

# THE IMPACT OF TRAUMA ON SENSORY PROCESSING



Children who have experience trauma in the early development stages of life may have missed out on key movement experiences. Therefore, this may lead to developmental delays in any of the seven senses but particularly the vestibular, proprioception and tactile systems. Furthermore, these are the building blocks of the central nervous system. Moreover, without a well developed central nervous system children find it harder to interact and understand the world around them.

## This course will cover:

- What is sensory processing
- Typical development of sensory processing
- The Vestibular system
- The Proprioceptive system
- Tactile senses
- The signs of difficulties with sensory processing
- How you can help to develop the vestibular and proprioception systems
- How you can help develop tactile senses
- Practical ideas including what can be included in a sensory box

## 26.02.2026 15.30pm – 17.00pm

THIS IS A VIRTUAL TRAINING SESSION HOSTED ON THE TEAMS PLATFORM. TRAINING CAN BE DONE AROUND ONE SCREEN IF DESIRED, BUT WE WILL STILL REQUIRE ALL CONTACT NAMES AND EMAIL ADDRESSES OF STAFF ATTENDING.

Please contact [courtney.hopson@gloucestershire.gov.uk](mailto:courtney.hopson@gloucestershire.gov.uk) to book onto this Virtual School Training opportunity.

Non-attendance or less than 3 full working days' notice of cancellation for online courses or 5 full working days for face-to-face courses will incur a cost of £100 per delegate at the discretion of the virtual school head. Contact [courtney.hopson@gloucestershire.gov.uk](mailto:courtney.hopson@gloucestershire.gov.uk) to cancel. If you would like to attend but are unable, please contact us to discuss. We might be able to help.