

# Gloucestershire's Guidance for the Support and Education of Pregnant Students and School-Age Parents

Guidance produced by Gloucestershire County Council (GCC) in collaboration with Gloucestershire's Teenage Pregnancy Network\*



Preparation  
for Parenthood

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**Policy Owner: Beth Warren (GHES)**

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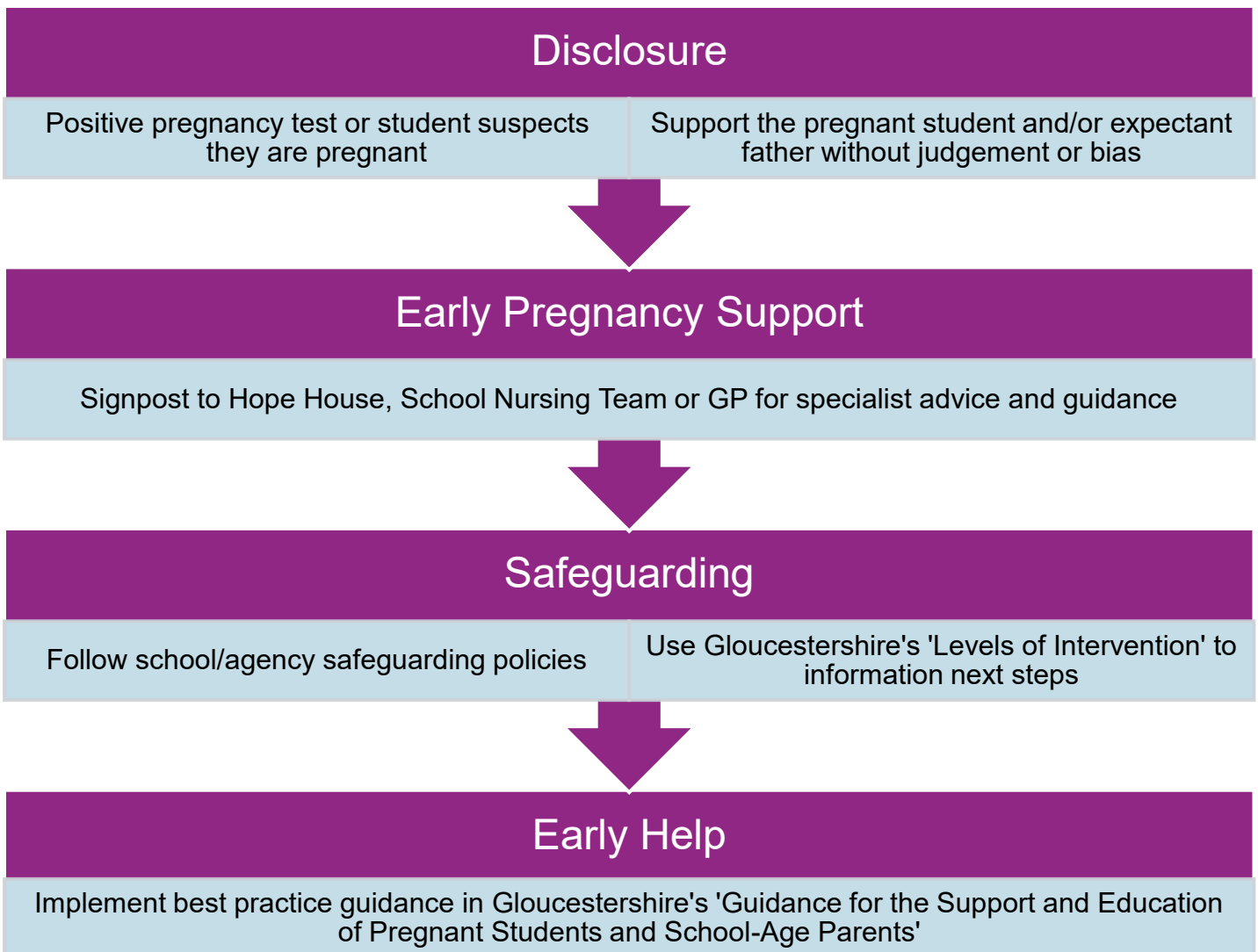
# 1. Introduction

This policy has two main purposes:

1. To help schools and partner agencies support pregnant students, expectant fathers and school-age parents to stay safe, feel supported, and continue with their education.
2. To inform students and families about how their school and partner agencies in the county can support them.

This policy identifies best practice that schools and partner agencies can provide to ensure students and families get the right help at the right time.

