

## InformGloucestershire

### Survey of Adult Carers 2018/19 Findings

Councils with Adult Social Services responsibilities in England are legally required to carry out a postal survey of carers every two years. This document outlines the key findings of the 2018/19 survey for Gloucestershire.

#### Eligible population, sample size and response rates

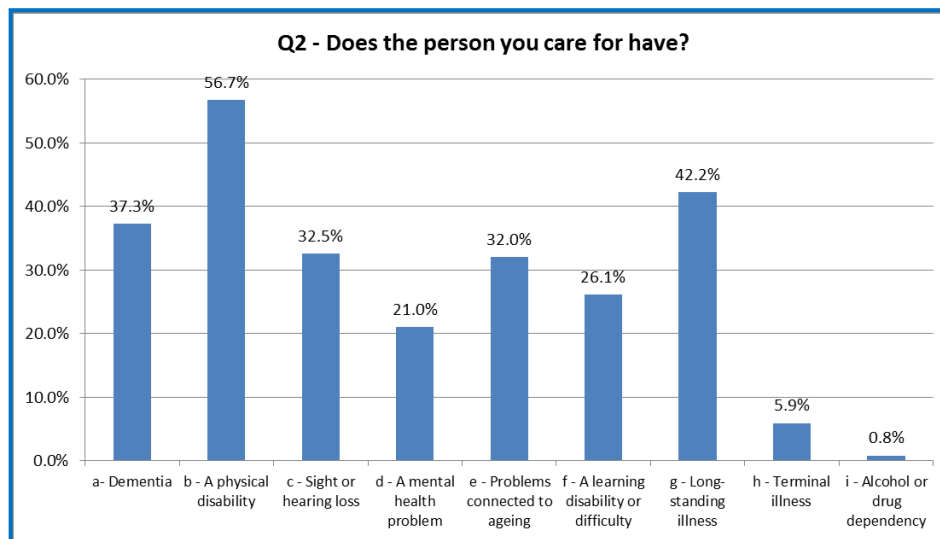
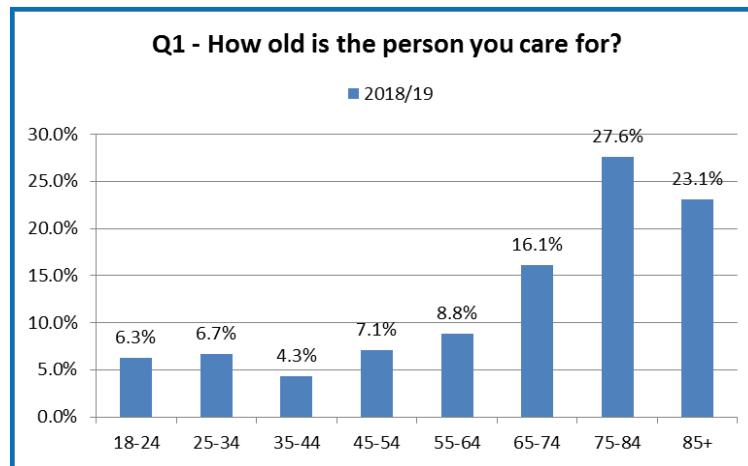
- ❖ In Gloucestershire, just over **1,100** carers were eligible for the 2018/19 survey.
- ❖ A random sample of **1,000** carers were selected for the survey. The questionnaires were sent out in October 2018 and again in November as a reminder.
- ❖ A total of **519** questionnaires were completed and returned, giving a response rate of **47.1%**. This was higher than the England average of 37.3%.

#### Key findings

- ❖ Overall, **34.2%** of carer respondents were extremely or very satisfied with the care and support services they received from Social Services, with a further **34.9%** who were quite satisfied.
- ❖ Over three-quarters of respondent (**76.9%**) have been carers for over five years. Three in ten (**30.6%**) have been caring for 20 years or more.
- ❖ Over half (**54.9%**) spend at least 100 hours or more each week caring for their cared-for.
- ❖ **92.5%** of respondents reported that their health had been affected by their caring role in some way, with feeling tired, disturbed sleep, feeling stressed being the most common problems.
- ❖ **46.9%** said caring had caused them some or a lot of financial difficulties.
- ❖ **63.4%** of respondents found it very or fairly easy to find information and advice. Among those who have received information, **88.4%** found them helpful.

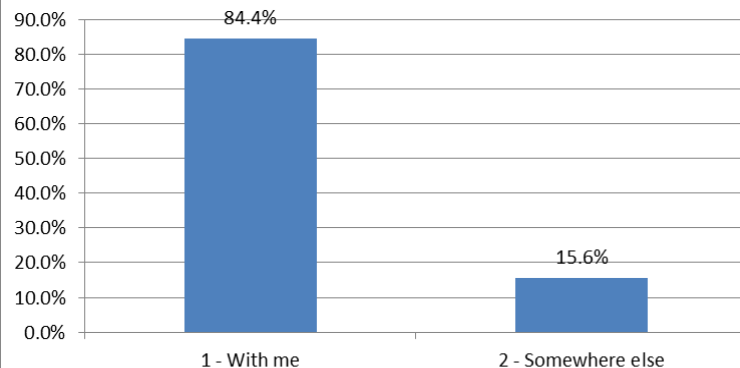
The following pages provide the survey results as published by NHS Digital. For details please go to <https://digital.nhs.uk/data-and-information/publications/statistical/personal-social-services-survey-of-adult-carers/england-2018-19> This report also covers results of the additional questions that Gloucestershire County Council have included in the survey.

