

# Case Studies Template

## Background

<b>Child(ren) who is/are subject(s) of the referral/plan. - anonymised.</b>
Bobby is aged 3 years 5 months.
<b>Family Structure (e.g. divorced mother with three children aged 7, 5 &amp; 2).</b>
Bobby lives with Mum, Dad and sister aged 5 who attends the local primary school.
<b>What was the situation before the work was undertaken? Describe the presenting difficulties leading to the referral. This should tell the reader what the situation was before a course of action was taken</b>
<p>Pregnancy and birth were normal but delays mainly in physical development were identified at around 12 months old. Bobby also had delays in fine motor skills and had low muscle tone. Bobby began walking at 3 years old although he can still be unsteady on his feet.</p> <p>Bobby found it extremely difficult to interact with anyone outside of his immediate family mainly due to his very close bond with his Mum. Bobby is starting to use vocalisations for the purpose of communicating and will use a range of sounds in babble with a few clear words but is not yet pointing at things or making requests.</p> <p>Bobby is just beginning to finger feed himself though this is not consistent and he is fed at mealtimes by his parents. Bobby can drink from a lidded beaker by himself. Bobby still wears nappies and is not yet showing any signs of bodily awareness. He will help dress by pushing his arms through clothing or holding his feet up for socks and shoes.</p> <p>Bobby is still sleeping in a cot as his parents feel he would be unsafe in a bed and uses a privately bought bath seat for support in the bath though Dad has to lift him in and out. He has no understanding of danger and will walk through any open door or gate. Bobby often hits and throws items indiscriminately then finds it amusing when he is told 'no'.</p> <p>Bobby is just beginning to interact with books and enjoys turning the pages though is not yet showing interest in pictures or textures. Bobby does not engage with any other toys other than watching the television or a tablet. He mouths items constantly and is at the very early stages of exploratory play. Bobby enjoys interactive games with an adult such as tickling, peep-o or singing</p>

‘Row Row Row your boat’.

Bobby began receiving physiotherapy at 12 months old and was referred to the Early Start Moving On Group which he started attending with Mum though his strong attachment to her meant he found it extremely difficult to engage in any activities and would cry often.

This situation didn’t improve so he was referred to an Achieving Two Year Olds group at his local Children’s Centre in the hope that some time away from Mum where he could begin to engage with new activities would help his development. The family also began receiving Portage in the home to help them support Bobby’s development but this was also unsuccessful as he was very resistant to a new person coming into the home environment and he refused to engage. Unfortunately the placement at the Children’s Centre also broke down as again Bobby found it extremely difficult to settle and would often sleep during the sessions.

Bobby then began attending sessions at Nigel Hunter Nursery initially with Mum which again was very difficult for him so Dad began attending and things improved. After time it was felt that Bobby needed more support and input than he was receiving through 1 session a week at Nigel Hunter so he began attending an Achieving Two Year Old group at a different Children’s Centre to the previous one which was much more successful. Bobby settled in well over time and is now making some progress although it is very slow.

#### **Was anyone else involved, who and in what way?**

Bobby is currently being supported by his keyworker on a 1:1 basis, the Advisory Teaching Service, the Educational Psychology Service, a Speech and Language Therapist, an Occupational Therapist and a Paediatrician.

Bobby has also just been referred to a Geneticist as he does not currently have a diagnosis to explain his developmental delay.