



	enjoy spending time with				
Physical health	Emma needs to keep to a healthy weight and lifestyle				Choose an item.
Independence and life skills	<p>Emma needs to prepare meals independently</p> <p>Emma needs to develop money skills</p> <p>Emma needs to learn to travel independently</p> <p>Emma needs to learn and develop skills with healthy eating options.</p>				Choose an item.

	Emma needs to develop a plan to remind her to brush hair and teeth				
Employment options	Emma needs help to find a job she wants to do				Choose an item.
Housing options	Emma needs to know about her housing options				Choose an item.