

Professionals who may contact pregnant students to offer support.



Preparation
for Parenthood

Specialist Midwives for Young Parents

Call - 0300 4225540

Email - ghn-tr.vulnerablewomens.team@nhs.net

Pregnant students will get extra help from a Specialist Midwife as well as the usual support from a Community Midwife. This support continues during pregnancy and after the baby is born.

What the additional support includes:

- Aim for three extra antenatal contacts which may include a home visit, 1:1 sessions and tour of Gloucester Royal Hospital.
- Aim for one extra postnatal contact for help after birth.
- Offer antenatal education through the Real Birth Company, Home Start and extra 1:1 visits if needed.
- Offer guidance to schools to support safe access to education and provide medical evidence for exam arrangements if needed.
- Attend Team Around the Child (TAC) meetings and social care meetings.
- A referral to other services such as Youth Support Team (YST) and Gloucestershire Hospital Education Service (GHES).

The Midwifery Team usually close care around six weeks after birth. Care then moves to the Health Visiting Team.

Youth Support Team (YST)

Call – 01452 415707

Email – YSTinfo@gloucestershire.gov.uk

Pregnant students and school-age parents who are not children in care are supported by the Sexual Health & Teenage Pregnancy worker within YST who will complete an assessment to understand what support is needed.

What the support includes:

- Help with benefits for the student or their family.
- Preparation for Parenthood, including access to baby equipment/clothing.
- Sign-posting and referrals to groups such as Bump Start and Dad Matters (Home Start) and to other services such as speech and language, mental health and more.
- Advice around childcare to support return to education.
- Housing advice.
- Support with education, employment and training.
- Attend Team Around the Child (TAC) meetings and social care meetings.
- The number of sessions offered will be based upon what each student needs.

Youth Support Team can support young parents until the end of Year 13. Support may come from the Sexual Health & Teenage Pregnancy worker, or the NEET (Not in Education, Employment or Training) team.

Pregnant students and school-age mothers (up to the end of Year 11) can access support through GHES Preparation for Parenthood (P4P). Students on roll at a mainstream school can also access online lessons in core subjects during their maternity leave.

What the support includes:

- Join an online P4P group to learn about healthy baby and unwell baby, first aid, parenting, budgeting and bank accounts, self-care, healthy eating, healthy relationships and more.
- A Link Tutor (pastoral worker) to support access to education during pregnancy and maternity leave, and support transition back to school.
- Support to identify and overcome barriers to learning.
- Attend Team Around the Child (TAC) meetings and social care meetings.
- Careers guidance to help with education decisions and explore post 16 options.
- Support to book visits and apply for post 16 courses.
- Provide school-age expectant fathers with a printed DadPad guide.
- Encourage reading with baby.

Additional support for students who attend a mainstream school:

- Access to online lessons in English, Maths, Science and PSHE whilst on maternity leave from school.
- Help to plan a realistic timetable for returning to school after maternity leave.

Health visitors give extra help before and after babies are born, starting between 28-32 weeks of pregnancy until the child starts school.

What the support includes:

- Home visit during pregnancy between 28-32 weeks.
- Attend safeguarding meetings, if needed, alongside the midwife.
- A home visit after birth.
- Check the baby's health and development of baby at set times.
- Provide extra help around feeding, crying, sleeping, behaviour, eating, toileting and any health or developmental concerns.
- Support parents with emotional wellbeing.
- Signpost and refer to other support services if needed.
- Attend Team Around the Child (TAC) meetings and social care meetings.
- Available Monday to Friday, 9am – 5pm. Support by phone and at baby hubs across the county.
- Ongoing support and guidance until the child starts school.