

Area of my life:	My needs:	My outcomes: These are my goals and should be specific, measurable, agreed, realistic and timed with a review date	Actions: What will help me achieve my outcomes	Resources to be used: Who will do what, when and how often	Review: At Review, has this outcome been achieved? What is working and not working
About my learning	I need to improve my ability to focus on tasks and to work more independently				Choose an item.
	I need to improve my numeracy skills				Choose an item.
	I need to ask for help if I do not understand what I am being asked to do				Choose an item.
	I need to work in a cattery so that I can be sure this is what I want to do when I leave school.				Choose an item.
About my independence	I need to practise walking every day with my walking frame				Choose an item.

	I need to do more for myself and rely on my mum less				Choose an item.
	I need to have social time with friends				Choose an item.
	I need to find an activity I enjoy that I will go to regularly				Choose an item.
About my emotional well-being	I need to feel confident I am safe at night if I have a seizure				
	I need to have choices about how I spend break and lunch times				