



# SUPPORTING VULNERABLE YOUNG FEMALES WHO DISPLAY TRAITS OF NEURODIVERSITY



This course aims to help professionals understand autism and how this may present in girls.

At the end of this course, participants will:

- Appreciate how autistic girls may present in a different way to autistic boys
- Understand how as a spectrum autistic presentation can change on a daily basis
- Understand the challenges of intercession
- Understand how alexithymia can impact autistic girls
- Know how to support girls with managing energy levels and avoid burnout
- Consider strategies that may support autistic girls

**24.09.2025**

**15:40pm - 17:10pm**

THIS IS A VIRTUAL TRAINING SESSION HOSTED ON THE TEAMS PLATFORM. TRAINING CAN BE DONE AROUND ONE SCREEN IF DESIRED, BUT WE WILL STILL REQUIRE ALL CONTACT NAMES AND EMAIL ADDRESSES OF STAFF ATTENDING.

Please contact [courtney.hopson@gloucestershire.gov.uk](mailto:courtney.hopson@gloucestershire.gov.uk) to book onto this Virtual School Training opportunity.

Non-attendance or less than 3 full working days' notice of cancellation for online courses or 5 full working days for face-to-face courses will incur a cost of £100 per delegate at the discretion of the virtual school head. Contact [courtney.hopson@gloucestershire.gov.uk](mailto:courtney.hopson@gloucestershire.gov.uk) to cancel. If you would like to attend but are unable, please contact us to discuss. We might be able to help.