This policy includes links to national guidance, alongside the statutory services available and the Early Help and Targeted Support services in Gloucestershire. These resources should be used to support and strengthen the school's Early Help offer.



## 2. Statutory Guidance

The Equality Act 2010 protects pregnant students from discrimination during pregnancy and following childbirth by extending the protection that exists for women in employment to education.

This includes students who:

- Are parents or will become parents (through pregnancy or paternity)
- Decide not to proceed with a pregnancy
- Have a miscarriage or still birth

All decisions must be made in the knowledge of the following guidance:

- Keeping children safe in education
- Working together to safeguard children
- Gloucestershire's Pre-birth-protocol
- Gloucestershire's Levels of Intervention
- Children's Wellbeing and Schools Bill 2024
- DfE Relationships Education, Relationships and Sex Education and Health Education guidance
- DfE Working together to improve school attendance
- DfE Supporting pupils with medical conditions at school
- DfE Education for children with health needs who cannot attend school

## 3. Safeguarding

Safeguarding must always be the top priority and is **everyone's** responsibility. This guidance should be used alongside the school/agency's safeguarding policy and Early Help offer.

All professionals should follow the Children Act 1989 & 2004. These laws help schools, local authorities and partner agencies to work together to keep children safe.

**A young person being pregnant does not always mean a referral to Children's Services is necessary. Schools should refer to Gloucestershire's Levels of Intervention to:**

- Support and promote effective, early and consistent identification of holistic needs.
- To assist professionals in deciding how best to support the identified needs.
- To assist professionals in deciding how best to help safeguard/protect children and families.
- To ensure a timely and proportionate response to the needs of children and families.

However, pregnancy can sometimes be an indicator of Child Sexual Exploitation (CSE), other risks or vulnerabilities. The Designated Safeguarding Lead (DSL) must be informed of a student pregnancy to identify whether there are safety or wellbeing concerns for the student and unborn baby. Concerns should be addressed by following the school/agency's safeguarding policy.

Professionals working with pregnant students should read the serious case review report for 'Lucy', a pregnant student who died, along with her unborn baby, in Gloucestershire in 2014 due to teenage relationship abuse - NSPCC - Serious Case Review: "Lucy": final report.

## 4. Support for early decision making in pregnancy

When a pregnancy is disclosed, professionals should not assume the student will proceed with their pregnancy. Early decision making should be supported by an understanding of the facts around pregnancy, including miscarriage.

Students should be provided with accurate and impartial information on all pregnancy options, including keeping the baby, adoption, termination of pregnancy and where to get further help. Students should be supported to make their own informed choices. See also [Section 6.1 - Confidentiality and Consent](#).

In Gloucestershire, professionals are able to refer, with consent, to Hope House or the School Nursing Team who will ensure the student receives accurate information and emotional support without judgement or assumption.

The school/agency's Early Help support, if accepted, should include professionals and family members the student would like to be included. The support should be timely, factually correct and delivered in a sensitive manner.

All pregnant students can directly access the School Nursing Team for support and guidance through the Chat Health text messaging service on 07507 333351.

<b>Contacts for the early stages of pregnancy</b>	
<b>Hope House</b> - The Pregnancy Advisory Service is based at Hope House in Gloucester Royal Hospital and offers support for women throughout the county who have become pregnant and are unsure of what to do. They offer confidential, non-judgemental, non-directive support.	<b>Call 0300 421 6532.</b> Mon-Fri 8am-4pm with 24-hour answer machine.  <a href="#">Hope House: Sexual Health Services Gloucestershire</a>
<b>School Nurse (for students)</b> – The school nurse Chat Health text service provides confidential advice for young people across Gloucestershire.	<b>Text 07507 333 351</b> Mon-Fri 9am-4:30pm.  <a href="#">ChatHealth &gt; Glos Health &amp; Care NHS Foundation Trust</a>
<b>School Nurse (for professionals)</b> – Referral form for professionals	<a href="#">School Nurse Referral Form &gt; Glos Health &amp; Care NHS Foundation Trust</a>

## 5. Partner agencies

### 5.1. Specialist Midwives for Young Parents

Pregnant students will get extra help from a Specialist Midwife as well as the usual support from a Community Midwife. This support continues during pregnancy and after the baby is born.

What the additional support includes:

- Aim for three extra antenatal contacts which may include a home visit, 1:1 sessions and tour of Gloucester Royal Hospital.
- Aim for one extra postnatal contact for help after birth.
- Offer antenatal education through the Real Birth Company, Home Start and extra 1:1 visits if needed.
- Offer guidance to schools to support safe access to education and provide medical evidence for exam arrangements if needed.
- Attend Team Around the Child (TAC) meetings and social care meetings.
- A referral to other services such as Youth Support Team (YST) and Gloucestershire Hospital Education Service (GHES).