## Section 1: About the person you care for

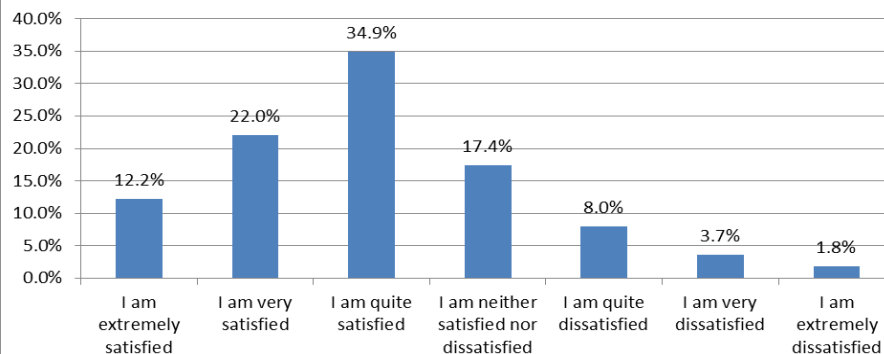


## Section 1: About the person you care for .... continued

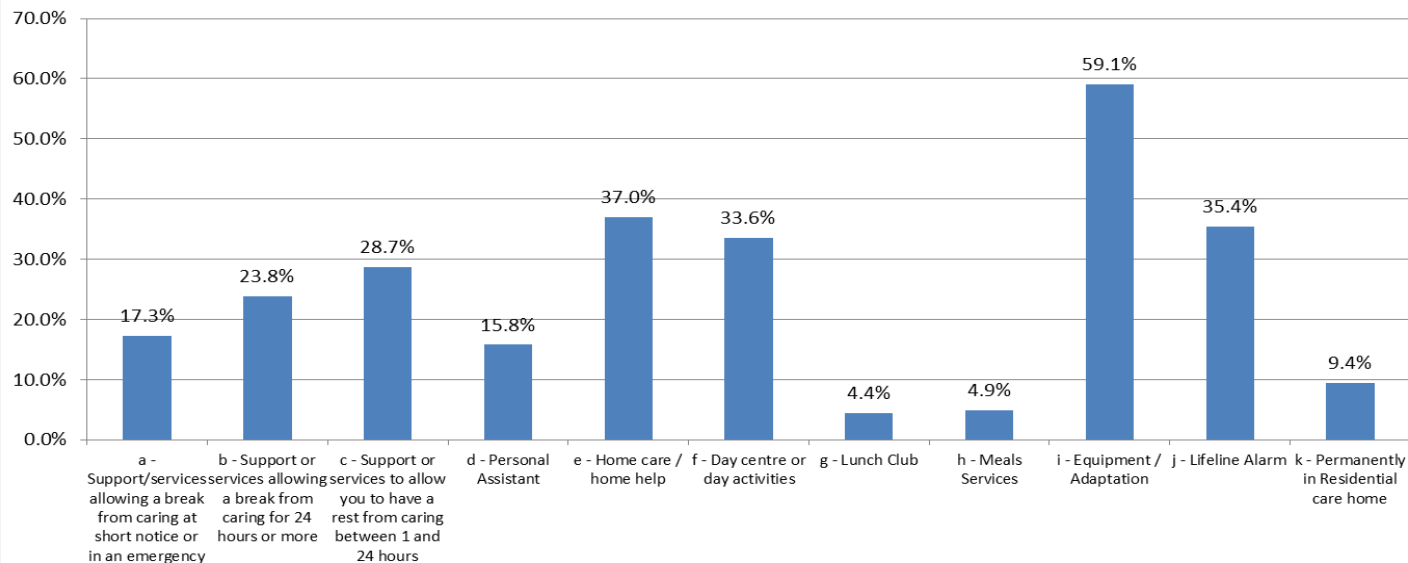
**Q3 - Where does the person you care for usually live?**



**Q4 - Overall, how satisfied are you with the support or services you and the person you care for have received from Social Services in the last 12 months?**

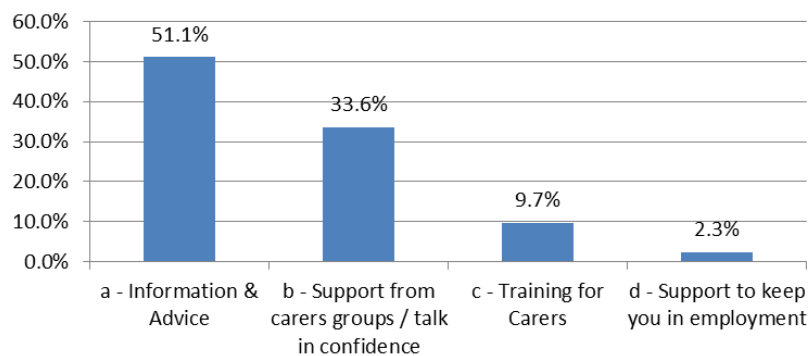


**Q5 - Has the person you care for used any of the support or services listed below in the last 12 months?**



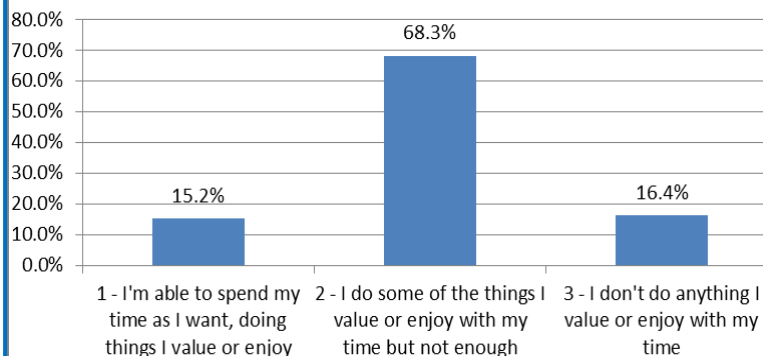
## Section 2: About your needs and experiences of support

