

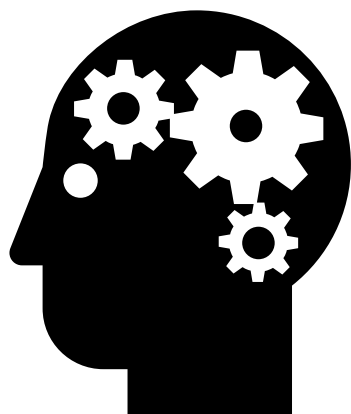
# Managing the unmanageable - a toolkit to support dysregulated and impulsive behaviour

There has been a massive increase in children's mental disorders and illness in recent years. (Referrals for autism assessments have increased by 50% in the last year and there has been a 51% increase in the number of ADHD prescriptions since 2020.)

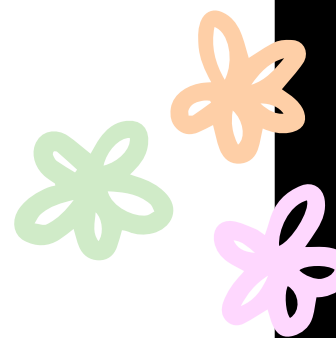
This course will explore the roots of trauma and poor mental health to better understand the remedies that research suggest. It is well-evidenced that traumatic experiences in early childhood are replayed later in life in quite different environments – whenever the child or young person feels unsafe. Triggers can be anything from the word 'No' to a particular smell, sound or sight associated with a time when they thought they might not survive.

Punishments are ineffective strategies for those whose brains have been impacted by toxic stress and there is general consensus that the most effective way of 'managing the unmanageable' is through a relationship between the child and an adult who is prepared to devote time and emotional energy in connecting with the child.

We welcome you to join us on this training to learn more.



21.11.2024 3.30pm - 5pm



## Details of events:

This Is A 1 1/2 Hour Virtual Training Session Hosted On The Teams Platform. Training Can Be Done Around One Screen If Desired, But

We Will Still Require All Contact Names And Email Addresses Of Staff Attending.

Please contact [courtney.hopson@gloucestershire.gov.uk](mailto:courtney.hopson@gloucestershire.gov.uk) to book onto this Virtual School Training opportunity. Non-attendance or less than 3 full working days' notice of cancellation for online courses or 5 full working days for face-to-face courses will incur a cost of £100 per delegate. Contact [courtney.hopson@gloucestershire.gov.uk](mailto:courtney.hopson@gloucestershire.gov.uk) to cancel. If you would like to attend but are unable, please contact us to discuss. We might be able to help. [tershire.gov.uk](mailto:tershire.gov.uk).