The Midwifery Team usually close care around six weeks after birth. Care then moves to the Health Visiting Team.

**Specialist Midwives for Young Parents**

**Call - 0300 4225540**

Email - [ghn-tr.vulnerablewomens.team@nhs.net](mailto:ghn-tr.vulnerablewomens.team@nhs.net)

## **5.2. Youth Support Team (YST)**

Pregnant students and school-age parents who are not children in care are supported by the Sexual Health & Teenage Pregnancy worker within YST who will complete an assessment to understand what support is needed.

What the support includes:

- Help with benefits for the student or their family.
- Preparation for Parenthood, including access to baby equipment/clothing.
- Sign-posting and referrals to groups such as Bump Start and Dad Matters (Home Start) and to other services such as speech and language, mental health and more.
- Advice around childcare to support return to education.
- Housing advice.
- Support with education, employment and training.
- Attend Team Around the Child (TAC) meetings and social care meetings.
- The number of sessions offered will be based upon what each student needs.

Youth Support Team can support young parents until the end of Year 13. Support may come from the Sexual Health & Teenage Pregnancy worker, or the NEET (Not in Education, Employment or Training) team.

**Youth Support Team (YST)**

**Call – 01452 415707**

Email – [YSTinfo@gloucestershire.gov.uk](mailto:YSTinfo@gloucestershire.gov.uk)

### **5.3. Gloucestershire Hospital Education Service (GHES)**

Pregnant students and school-age mothers (up to the end of Year 11) can access support through GHES Preparation for Parenthood (P4P). Students on roll at a mainstream school can also access online lessons in core subjects during their maternity leave.

What the support includes:

- Join an online P4P group to learn about healthy baby and unwell baby, first aid, parenting, budgeting and bank accounts, self-care, healthy eating, healthy relationships and more.
- A Link Tutor (pastoral worker) to support access to education during pregnancy and maternity leave, and support transition back to school.
- Support to identify and overcome barriers to learning.
- Attend Team Around the Child (TAC) meetings and social care meetings.
- Careers guidance to help with education decisions and explore post 16 options.
- Support to book visits and apply for post 16 courses.
- Provide school-age expectant fathers with a printed DadPad guide.
- Encourage reading with baby.

Additional support for students who attend a mainstream school:

- Access to online lessons in English, Maths, Science and PSHE whilst on maternity leave from school.
- Help to plan a realistic timetable for returning to school after maternity leave.

**Gloucestershire Hospital Education Service (GHES)**

**Call – 01242 532363**

Email - [ghes@gloucestershire.gov.uk](mailto:ghes@gloucestershire.gov.uk)

### **5.4. The Health Visiting Team**

Health visitors give extra help before and after babies are born, starting between 28-32 weeks of pregnancy until the child starts school.

What the support includes:

- Home visit during pregnancy between 28-32 weeks.
- Attend safeguarding meetings, if needed, alongside the midwife.
- A home visit after birth.
- Check the baby's health and development of baby at set times.
- Provide extra help around feeding, crying, sleeping, behaviour, eating, toileting and any health or developmental concerns.
- Support parents with emotional wellbeing.
- Signpost and refer to other support services if needed.
- Attend Team Around the Child (TAC) meetings and social care meetings.
- Available Monday to Friday, 9am – 5pm. Support by phone and at baby hubs across the county.
- Ongoing support and guidance until the child starts school.

**The Health Visiting Team**

**Visit - CYPS Health Visiting Services > Glos Health & Care NHS**

## **6. Staying safe & well within school whilst pregnant**

Schools must support pregnant students in a proactive, sensitive, and collaborative way to keep them safe, well, and learning.

### **6.1. Confidentiality & Consent**

Discuss with the student who they have told about the pregnancy and who they agree can be told (parents, medical staff, key school staff like first aiders).

If the student does not consent and is assessed as competent using Fraser Guidelines<sup>1</sup>, offer support to help them tell parents/carers or others if it is in their best interest.

### **6.2. Risk assessment**

Schools must complete a risk assessment during pregnancy and update it regularly. This ensures the student remains safe in school, their needs are met, and they are not inadvertently discriminated against.

Risk assessments should be collaborative between the student, parents/carers and midwife (for medical advice when needed).

