

Area of my life:	My needs:	My outcomes: These are my goals and should be specific, measurable, agreed, realistic and timed with a review date	Actions: What will help me achieve my outcomes	Resources to be used: Who will do what, when and how often	Review: At Review, has this outcome been achieved? What is working and not working
About my... Emotional, social and behaviour	Harry needs a significantly high level of sensory stimulation and frequent opportunities to burn off excess energy, which his parents cannot always provide.				Choose an item.
Emotional, social and behaviour	Harry needs a consistent and predictable routine daily in order to reduce the impact his autism has on his daily living activities and access to opportunities. He needs to be cared for by individuals who know him very well, and have experience,				Choose an item.

	<p>knowledge and skills in working with people who have complex needs and autism.</p> <p>Comparable to other 16 year olds, Harry needs to access activities and the community to develop some autonomy and independence away from his family with the support of adults who have the confidence and skills to manage Harry's needs associated with his autism.</p>				
Emotional, social and behaviour	<p>Harry needs a high level of supervision, attention and occupation at all times which is extremely exhausting for his carers. He needs his family to have regular breaks to rest and improve</p>				Choose an item.

	their energy levels in order to continue caring for him at home.				
Parents and Carers	Harry needs his parents to spend quality time together away from the family home whilst Harry is cared for in order to prevent relationship breakdown.				Choose an item.
Independence and life skills	Harry needs to be supported by all carers and settings to develop some independence and life skills in line with what is appropriate for his ability.				Choose an item.
Transition to post 16 education	Harry needs a well prepared transition from special school to post 16 setting				
Transition to adulthood	Harry and his family need to be involved at all points in the planning for his future into adulthood.				

Emotional, social and behaviour	Harry needs to have some visits to his new education placement during summer holidays to ensure consistency of routine and familiarity of the staff and the setting.				Choose an item.
Health and safety	Parents need to be assured that if there were an emergency or if either of them were unavailable that a plan would be in place for Harry's care.				