**Q6 - Have you used any of the support or services listed below, to help you as a carer over the last 12 months?**

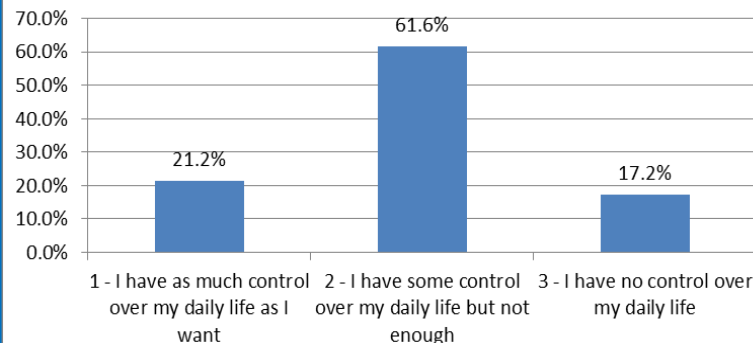


## Section 3: The impact of caring and your quality of life

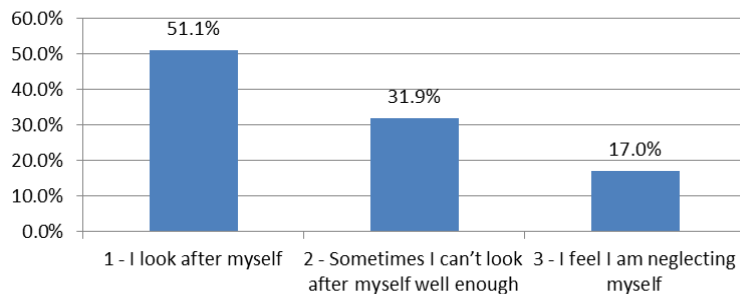
**Q7 - Which of the following statements best describes how you spend your time?**



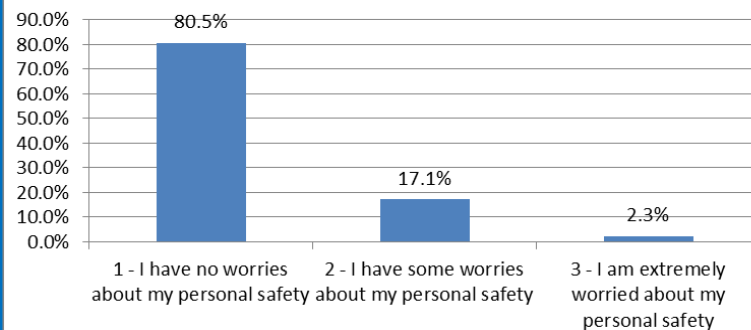
**Q8 - Which of the following statements best describes how much control you have over your daily life?**



**Q9 - Thinking about how much time you have to look after yourself – in terms of getting enough sleep or eating well – which statement best describes your present situation?**

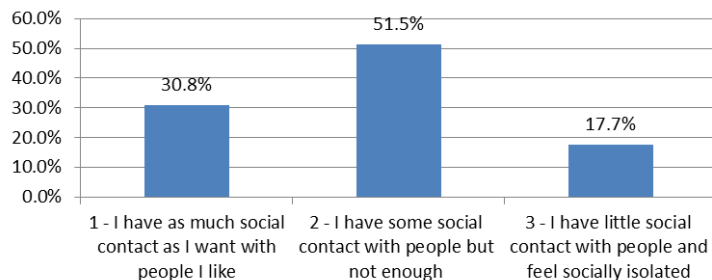


**Q10 - Thinking about your personal safety, which of the statements best describes your present situation?**

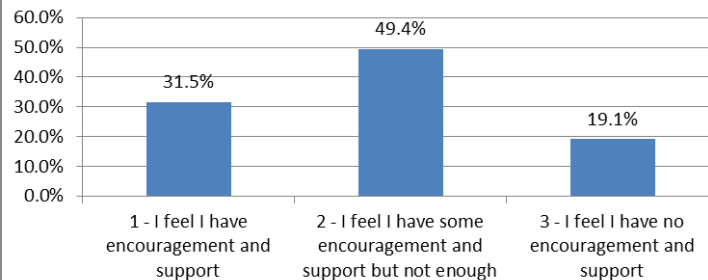


## Section 3: The impact of caring and your quality of life ... continued

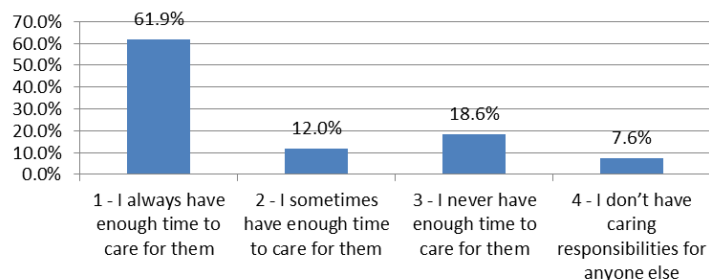
**Q11 - Thinking about how much social contact you've had with people you like, which of the following statements best describes your social situation?**



