

Managing Working Memory in the Classroom

Course Aims

To provide a practical understanding of what we know about working memory.

To discuss some implications of working memory difficulties and cognitive load in the classroom and to address implication for teaching (pedagogy).

Course Details

The course will cover:

- 1) How memories are created (learning)
- 2) How learning and memory are linked
- 3) The role of attention, stress, and fatigue
- 4) Working memory, stress, and trauma
- 5) Working memory assessment
- 6) Implications for teaching (pedagogy)

Staff Outcomes

Staff will have a working understanding of:

- What influences remembering (learning) and causes forgetting (retrieval).
- What sort of things reduces or increase available working memory space.
- Strategies that support working memory, leading to more effective learning, and remembering.

Who is this course for?

Teachers, SENDCOs, HLTAs,
Trainees, and Mentors.

Course Cost: £65

When & Where?

9.30am – 12:30pm

Date: 11th November 2025

The Pavilion
Hatherley Lane
Cheltenham
GL51 6PN

How to Book

Via GCC Plus [Business Support Services](#)

(School Finance Officer/School Business Manager will have a login for the site)

For further assistance please email: STEPS@gloucestershire.gov.uk