QUIZ

Building on your Strengths

Read each statement below, and if you agree with it, put a tick in the coloured box to the right of it.
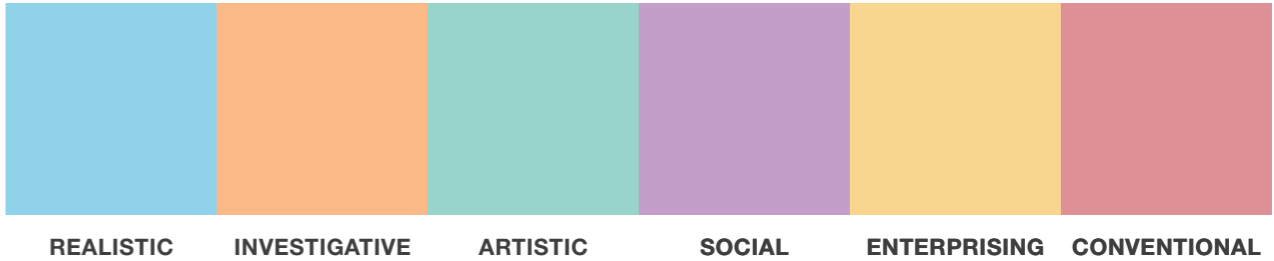
Do you like to...

Do puzzles?	●	Care for younger children?	●
Fix or mend things?	●	Explore creative ideas?	●
Express your own style?	●	Play a sport?	●
Work in a team?	●	Keep detailed records?	●
Organise things like school work?	●	Make sure things get done?	●
Set goals for yourself?	●	Take photographs?	●
Build things?	●	Be physically active?	●
Read or write stories?	●	Work with your hands?	●
Have clear instructions to follow?	●	Sing, dance or act?	●
Persuade or influence others?	●	Think of ideas for events or activities?	●
Do experiments or research things?	●	Solve mechanical problems?	●
Help others to learn?	●	Talk to a range of people at a party?	●
Help people solve personal problems?	●	Find the best deals on the internet?	●
Take care of animals?	●	Help your friends out?	●
Have your day structured?	●	Use the computer to type up work?	●
Sell things or promote ideas?	●	Do astronomy? (star gazing)	●
Do creative writing?	●	Work out a budget for pocket money?	●
Work on science projects?	●	Keep up with the latest fashions?	●
Take on new responsibilities?	●	Work out a solution to a problem?	●
Help people?	●	Be creative?	●
Figure out how things work?	●	Pay attention to detail?	●

Type up homework/keep it neat?	●	Suggest a better way to do a task?	●
Learn about other cultures?	●	Use a microscope?	●
Analyse, research or problem solve?	●	Fix electrical or electronic things?	●
Play an instrument or sing?	●	Lead a group?	●
Dream of starting your own business?	●	Design fashions, interiors, architecture?	●
Cook?	●	Keep on going till you finish?	●
Act in plays?	●	Research to find things out?	●
Do practical things?	●	Perform experiments?	●
Work with numbers or charts?	●	Understand complicated ideas?	●
Be kind and cooperative?	●	Do voluntary work?	●
Keep your work in ordered folders?	●	Fix your bicycle?	●
Take charge (be a leader)?	●	Teach others?	●
Work outdoors?	●	Get all your school work done on time?	●
Work in an office?	●	Enjoy music?	●
Work on Maths problems?	●	Make sure that everyone gets along?	●
Care for others?	●	Be your class representative?	●
Draw or paint?	●	Be reliable and on time?	●
Give a speech or presentation?	●		●
Convince people to do it your way?			

Total up the number of ticks for each colour and record the number in the coloured boxes.

Read what they mean on the next page.

REALISTIC	INVESTIGATIVE	ARTISTIC	SOCIAL	ENTERPRISING	CONVENTIONAL

The areas you scored highest are probably your strengths. You might want to consider building on these in your career.