

QUIZ

Building on your Strengths

Read each statement below, and if you agree with it, put a tick in the coloured box to the right of it.

Do you like to...

Do puzzles?	<input style="background-color: #ff9933; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Fix or mend things?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Express your own style?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Work in a team?	<input style="background-color: #9999ff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Organise things like school work?	<input style="background-color: #ff9999; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Set goals for yourself?	<input style="background-color: #ffcc00; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Build things?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Read or write stories?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Have clear instructions to follow?	<input style="background-color: #ff9999; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Persuade or influence others?	<input style="background-color: #ffcc00; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Do experiments or research things?	<input style="background-color: #ff9933; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Help others to learn?	<input style="background-color: #9999ff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Help people solve personal problems?	<input style="background-color: #9999ff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Take care of animals?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Have your day structured?	<input style="background-color: #ff9999; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Sell things or promote ideas?	<input style="background-color: #ffcc00; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Do creative writing?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Work on science projects?	<input style="background-color: #ff9933; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Take on new responsibilities?	<input style="background-color: #ffcc00; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Help people?	<input style="background-color: #9999ff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Figure out how things work?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>

Care for younger children?	<input style="background-color: #9999ff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Explore creative ideas?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Play a sport?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Keep detailed records?	<input style="background-color: #ff9999; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Make sure things get done?	<input style="background-color: #ff9999; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Take photographs?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Be physically active?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Work with your hands?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Sing, dance or act?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Think of ideas for events or activities?	<input style="background-color: #ffcc00; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Solve mechanical problems?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Talk to a range of people at a party?	<input style="background-color: #9999ff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Find the best deals on the internet?	<input style="background-color: #ffcc00; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Help your friends out?	<input style="background-color: #9999ff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Use the computer to type up work?	<input style="background-color: #ff9999; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Do astronomy? (star gazing)	<input style="background-color: #ff9933; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Work out a budget for pocket money?	<input style="background-color: #ffcc00; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Keep up with the latest fashions?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Work out a solution to a problem?	<input style="background-color: #ff9933; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Be creative?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Pay attention to detail?	<input style="background-color: #9999ff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>

Type up homework/keep it neat?	<input style="background-color: #ff9999; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Learn about other cultures?	<input style="background-color: #9999ff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Analyse, research or problem solve?	<input style="background-color: #ff9933; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Play an instrument or sing?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Dream of starting your own business?	<input style="background-color: #ffcc00; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Cook?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Act in plays?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Do practical things?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Work with numbers or charts?	<input style="background-color: #ff9933; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Be kind and cooperative?	<input style="background-color: #9999ff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Keep your work in ordered folders?	<input style="background-color: #ff9999; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Take charge (be a leader)?	<input style="background-color: #ffcc00; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Work outdoors?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Work in an office?	<input style="background-color: #ff9999; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Work on Maths problems?	<input style="background-color: #ff9933; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Care for others?	<input style="background-color: #9999ff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Draw or paint?	<input style="background-color: #00aaff; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>
Give a speech or presentation?	<input style="background-color: #ffcc00; border: 1px solid black; width: 15px; height: 15px;" type="checkbox"/>

Total up the number of ticks for each colour and record the number in the coloured boxes.

Read what they mean on the next page.



The areas you scored highest are probably your strengths. You might want to consider building on these in your career.