Risk assessments should consider:

- Travel to and from school.
- Lesson safety (PE, science, design technology).
- Unstructured times (breaks, corridors).
- Off-site activities (school trips, alternative provision).

Practical Adjustments to help the student remain in school safely and comfortably:

- Allow early exit or late entry to lessons to avoid crowded corridors.
- Support suitable clothing close to uniform colours.
- Offer flexible start times if experiencing morning sickness or fatigue.
- Provide a quiet area for comfort breaks.
- Allow regular toilet breaks without explanation.
- Ensure access to snacks and drinking water.
- Provide seating in assemblies and allow movement during lessons.
- Issue early lunch passes if needed.
- Consider temperature sensitivity.

See Appendix B - Risk assessment template.

### **6.3. Attendance during pregnancy**

Schools need to be proactive, kind, and work together to keep pregnant students safe, well, and learning.

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<sup>1</sup> Fraser Guidelines help decide if a young person can make decisions about their health

Pregnant students will have medical appointments; these are important and should be supported. They may also attend Preparation for Parenthood sessions; schools should support access to these.

Consideration should be given to the student's needs to promote attendance during pregnancy. Completing a risk assessment and regularly reviewing a multi-agency plan ([Appendix C](#)) will ensure expectation is supportive and appropriate to need.

When a part-time timetable is appropriate, follow Gloucestershire County Council's [Part-Time Timetable guidance](#).

Continue to set homework for times when the student cannot attend school (if appropriate) and provide timely feedback.

Where no transport is provided, schools should consider help with travel for long journeys.

If the relationship between the parents of the baby has broken down, and where both parents attend the school, the school should consider amending timetables to avoid unnecessary difficulties.

[Parents' Relationships Matter](#) offers resources to support positive relationships between parents.

#### **6.4. Emotional wellbeing**

Emotional wellbeing should be part of the school/agency's Early Help offer. This may involve support from external professionals alongside a trusted adult within school.

Be mindful of body image concerns and concerns around the opinions of peers. Discrete solutions to the students' changing needs should be offered. For example, helping the student find clothing close to uniform colours and allowing access to quiet spaces for breaks and lunch. Letting a friend accompany the student in quiet spaces would reduce isolation.

#### **6.5. Multi-agency working**

Pregnant students have different needs that change as pregnancy progresses. Schools and partner agencies must work together to support the student and their unborn baby.

Schools should host Team Around the Child (TAC) meetings every 4-8 weeks (at least every half term) where partner agencies are invited. As a minimum, TAC meetings should include:

- The student
- A parent or carer
- A Specialist Midwife for Young Parents
- Youth Support Team (YST)
- Gloucestershire Hospital Education Service (GHES)
- Schools can also consider seeking the support of their Early Help Coordinator (EHCO)

SMART targets and actions should be agreed and shared with everyone involved. The Graduated Pathway documentation, e.g. My Plan, can help ensure needs are met.

If the student is open to social care, TAC meetings are held in addition to social care meetings when social care meetings are unable to focus on education or Preparation for Parenthood. This may happen if social care meetings are predominantly focused on keeping the student safe.

See [Appendix C – Team Around the Child \(TAC\) - Pregnancy & Young Parent Support Plan](#)

## 7. Electively Home Educated (EHE) pregnant students

Students who are EHE typically learn in an environment which can naturally accommodate their physical needs during pregnancy. EHE students can access Preparation for Parenthood support as outlined in [Section 5 – Partner Agencies](#).

For EHE students, GHES can organise TAC meetings (in place of a mainstream school).

With the student’s consent, their EHE Officer will be told about the pregnancy and attend the first TAC review to offer guidance and support with education plans. The EHE Officer will share updates if they are unable to attend subsequent meetings.

**The Elective Home Education Team**

[ehe@gloucestershire.gov.uk](mailto:ehe@gloucestershire.gov.uk)

## 8. Children in Care

If the pregnant student is in the care of Gloucestershire County Council or becomes a Looked After Child after the baby is born, then the Virtual School will provide support to school and GHES to ensure education continues wherever the student lives in the county.

When Youth Support Team receive a referral for a pregnant child in care, consultation support is offered to the allocated social worker. Support includes advice and guidance around benefits, access to baby equipment/clothing, provision of resources, and sharing knowledge about signposting to community groups etc. The social worker can access this ongoing advice and guidance throughout young person’s pregnancy.

