

## 3 DAY MULTI AGENCY TRAINING GLOUCESTERSHIRE

### CONTACT

The Complex Emotional Needs Service  
Gloucestershire Health and Care

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#### To Book:

Gloucestershire County Council  
**learnpro community**  
Gloucestershire Health and Care  
**Care to Learn**

### DATES 2024

*Please note you need to book all three dates in one cohort.*

**Cohort Thirteen Thursdays:**  
June 13th, 20th, 27th

**Cohort Fourteen Tuesdays:**  
July 9th, 16th, 23rd

**Cohort Fifteen Thursdays:**  
September 19th, 26th  
October 3rd

**Cohort Sixteen Tuesdays**  
October 29th  
November 5th & 12th

### TIMES

**9.15 start. 4.45 finish**



please try to arrive 10 minutes before.

### REFRESHMENTS

Teas and Coffees provided



**Please bring your lunch**



### VENUE

Minsterworth Village Hall  
**Gloucester, GL2 8JJ**



(Understanding Complex Emotional Needs /  
Personality Disorders & life- threatening distress)

### COURSE DETAILS

Co-facilitated with people who have **lived experience** of complex emotional needs, this course aims to explore the **issues behind the labels**.

This nationally accredited KUF programme is being offered throughout the UK. Gloucestershire's Complex Emotional Needs Service are presenting this **free training** to multi-agency partners.

We consider this awareness level training to be ideal for people working across systems responding to and supporting people with complex emotional needs.

The course has **emotional content**.

### COURSE AIMS

- Explore different perspectives around complex emotional needs associated with the diagnosis of 'personality disorder.'
- Outline different ways of understanding complex emotional needs through examining how someone's past experiences can affect their present.
- Develop an understanding of how to work effectively with people with complex emotional needs.
- Reflect on different approaches to working with people with complex emotional needs and the impact of reactions and responses.
- Explore the impact of working with people with complex emotional needs on the wider team.

*"One of the things I love most about the KUF training is that it really encourages honest and open conversations about the challenges that both staff and service users face and encounter*

*It talks about the 'elephant in the room' and encourages attendees to adopt a reflective, curious and inquisitive approach to their work."*

Dawn, Advanced Lived Experience KUF Development Lead