**Q12 - Thinking about encouragement and support in your caring role, which of the following statements best describes your present situation?**

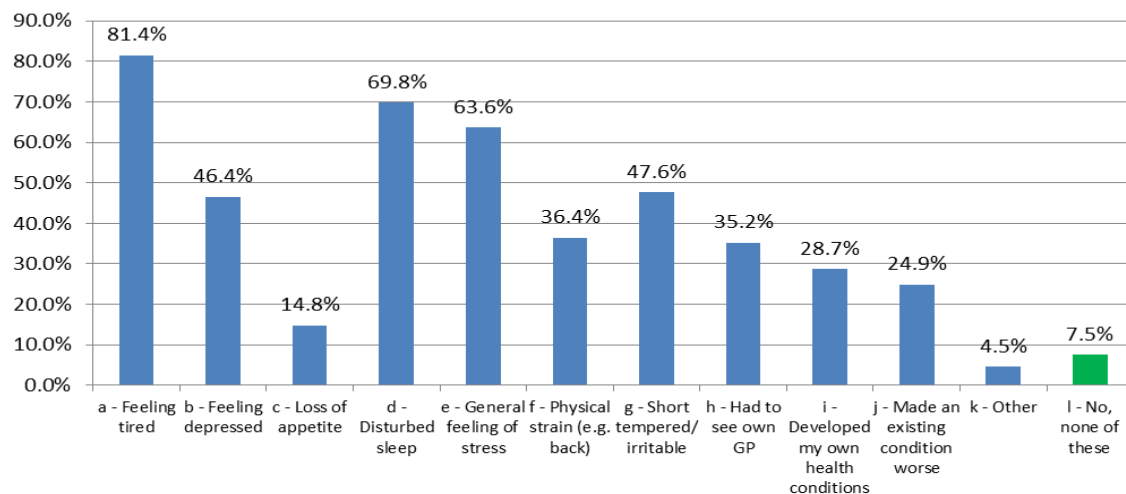


**Q13 - Thinking about the other people you have caring responsibilities for, which of the following best describes your current situation? Please exclude the person you spend most time helping.**