**The Virtual School**

[virtualschooladmin@gloucestershire.gov.uk](mailto:virtualschooladmin@gloucestershire.gov.uk)

## 9. Miscarriages and stillbirths

Losing a baby is very traumatic. Schools must respect the student’s right to grieve. Schools should ensure emotional support is considered through their Early Help offer, should the student want it. Do not pressure the student to return to school too soon.

If the student’s baby is stillborn after 24 weeks, the student can take 18 weeks away from school. Should the student wish to return to school earlier, school should ensure emotional support is

considered through their Early Help offer, should the student accept it. A phased return to school on a reduced timetable may be appropriate.

Gloucestershire NHS offers support after the loss of a baby, see following links for NHS support:

- [NHS Support after the loss of your baby](#)

After returning to school, students should continue to receive emotional support and a coordinated offer of Early Help. The Graduated Pathway documentation, e.g. My Plan, can help ensure needs are met.

## **10. Maternity leave**

In line with the Equality Act 2010, pregnant students who become mothers are entitled to take up to 26 weeks maternity leave which should start by 37 weeks gestation at the latest. Some students may need to start earlier depending on the circumstances. Leave should be agreed with the student, their parents/carers and specialist midwife.

During maternity leave, students are not expected to attend a physical school site and are not expected to access lessons.

Schools should understand that whilst education is important, the student is now a parent and must be encouraged and supported to prioritise their child's needs. Continuing some learning in core/favourite subjects can help with exams and returning to school, but careful consideration must be given to the additional pressures the student is adjusting to.

If the student wants to learn during their maternity leave, they can do work set through school or, if in a mainstream school, access online education in core subjects through GHES. In line with the Equality Act 2010, a two-week mandatory break from education following birth should be taken.

Schools should continue with termly TAC meetings during maternity leave, inviting the student's Health Visitor to TAC meetings following birth (for medical guidance), alongside other involved partner agencies.

Schools should maintain their relationship with the student during maternity leave through phone calls or home visits and invites to special assemblies, trips and activities. This connection will help the student to remain part of the school community, reducing isolation and supporting reintegration.

If the student's baby is taken into the care of Gloucestershire County Council, then maternity leave ceases once she is medically well enough to attend school.

### **10.1. Maternity leave whilst accessing GHES core subject education**

When a student attends a mainstream school and wants to learn core subjects online during maternity leave, they can be dual registered with GHES to access their learning. School should mark absence with a D code.

Students will receive support from GHES to learn how to join online lessons.

Students can attend online lessons in English language, maths, science and PSHE. Each subject typically offers 1-2 hours of lessons per week.

Online classes are small groups (typically 4-8 students) without cameras. Students can communicate by microphone or text chat. GHES teachers understand new parents may miss lessons due to a bad night or baby care.

It is important to note that during maternity leave, engaging in education remains at the discretion of the student. It shouldn't be an expectation.

### **10.2. Maternity leave whilst not accessing GHES core subject education**

If a student chooses not to access GHES lessons during their maternity leave, students remain solely registered with their main school and mark absence with a C code.

Students can access the Preparation for Parenthood offer from partner agencies, as outlined in section 5 – Partner Agencies, regardless of whether academic lessons are accessed.

### **10.3. Maternity leave for Electively Home Educated (EHE) students**

EHE students typically learn in an environment which can naturally accommodate their changing needs during their maternity leave.

EHE students are able to take the same time away from education as students attending a mainstream school.

If the student is accessing the GHES Preparation for Parenthood offer, then GHES will continue to organise TAC meetings for the student.

EHE students cannot access GHES core subject lessons because they have elected to be educated at home.

## **11. Transition back to school**

Being a school-age parent is hard. Schools should give encouragement, motivation, and support so the student can achieve their best.

Schools should continue with termly TAC meetings upon the student's return to school, ensuring the Health Visitor is included (for medical advice), alongside other involved partner agencies, to help plan return to school.

Schools should be flexible during reintegration to accommodate the concerns and needs of the school-age mother where possible. This may include:

- Timetable adjustments during a phased return.
- A change in tutor group if helpful.
- Support to re-connect with friends.
- Part-time timetable to reduce stress and allow time for catch up/ homework/ coursework within school.
- Provide a private space for expressing milk or allow time off-site for breastfeeding.
- Help arrange childcare (see Section 12 – Childcare).

When a part-time timetable is used, follow Gloucestershire County Council's guidance at [Part-time Timetables](#).

Schools should continue to make reasonable adjustments so parents can attend appointments and parenting support as these help develop good parenting skills. The Graduated Pathway documentation, e.g. My Plan, can help ensure needs are met.

