

## 3 DAY MULTI AGENCY TRAINING GLOUCESTERSHIRE

### CONTACT

The Complex Emotional Needs Service  
Gloucestershire Health and Care

jo.greenwood@ghc.nhs.uk

#### To Book:

Gloucestershire County Council

**learnpro community**

Gloucestershire Health and Care

**Care to Learn**

### DATES 2024

Please note you need to book all  
three dates in one cohort.

**Cohort Thirteen Thursdays :**  
June 13th, 20th, 27th

**Cohort Fourteen Tuesdays:**  
July 9th, 16th, 23rd

**Cohort Fifteen Thursdays:**  
September 19th, 26th  
October 3rd

**Cohort Sixteen Tuesdays**  
October 29th  
November 5th & 12th

### TIMES

**9.15 start. 4.45 finish**

please try to arrive 10 minutes before.



### REFRESHMENTS

Teas and Coffees provided

**Please bring your lunch**



### VENUE

Minsterworth Village Hall

**Gloucester, GL2 8JJ**



(Understanding Complex Emotional Needs /  
Personality Disorders & life- threatening distress)

### COURSE DETAILS

Co-facilitated with people who have **lived experience** of complex emotional needs, this course aims to explore the **issues behind the labels**.

This nationally accredited KUF programme is being offered throughout the UK. Gloucestershire's Complex Emotional Needs Service are presenting this **free training** to multi-agency partners.

We consider this awareness level training to be ideal for people working across systems responding to and supporting people with complex emotional needs.

The course has **emotional content**.

### COURSE AIMS

- Explore different perspectives around complex emotional needs associated with the diagnosis of 'personality disorder.'
- Outline different ways of understanding complex emotional needs through examining how someone's past experiences can affect their present.
- Develop an understanding of how to work effectively with people with complex emotional needs.
- Reflect on different approaches to working with people with complex emotional needs and the impact of reactions and responses.
- Explore the impact of working with people with complex emotional needs on the wider team.

*"One of the things I love most about the KUF training is that it really encourages honest and open conversations about the challenges that both staff and service users face and encounter. It talks about the 'elephant in the room' and encourages attendees to adopt a reflective, curious and inquisitive approach to their work."*

Dawn, Advanced Lived Experience KUF Development Lead