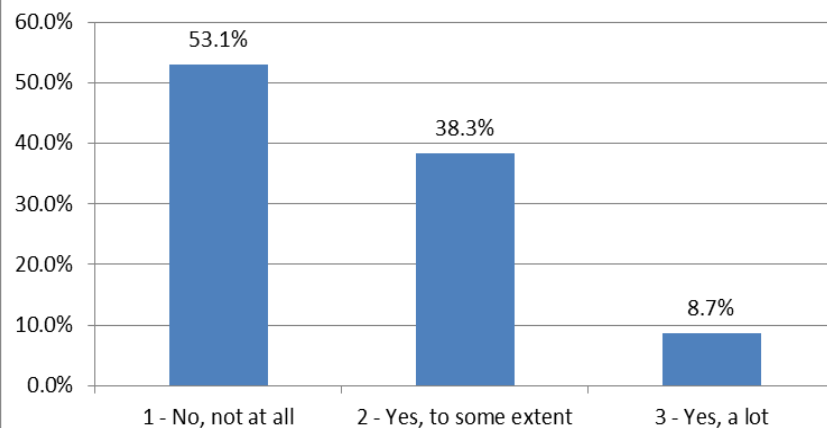


### Section 3: The impact of caring and your quality of life ... continued

**Q14 - In the last 12 months, has your health been affected by your caring role in any of the ways listed below?**

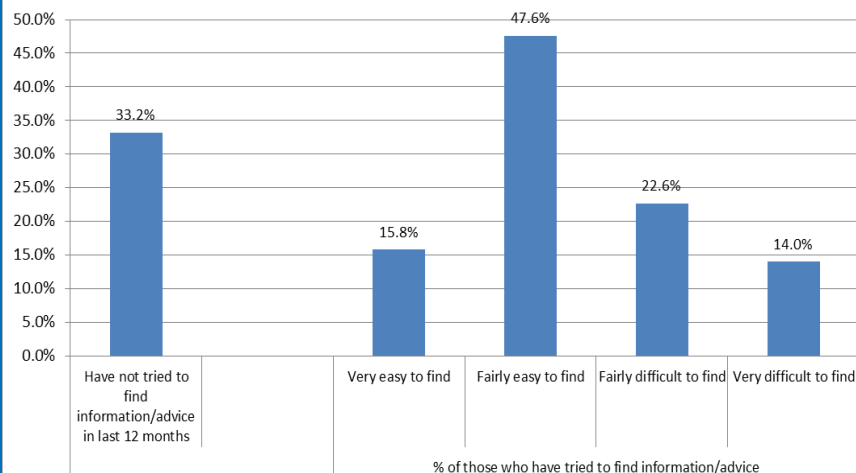


**Q15 - In the last 12 months, has caring caused you any financial difficulties?**

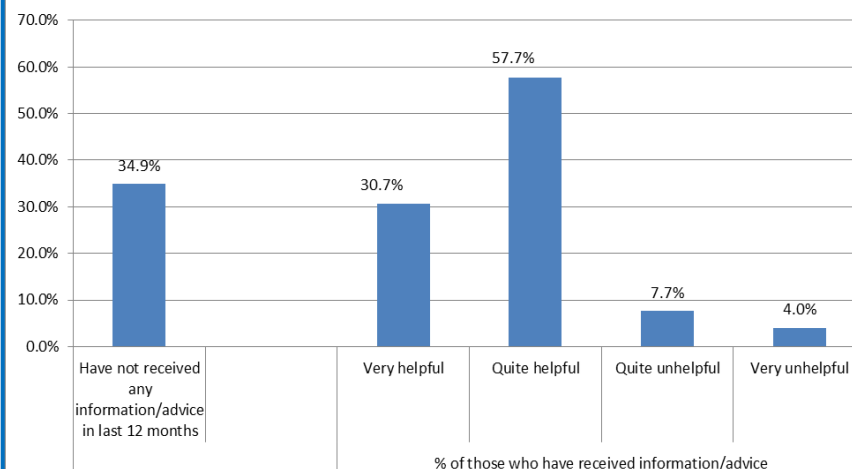


## Section 4: Information and advice quality

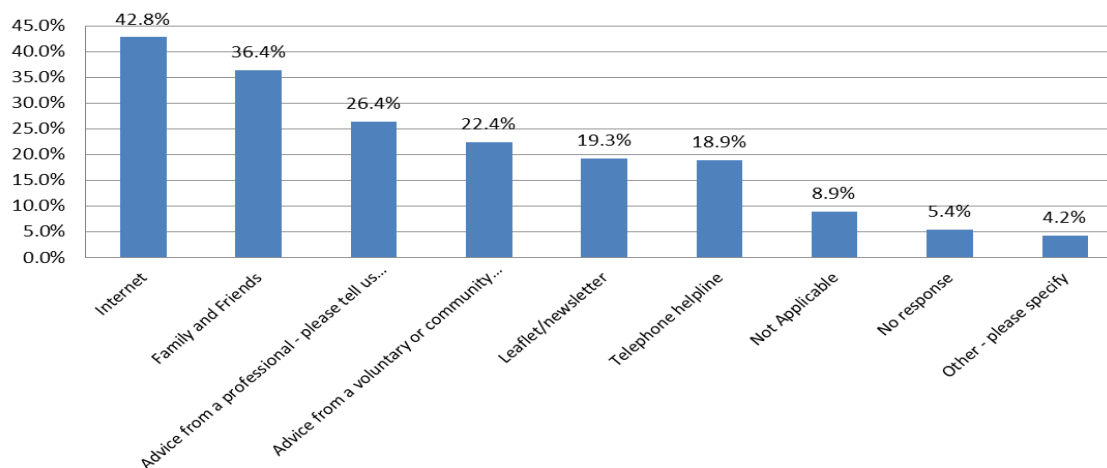
**Q16 - In the last 12 months, have you found it easy or difficult to find information and advice about support, services or benefit**