## **12. Childcare**

Childcare planning should be part of multi-agency TAC meetings. Care to Learn can help pay for childcare while the mother is in education. It does not cover full time childcare and so schools **cannot** expect parents to attend full-time after maternity leave. Families may help with childcare or costs, but this should not be expected.

Schools should start a [Care to Learn](#) application if childcare is needed.

## **13. Breastfeeding / expressing breastmilk**

A mother returning to school may require reasonable adjustments to support breastfeeding or expressing milk. Schools should make allowances for these temporary absences to best support both mother and baby.

Schools should allow time for the student to leave school to breastfeed and support these absences.

A private space to express milk and access to a fridge to store milk safely may be needed.

## **14. Sitting exams**

Pregnant students and school-age parents should be supported to sit exams. Mainstream schools are responsible for exam entries, exam access arrangements, and providing invigilation (in school or at home), regardless of whether the exam dates fall within pregnancy or maternity leave.

Specialist Midwives can provide medical letters to support exam access arrangement applications where appropriate. See [Section 5 – Partner Agencies](#).

If a pregnant student misses part of an exam due to pregnancy (such as sickness), schools can apply for special consideration. Specialist Midwives may be able to offer medical evidence to support an application in these circumstances. Schools are responsible for explaining options to the student if exams are missed.

For EHE students, the responsibility to support access to exams remains with the parent/carer and their chosen exam centre.

## **15. Supporting expectant fathers, paternity leave and beyond**

There is not yet a system in place to identify expectant fathers for routine support in Gloucestershire. If an expectant father is identified, the school/agency should offer Early Help, ensuring the student is offered timely and sensitive support responsive to the experiences and needs of the student.

With the student’s consent, make referrals to the School Nursing Team or Sexual Health Services, alongside the Youth Support Team and Dad Matters. Identifying a trusted adult to regularly meet with the student could also be beneficial. The Graduated Pathway documentation, e.g. My Plan, can help ensure needs are met.

Reasonable adjustments should be made to support attendance at antenatal appointments, Preparation for Parenthood support and parenting support once baby has arrived.

If the expectant father is Electively Home Educated (EHE), the identifying agency should, with the student’s consent, inform their EHE Officer to ensure an effective multi-agency collaboration.

All fathers in Gloucestershire can access The DadPad App, a resource designed to support expectant fathers to prepare for parenthood. School-age fathers in Gloucestershire may also obtain a copy of The DadPad guide through GHES (see Section 5 – Partner Agencies). DadPad guides are available in standard and easy read formats.

It is recommended schools should allow up to 10 days’ authorised absence for school-age fathers to take as paternity leave. Consideration needs to be given to the father’s stage of education, overall attendance, whether the father has been involved in supporting the mother during pregnancy and whether the father is able to spend the absences with his child. School must ensure fathers are not discriminated against under the Equalities Act 2010.

See also section 12 - Childcare. Contacts for early stages of pregnancy can be found in section 4 and contacts for partner agencies can be found in section 5.

<b>Dad Matters</b>	<a href="mailto:dadmatters@homestartsd.org">dadmatters@homestartsd.org</a>
<b>The Elective Home Education Team</b>	<a href="mailto:ehe@gloucestershire.gov.uk">ehe@gloucestershire.gov.uk</a>

## 16. Attendance codes during pregnancy, maternity/paternity leave and beyond.

The guidance document, Working together to improve school attendance, explains how schools should record absences. Gloucestershire's Education Inclusion Service (EIS) can offer advice and guidance to schools.

<b>Education Inclusion Service - Attendance</b>	<a href="mailto:attendance@gloucestershire.gov.uk">attendance@gloucestershire.gov.uk</a> 01452 427274
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See guidance table following showing common codes for absences linked to pregnancy and parenting.

Common absences linked to pregnancy and parenting	Suggested code	Description
Mother attending medical appointments (antenatal/postnatal).	M	Authorised absence for medical reasons
Father accompanying mother to antenatal/postnatal appointments.	C - with comment	Authorised absence – agreed with school
Educational preparation for parenthood support and provision offered through partner agencies such as GHES, Youth Support Team, Midwifery, Health Visiting, Home Start, Early Help, Children’s Centres.	K - with comment	Attending education provision
Attendance at multi-agency or social care meetings.	C - with comment	Authorised absence – agreed with school
When schoolwork is supplied by school for completion at home, supervised by an adult.	B	Other approved educational activity
Illness related to pregnancy.	I	Authorised absence due to illness
Maternity leave without GHES lessons (up to 26 weeks).	C	Authorised absence – agreed with school
Maternity leave with GHES lessons (up to 26 weeks).	D	Dual registration – learning online with GHES
Paternity leave (up to 10 days).	C - with comment	Authorised absence – agreed with school
Agreed part time timetable to support appropriate education balance or childcare arrangements.	C2	Leave of absence – part-time timetable
Breastfeeding baby	C - with comment	Authorised absence – agreed with school
Baby/child medical and health appointments.	C - with comment	Authorised absence – agreed with school
Baby/child illness.	C – with comment	Authorised absence – agreed with school
Lack of childcare due to unforeseen circumstances	C – with comment	Authorised absence – agreed with school

