

YEAR 11 STUDY PLAN IDEAS



1. Plan your revision

- **Map out the material:** Identify all the content that needs to be revised and create a schedule that allocates time for each subject.
- **Set realistic goals:** Break down large topics into smaller, achievable objectives for each session to stay focused and motivated.
- **Create a timetable:** Structure your revision sessions with a mix of subjects and include regular short breaks to prevent boredom and burnout.
- **Find a suitable environment:** Choose a quiet space that suits your learning style, whether it's alone or with a friend (if they aren't a distraction!).

2. Process your material

- **Use active learning strategies:** Don't just passively read notes. Try different methods like creating flashcards, mind maps, or summarizing information in your own words.
- **Test yourself regularly:** Build testing into your revision to identify gaps in your knowledge and monitor your progress.
- **Customize your notes:** Experiment with different ways to make your notes more personal and memorable, such as using color-coding, diagrams, or postcards.
- **Seek understanding:** If you come across something you don't understand, find a new source or ask a teacher or friend for help rather than just memorizing it.
- **Incorporate breaks:** Take regular short breaks to rest and recharge and use time management techniques like the Pomodoro technique (25 minutes of work followed by a 5-minute break) to stay productive.

3. Practice and prepare

- **Use past papers:** Practice with past exam papers to get familiar with the format, question types, and to help manage your time during the actual exam.
- **Simulate exam conditions:** In the week before the exam, try doing a full past paper under timed, exam-like conditions.

HOME STUDY PLAN (AUTUMN)

SIGNPOSTING TO SOME FREE RESOURCES

Maths	English Language	Science
Corbett Maths 5 a day Maths Genie 1st Class Maths	Save My Exams BBC Bitesize English GCSE Riddlesdown College English Language Revision Pack	BBC Bitesize Free Science Lessons Maths Society Science Resources

DAILY AND WEEKEND ROUTINE

Daily	Focus	What to do
After school	Decompress (20–30 min)	Snack, short walk, music, or quiet time. Avoid screens.
Homework block 1	Core subjects (45–60 min)	Rotate: Science, Maths, English work or revision.
Break	10 min	Snack, stretch, brief reset.
Homework block 2	Creative or light task (20–30 min)	Other subjects e.g. Spanish practice, Music portfolio, or flashcards.
Evening wind-down	8:30–10:15 pm	Devices off; calming activity before sleep.
Saturday	Science or Maths paper practice.	
Sunday	English revision and plan the week ahead.	

SUBJECT QUICK GUIDE (THIS IS AN EXAMPLE AND WILL NEED ADAPTING LINKED TO YOUR CHOSEN SUBJECTS)

Subject	Home focus	How to support
Science	3-night rotation (Biology, Chemistry, Physics)	Use revision materials weekly (see above for free resources); what three things have I learned?

Maths	Weekly mini paper (30 min)	Use target tests in Maths Genie weekly ; review one tricky question- what did I get right and what did I struggle with? Use this to support your next steps
English Language	Timed writing and revision pack usage	Work on revision consistency, not grades.
Spanish	Two short speaking drills per week	Encourage confidence and pronunciation practice.
Music	Guitar 15 minutes × 3 per week	Listen occasionally; encourage progress tracking.
Geography	6-mark question every two weeks	Think about final judgement sentence to build evaluation skills.

WELLBEING AND SAFETY (FOR YOUNG PERSON AND CARER/PARENT)

- Morning check-in: How ready are you today? (0–10). Evening reflection: One win, one wobble.
- If upset: pause, breathe, and reset. Rest first; resume work later.
- Any new injury or health concern: provide first aid, record facts, and notify school/social worker same day.
- Monitor mood or sleep changes and share observations with your social worker or GP.

POST 16 PROGRESS PLANS

- Attend at least one open event or taster session.
- Make applications by end of year.
- Begin bursary checklist with social worker.
- Discuss possible next steps at the PEP and ensure conversations are happening with my careers' advisor.

EXAMPLE WEEKLY PLAN (TO BE ADAPTED LINKED TO YOUR SUBJECT CHOICES)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chem 25m Maths 25m	English 20m	Physics 25m Music 15m	Maths mini-paper Spanish 10m	Bio 25m	Science or Maths paper (60–90m)	English timed task Plan week

COMMUNICATION AND RECOGNITION

- Monday: brief update to tutor or designated teacher if issues arisen over the previous week.
- Thursday: one-line progress check or wellbeing check.
- Celebrate consistency—acknowledge effort weekly with a small activity or reward.