**Q17 - In the last 12 months, how helpful has the information and advice you have received been?**

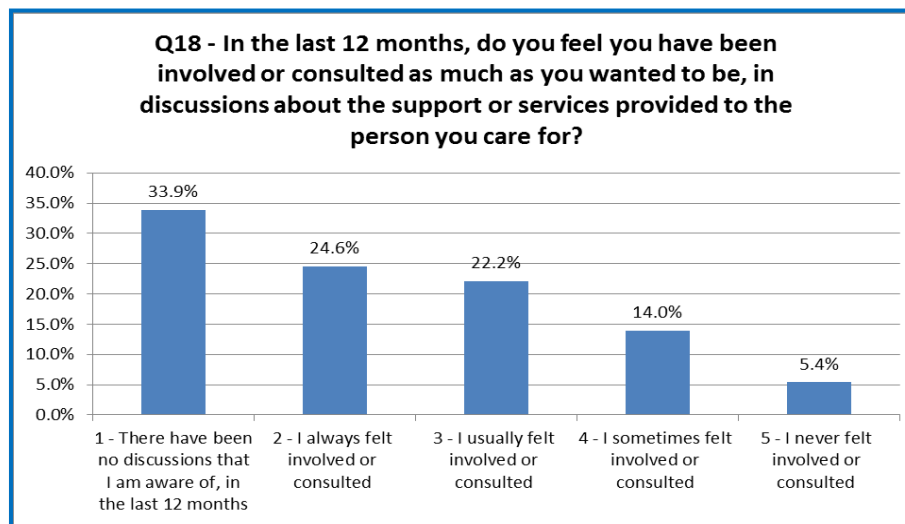


**Q17a What do you use to find information and advice about support, services or benefits**



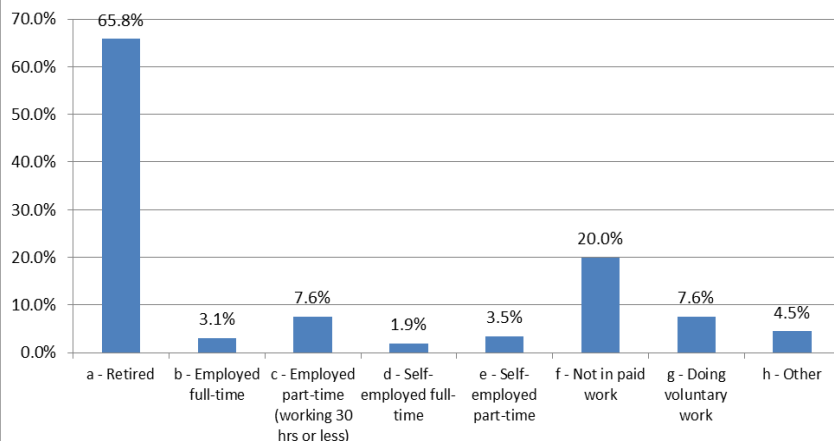


## Section 5: Arrangement of support and services in the past 12 months

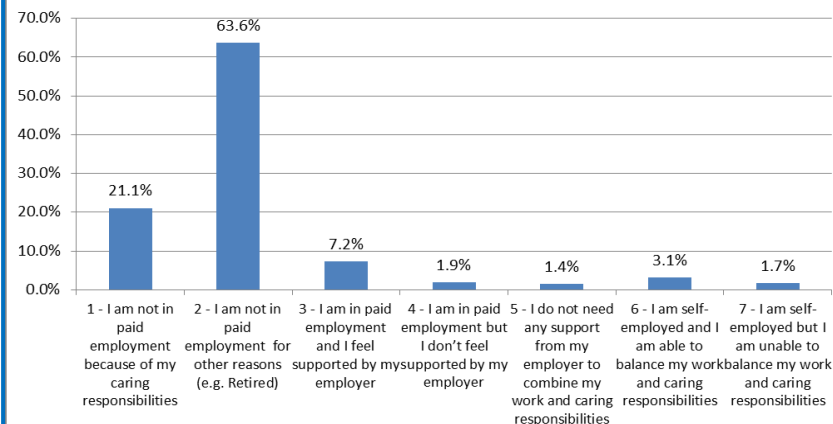


## Section 6: About yourself

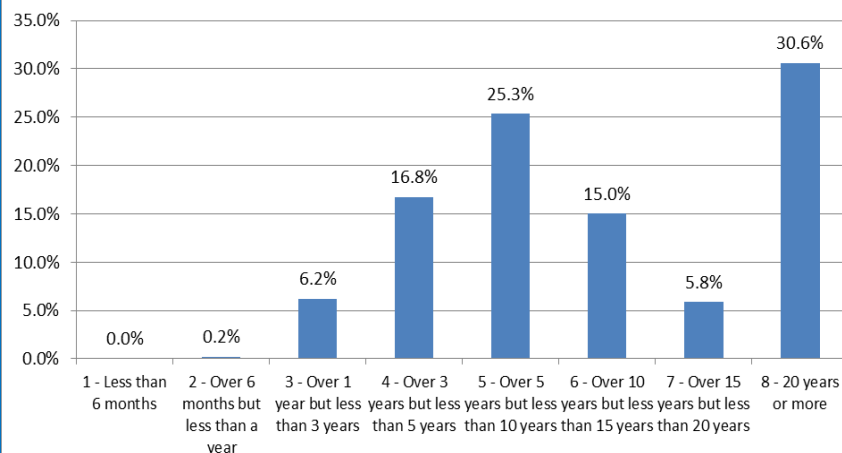
**Q19 - In addition to your caring role, please tell us which of the following also applies to you?**



**Q20 - Thinking about combining your paid work and caring responsibilities, which of the following statements best describes your current situation?**

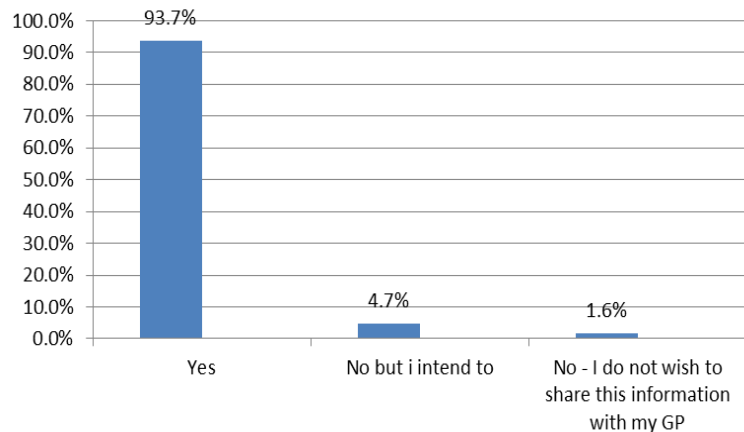


**Q21 - About how long have you been looking after or helping the person you care for?**

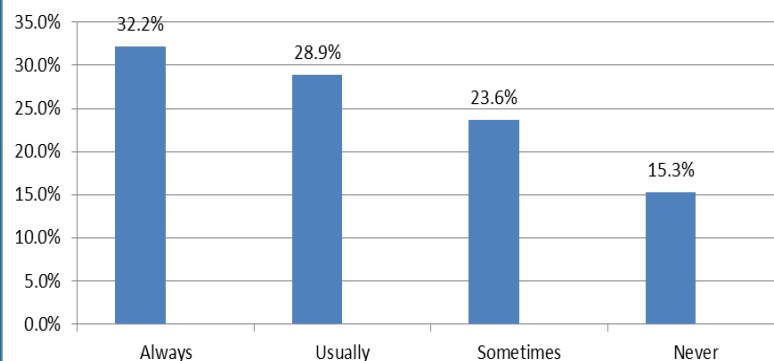


## Section 6: About yourself ... continued

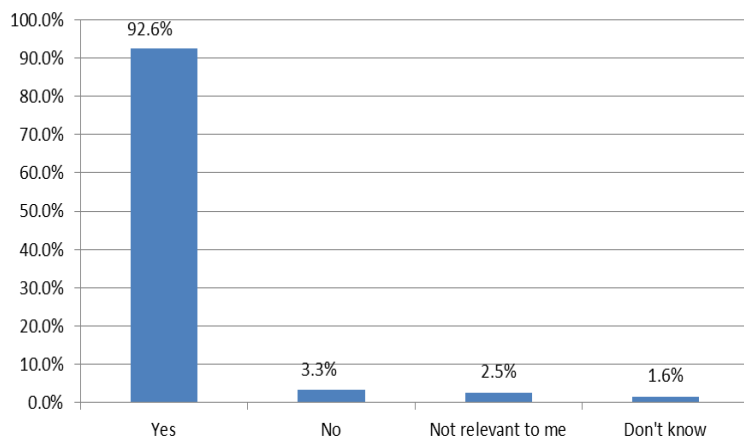
**Q21a Have you told your GP that you are a carer?**