## 17. Prolonged absence from school

Sometimes pregnant students may be away from school for an extended time because they are unwell. Schools and GHES will work together to ensure students can still learn during this time and are supported to return to school when they are well enough.

If schools receive notification from a parent or carer that a pregnant student or school-age parent wants to be removed from roll, they must follow the normal steps for removing a child from roll. By law (regulation 9 of *The School Attendance (Pupil Registration) (England) Regulations 2024*), schools must ensure all requirements for removal are met before taking students off roll.

If anyone is concerned that a child is missing education (CME) they should contact the Children Missing Education Team.

**Children Missing Education Team**

[missingpupils@gloucestershire.gov.uk](mailto:missingpupils@gloucestershire.gov.uk)  
01452 426015

## Appendices:

### Accessing Wider Support – for pregnant students, expectant fathers and young parents

#### Advice and guidance during early stages of pregnancy

[Hope House: Sexual Health Services Gloucestershire](#)  
[ChatHealth > Glos Health & Care NHS Foundation Trust](#)

#### Pregnant students and young mums

[Mothers in Mind | Home-Start in Gloucestershire](#)

[Support for Young Parents and Parents-to-be](#)

#### Antenatal Education

[Gloucestershire Hospitals Antenatal Education](#)

[Baby Buddy](#) is a free, clinically informed parenting app that supports families from pregnancy through a child's second birthday. Written at a reading age of nine, it offers accessible, evidence-based guidance in multiple formats, including short articles, videos and interactive tools.

[Start for Life](#) Pregnancy and parenthood guidance

#### Expectant fathers and young dads

[DadPad | The Essential Guide for New Dads](#)

[Dad Matters | Home-Start in Gloucestershire](#)

[DigiDAD Learning Platform: Empowering Young Fathers](#)

[Support for Young Parents and Parents-to-be](#)

#### General mental health support

[GHLL - mental health services for young people in Gloucestershire](#)

[Talk Well - Gloucestershire helplines and online support](#)

[Mental Health Support Network provided by Chasing the Stigma | Hub of hope](#)

#### Family resources

[Gloucestershire's Virtual Family Hub](#)

[Glofamilies Directory](#)

[Parents' Relationships Matter](#) Offers resources to support positive relationships between parents.

## Risk Assessment – Pregnant Student & Young Parent

(Starting template only, schools/agencies should complete their own thorough risk assessment)



Preparation  
for Parenthood

Student:	Tutor Group:	Estimated Due date:
Student contact:	Emergency Contact 1:	Emergency Contact 2:
<p><b>Gloucestershire Maternity Advice Line, 24/7 support for concerns - 0300 422 5541</b>                  Specialist Midwives for Young Parents can offer guidance around                  risk assessment - 0300 422 5540</p>		

Hazard	Risk	Control Measures
Manual Handling	Back strain, fatigue	Reduce heavy lifting; provide locker; postural support; allow help with equipment.
Prolonged Standing / Sitting	Varicose veins, discomfort	Provide seating options; allow movement breaks.
Slips, Trips, Falls, Bumps	Injury to mother/unborn child	Clear walkways: allow early exit to avoid crowded corridors; appropriate method of travelling to/from school.
Physical Education	Impact injuries, fatigue	Cease contact sports; avoid new strenuous activities; adapt PE.
School Trips / Visits	Increased fatigue, exposure to hazards	Complete separate risk assessment; avoid high-risk environments.
Exposure to Chemicals / Biological Agents / harmful ingredients	Infection or harm to unborn baby	Follow science lab safety; avoid hazardous substances; adapt food technology lessons; hygiene precautions on farm visits.
Stress & Fatigue	Premature birth risk	Adjust workload; allow rest breaks; provide quiet space.
Access to Welfare Facilities	Discomfort, dehydration	Issue toilet pass; allow water bottle in class; provide rest area.

