of the support or services listed below in the last 12 months? - Personal assistant
Q5e. Has the person you care for used any of the support or services listed below in the last 12 months? - Home care/home help
Q5f. Has the person you care for used any of the support or services listed below in the last 12 months? - Day centre or day activities
Q5g. Has the person you care for used any of the support or services listed below in the last 12 months? - Lunch club
Q5h. Has the person you care for used any of the support or services listed below in the last 12 months? - Meals Services
Q5i. Has the person you care for used any of the support or services listed below in the last 12 months? - Equipment or adaptation to their home (such as a wheelchair or handrails)
Q5j. Has the person you care for used any of the support or services listed below in the last 12 months? - Lifeline Alarm
Q5k. Has the person you care for used any of the support or services listed below in the last 12 months? - They are permanently resident in a care home
Q5l. Has the person you care for used any of the support or services listed below in the last 12 months? - They are permanently resident in a care home
Q6a. Have you used any of the support or services listed below, to help you as a carer over the last 12 months? - Information and advice
Q6b. Have you used any of the support or services listed below, to help you as a carer over the last 12 months? - Support from carers groups or someone to talk to in confidence
Q6c. Have you used any of the support or services listed below, to help you as a carer over the last 12 months? - Training for carers

Q6d. Have you used any of the support or services listed below, to help you as a carer over the last 12 months? - Support to keep you in employment
Q6e. Have you used any of the support or services listed below, to help you as a carer over the last 12 months? - Carer's Breaks
Q6f. Have you used any of the support or services listed below, to help you as a carer over the last 12 months? - Flexible / Personal Budgets
Q6g. Have you used any of the support or services listed below, to help you as a carer over the last 12 months? - Carer's Emergency Scheme
Q7. Which of the following statements best describes how you spend your time?
Q8. Which of the following statements best describes how much control you have over your daily life?
Q9. Thinking about how much time you have to look after yourself – in terms of getting enough sleep or eating well – which statement best describes your present situation?
Q10. Thinking about your personal safety, which of the statements best describes your present situation?
Q11. Thinking about how much social contact you've had with people you like, which of the following statements best describes your social situation?
Q12. Thinking about encouragement and support in your caring role, which of the following statements best describes your present situation?
Q13. Thinking about the other people you have caring responsibilities for, which of the following best describes your current situation? Please exclude the person you spend most time helping.
Q14[a]. In the last 12 months, has your health been affected by your caring role in any of the ways listed below? - Feeling tired
Q14[b]. In the last 12 months, has your health been affected by your caring role in any of the ways listed below? - Feeling depressed
Q14[c]. In the last 12 months, has your health been affected by your caring role in any of the ways listed below? - Loss of appetite
Q14[d]. In the last 12 months, has your health been affected by your caring role in any of the ways listed below? - Disturbed sleep
Q14[e]. In the last 12 months, has your health been affected by your caring role in any of the ways listed below? - General feeling of stress
Q14[f]. In the last 12 months, has your health been affected by your caring role in any of the ways listed below? - Physical strain (e.g. back)
Q14[g]. In the last 12 months, has your health been affected by your caring role in any of the ways listed below? - Short tempered/ irritable
Q14[h]. In the last 12 months, has your health been affected by your caring role in any of the ways listed below? - Had to see own GP
Q14[i]. In the last 12 months, has your health been affected by your caring role in any of the ways listed below? - Developed my own health conditions
Q14[j]. In the last 12 months, has your health been affected by your caring role in any of the ways listed below? - Made an existing condition worse
Q14[k]. In the last 12 months, has your health been affected by your caring role in any of the ways listed below? - Other
Q14[l]. In the last 12 months, has your health been affected by your caring role in any of the ways listed below? - No, none of these
Q15. In the last 12 months, has caring caused you any financial difficulties?
Q16. How often do you feel lonely
Q17. In the last 12 months, have you found it easy or difficult to find information and advice about support, services or benefits? Please include information and advice from different sources, such as voluntary organisations and private agencies as well as Social Services.