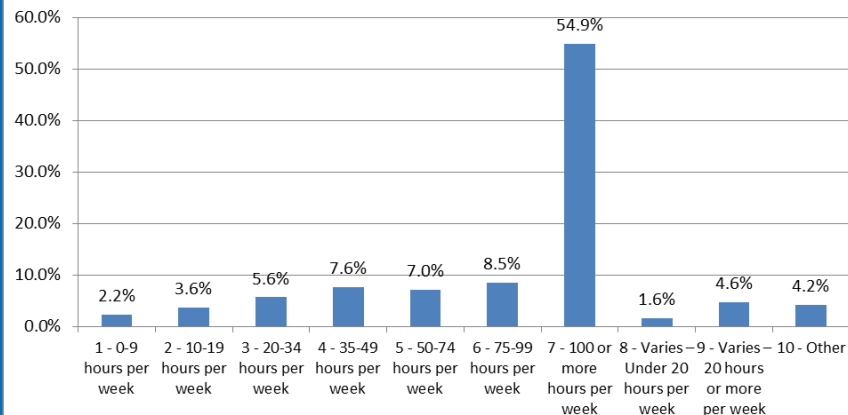
**Q21b Overall, do you feel GPs support you in your role as a carer**  
(Base: Those whose GP knows they are a carer)



