Family Support in Gloucestershire

Being a parent has never been easy and with recent stressful experiences it's important more than ever to know you are not alone. There is lots of support available for you and your family.

Early Years

Home-start *supports families with children 0-5 years.*

Home-start provides support to expectant parents and parents with children up to the age of 5 years. Volunteers visit families in their homes, providing parent-to-parent support. You can self – refer or speak to a professional who can make a referral.

https://home-startgloucestershire.org.uk/

Family Health and Wellbeing

Public Health Nursing
supports families with children 0 – 19 years.

Health visitors support families expecting a baby until the child turns 5. School nurses work with children and young people aged from 5 to 19 in the community, whether they attend school or not.

School nursing can offer support for a range of health and wellbeing issue both physical and emotional. You can self refer or speak to a professional who can make a referral.

https://www.ghc.nhs.uk/our-teams-and-services/health-visiting/

https://www.ghc.nhs.uk/our-teams-and-services/school-nursing/

You can find us on Facebook 'Health-Visiting-and-School-Nursing-Glos-HIYA'

Families

Family Information Service *supports families with children from 0 -19 years of age and those with special educational needs under the age of 25.*

The Family Information Service can provide information and guidance on family support, childcare, the key disability register, activities and parenting courses. You can self-refer to parenting courses or speak to the helpline

W: www.glosfamiliesdirectory.org.uk

T : **0800 542 02 02** | **01452 427 362**

You can also find us on Facebook.

Teens

Teens in Crisis +
(TIC+) supports families with children aged 9 – 25 years.

The TIC + Parent Support and Advice line is a drop-in service. If your child is age 0-25 and lives in Gloucestershire, drop-in to our free, anonymous, confidential helpline during our open hours and talk to one of our trained parent support advisers. www.ticplus.org.uk
Online chat available (Monday-Wednesday and Saturdays)
Tel: **0800 6525675** (Monday-Wednesday and Saturdays).

Safeguarding

MASH (Multi-Agency Safeguarding Hub)

If you are professional, family member or member of the public are worried about a child or young person's welfare or safety, you need to speak to the Children's Helpdesk.

Tel: **01452 426565**.
www.gscb.org.uk

COVID-19 Family Support

Barnardos See, Hear and Respond

Supports families with children from pre-birth up to 18 years of age and those with special educational needs under the age of 25.

There is a mix of face to face support options, counselling and online resources available for children, young people and families who are struggling to cope with the impact of coronavirus. Support is available who are known to statutory services. You can self-refer or speak to a professional to make a referral. Freephone: **0800 157 7015** (Mondays-Sundays) or https://www.barnardos.org.uk/see-hear-respond

For further advice and information, please speak to a professional or visit:

https://www.gloucestershire.gov.uk/covid-19-information-and-advice/support-for-children-and-families-during-covid-19/

Gloucestershire Children and Families Commissioning Hub

Gloucestershire COUNTY COUNCIL