Assessor Name:	Assessor Signature:	Student Signature:
Date:	Review Date:	Review date:
Review Date:	Review Date:	Review Date:

## Team Around the Child (TAC) – Pregnancy & Young Parent Plan

Lead by School – reviewed as a multiagency group every 4-8 weeks (or within social care meetings if appropriate). Sections from 'Gloucestershire's Guidance for the Support and Education of Pregnant Students and School-Age Parents' referenced throughout.



Student details		
Student:	Tutor Group:	Key Designated Adult in School:
Student contact:	Emergency Contact 1:	Emergency Contact 2:
With student consent, key staff informed ( <i>Section 3 – Safeguarding / Section 6a – Confidentiality &amp; Consent</i> )		
DSL:	First Aiders:	Other Key Staff:
Partner agencies contact names and details (to be invited to TAC reviews – <i>section 5 - Partner Agencies</i> )		
Specialist Midwife for Young parents:	Health Visitor:	Youth Support Team (YST):
Gloucestershire Hospital Education Service (GHES):	Other:	Other:

In-School Arrangements during Pregnancy ( <i>Section 6 – Staying safe &amp; well within school whilst pregnant</i> )		
Whole school & individual lesson (as appropriate) risk assessment completed & attached - Y/N		
Toilet pass - Y/N	Exit/rest break pass – Y/N	5-min early pass – Y/N
Rest break arrangements:	Break time arrangements:	
Lunchtime arrangements:	Timetable adjustments:	
Exam adjustments:	School uniform adjustments:	
School transport adjustments:	Other:	
Other:	Other:	

Preparation for Parenthood ( <i>section 5 – Partner Agencies</i> )	
Student engagement with antenatal offer through midwifery & medical teams:	Student engagement with Preparation for Parenthood offer through YST:
Student engagement with Preparation for Parenthood offer through GHES:	Student engagement with antenatal offer through health visiting team (from 28 weeks):

Other partner agency:	Other partner agency:
Initial thoughts around access to education during maternity leave:	Initial thoughts around access to education following maternity leave, inc. childcare:

Maternity Leave Arrangements <i>(Section 10 – Maternity Leave)</i>	
Agreed maternity leave dates:	Key school contact during maternity leave, frequency & method of contact:
Support to maintain connection with school community:	Support to reduce social isolation:
Agreed access to education (keep under review throughout maternity leave):	
Agreed access to parenting support (keep under review throughout maternity leave):	
Other:	Other:

Return to School <i>(Section 11 – transition back to school)</i>	
Support to arrange suitable childcare:	Timetable adjustments during [phased] return:
Ongoing timetable adjustments:	Support to manage catch-up/ homework/ coursework within school:
Support to re-engage with peers during breaks/lunch:	Access to parenting support:
Breastfeeding/expressing:	Other:
Other:	Other:

Plan written by:		Date:
School signature:	Student signature:	Parent signature:

Review Date:	Review Date:	Review Date:
Actions from review:	Actions from review:	Actions from review:
Present at review: Yes / No – School / EHE officer Yes / No – Student Yes / No – Parent/Carer Yes / No – Midwifery Yes / No – Health Visitor Yes / No – YST Yes / No – GHES Yes / No – Yes / No –	Present at review: Yes / No – School / EHE officer Yes / No – Student Yes / No – Parent/Carer Yes / No – Midwifery Yes / No – Health Visitor Yes / No – YST Yes / No – GHES Yes / No – Yes / No –	Present at review: Yes / No – School / EHE officer Yes / No – Student Yes / No – Parent/Carer Yes / No – Midwifery Yes / No – Health Visitor Yes / No – YST Yes / No – GHES Yes / No – Yes / No –

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## **\* Partners of Gloucestershire's Teenage Pregnancy Network**

### *Gloucestershire County Council:*

- *Children's Directorate*
- *Public Health & Communities*
- *Youth Support Team*
- *Early Help and Targeted Support*
- *Children and Families Hub*
- *Early Years Development*
- *Children and Families Service*
- *Gloucestershire Hospital Education Service*
- *Leaving Care Team*

### *Gloucestershire Hospitals NHS Foundation Trust:*

- *Teenage Pregnancy Specialist Midwifery Team*
- *Named Midwife for Safeguarding,*
- *Health Visiting Team*
- *School Nurse Team*
- *Local Maternity and Neonatal System, Gloucestershire Integrated Care Board*

### *Other members:*

- *Home-Start Gloucestershire*
- *Aspire Foundation*
- *Family Action*
- *Forest Voluntary Action Forum*
- *Gloucestershire Gateway Trust*