**Q21c Are you aware if you are entitled to a free flu jab**

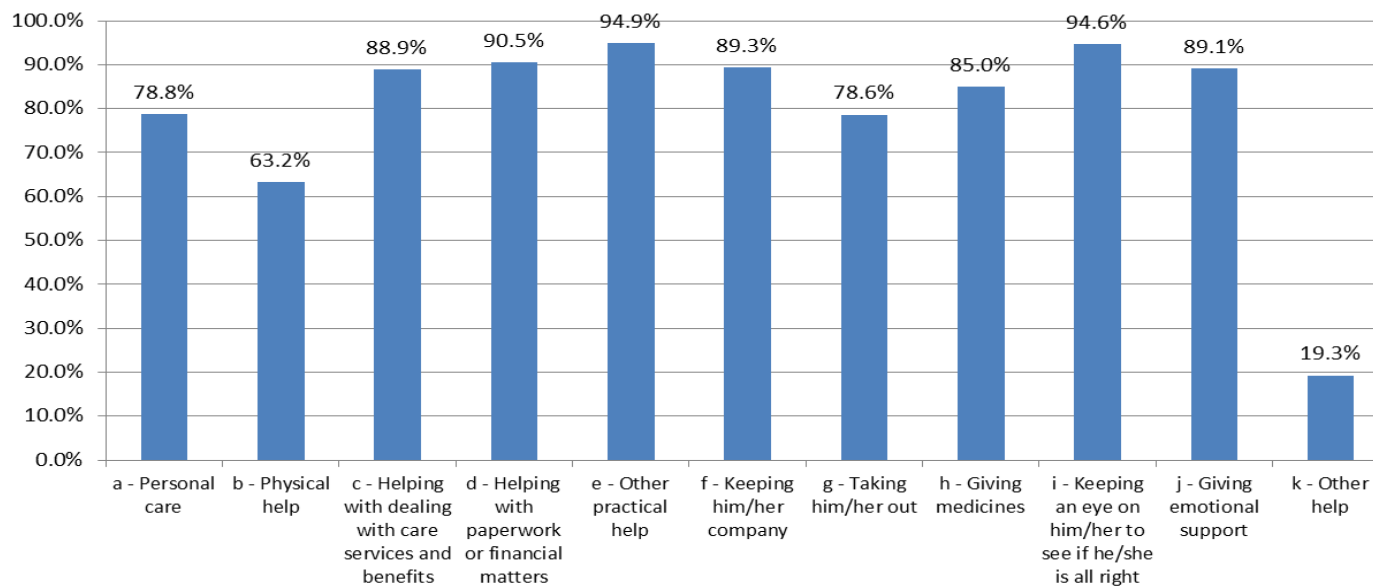


**Q22 - About how long do you spend each week looking after or helping the person you care for?**

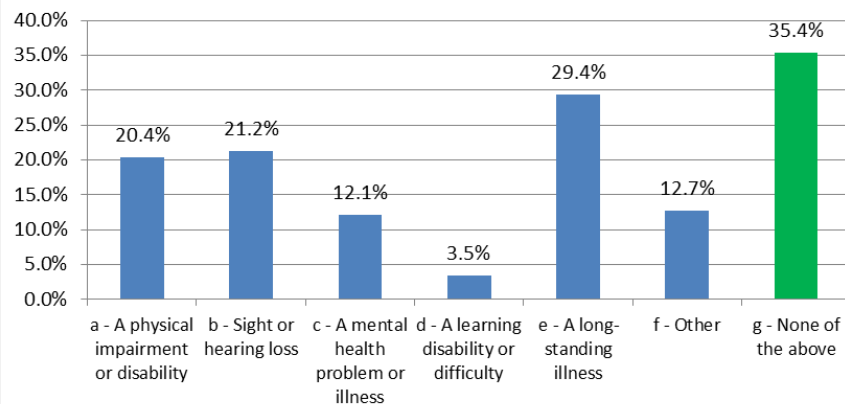


## Section 6: About yourself ... continued

**Q23 - Over the last 12 months, what kinds of things did you usually do for the person you care for?**

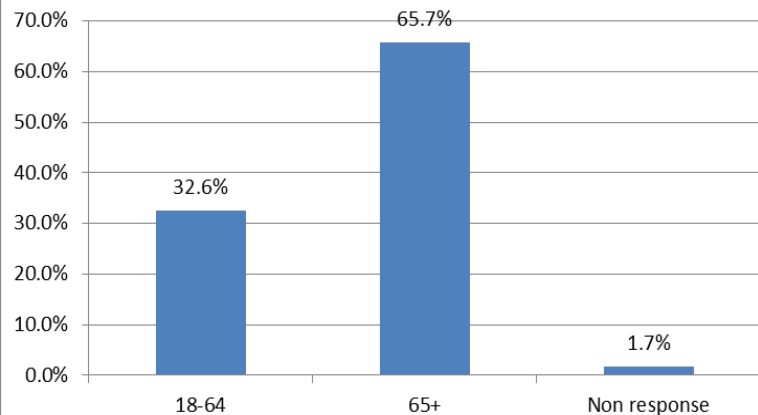


**Q24 - Do you have any of the following?**

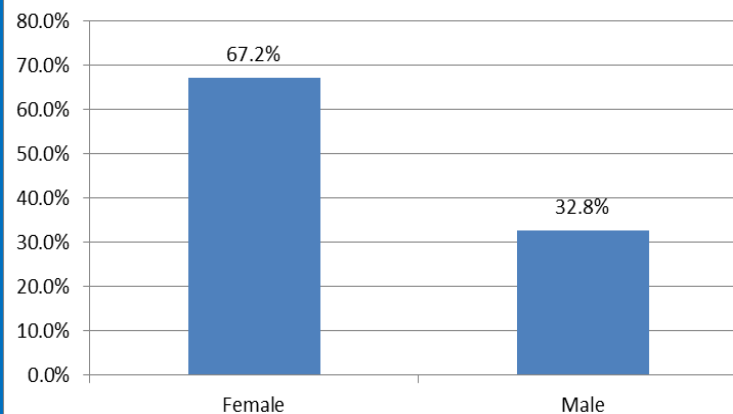


## Section 6: About yourself ... continued

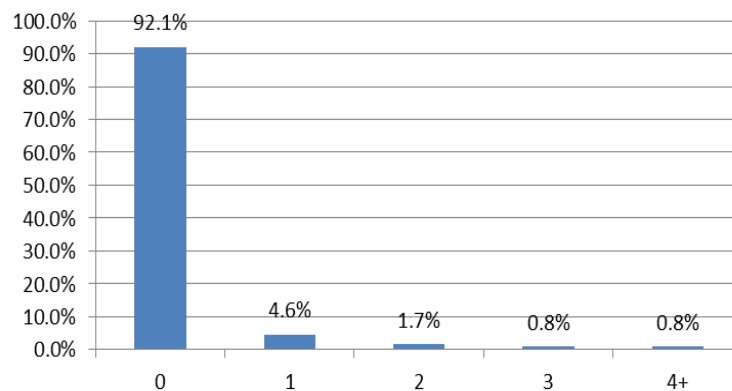
**Q25 How old are you?**



**Q26 Are you male or female?**

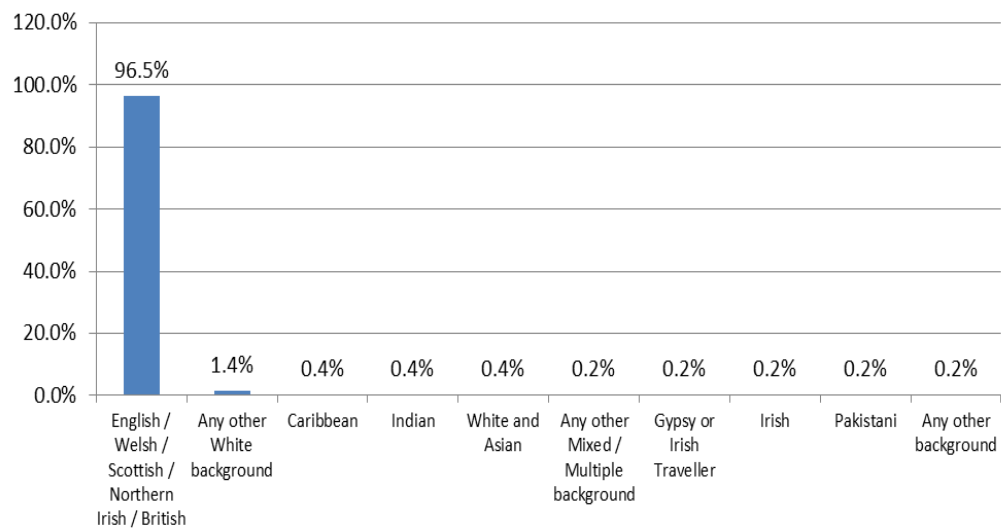


**Q27 How many children aged 18 or under do you have parental responsibility for?**



## Section 6: About yourself ... continued

**Q28 To which of these groups do you consider you belong?**



**Q29 - Did someone help you to complete this questionnaire?**