<p>Q17. In the last 12 months, how helpful has the information and advice you have received been? Please include information and advice from different organisations, such as voluntary organisations and private agencies as well as Social Services.</p>
<p>Q17b - 8 answers. What do you use to find information and advice about support, services or benefits?</p>
<p>Q19. In the last 12 months, do you feel you have been involved or consulted as much as you wanted to be, in discussions about the support or services provided to the person you care for?</p>
<p>Q20[a]. In addition to your caring role, please tell us which of the following also applies to you? - Retired</p>
<p>Q20[b]. In addition to your caring role, please tell us which of the following also applies to you? - Employed full-time</p>
<p>Q20[c]. In addition to your caring role, please tell us which of the following also applies to you? - Employed part-time (working 30 hours or less)</p>
<p>Q20[d]. In addition to your caring role, please tell us which of the following also applies to you? - Self-employed full-time</p>
<p>Q20[e]. In addition to your caring role, please tell us which of the following also applies to you? - Self-employed part-time</p>
<p>Q20[f]. In addition to your caring role, please tell us which of the following also applies to you? - Not in paid work</p>
<p>Q20[g]. In addition to your caring role, please tell us which of the following also applies to you? - Doing voluntary work</p>
<p>Q20[h]. In addition to your caring role, please tell us which of the following also applies to you? - Other</p>
<p>Q21a. Thinking about combining your paid work and caring responsibilities, which of the following statements best describes your current situation?</p>
<p>Q21b. Have you told your GP that you are a carer?</p>
<p>Q21c. Overall, do you feel GPs support you in your role as a carer?</p>
<p>Q22. About how long have you been looking after or helping the person you care for?</p>
<p>Q23. About how long do you spend each week looking after or helping the person you care for?</p>
<p>Q24[a]. Over the last 12 months, what kinds of things did you usually do for the person you care for? - Personal care?</p>
<p>Q24[b]. Over the last 12 months, what kinds of things did you usually do for the person you care for? - Physical help?</p>
<p>Q24[c]. Over the last 12 months, what kinds of things did you usually do for the person you care for? - Helping with dealing with care services and benefits?</p>
<p>Q24[d]. Over the last 12 months, what kinds of things did you usually do for the person you care for? - Helping with paperwork or financial matters?</p>
<p>Q24[e]. Over the last 12 months, what kinds of things did you usually do for the person you care for? - Other practical help?</p>
<p>Q24[f]. Over the last 12 months, what kinds of things did you usually do for the person you care for? - Keeping him/her company?</p>
<p>Q24[g]. Over the last 12 months, what kinds of things did you usually do for the person you care for? - Taking him/her out?</p>
<p>Q24[h]. Over the last 12 months, what kinds of things did you usually do for the person you care for? - Giving medicines?</p>
<p>Q24[i]. Over the last 12 months, what kinds of things did you usually do for the person you care for? - Keeping an eye on him/her to see he/she is all right?</p>
<p>Q24[j]. Over the last 12 months, what kinds of things did you usually do for the person you care for? - Giving emotional support?</p>
<p>Q24[k]. Over the last 12 months, what kinds of things did you usually do for the person you care for? - Other help?</p>

Q25[a]. Do you have any of the following? - A physical impairment or disability
Q25[b]. Do you have any of the following? - Sight or hearing loss
Q25[c]. Do you have any of the following? - A mental health problem or illness
Q25[d]. Do you have any of the following? - A learning disability or difficulty
Q25[e]. Do you have any of the following? - A long-standing illness
Q25[f]. Do you have any of the following? - Other
Q25[g]. Do you have any of the following? - None of the above
Q26. How many children aged 18 or under do you have parental responsibility for?
Q27. Did someone help you to complete this questionnaire?
Q28. How Old are you
Q29. Are you male or female?
Q28. To which of these groups do you consider you belong?
Q31a. Are you aware of Gloucestershire Carers Hub?
Q31b. Are You registered with Gloucestershire Carers Hub?
Q31c. If you would like to be contacted by our provider of support services put contact details
Q35. Would you be happy to be invited to take part in more research? (Voluntary question)